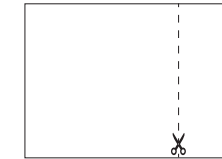
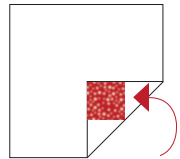




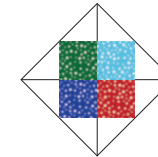
## How to make your Festive Fortune Teller



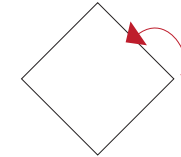
Cut along the dotted line



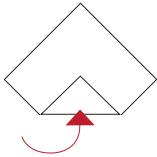
Fold a corner into the centre



Do the same for the other corners so it looks like this



Turn it over



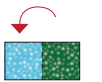
Again, fold a corner into the centre



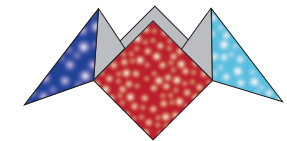
Repeat for the other corners so it looks like this



Fold and unfold in half this way...



...and this way



Insert your thumb and index finger on both hands under the flaps beneath the fortune teller and you're ready to play!

## Rules of play

- With the four coloured squares showing on top, get your player to pick one. Spell out the word while pulling the fortune teller in opposite directions with each letter
- Next get the player to pick one of the numbers that they see inside the fortune teller and count out the number while pulling the fortune teller in opposite directions with each number
- Finally, get the player to pick one of the symbols they can see that appeals to them. Lift the flap to reveal which reindeer they are!

Merry Christmas!

Dasher says don't forget to recycle your fortune teller once you've finished with it!



## A note to grown-ups

(see if you can read it before it's folded up!)

The Festive Fortune Teller is brought to you by the **Charlie Waller Memorial Trust**. We go into schools and talk to pupils, parents and teachers about mental health.

We give everyone the chance to talk and learn practical ways of looking after their emotional wellbeing. We offer lots of really helpful free resources such as booklets, posters and online learning.

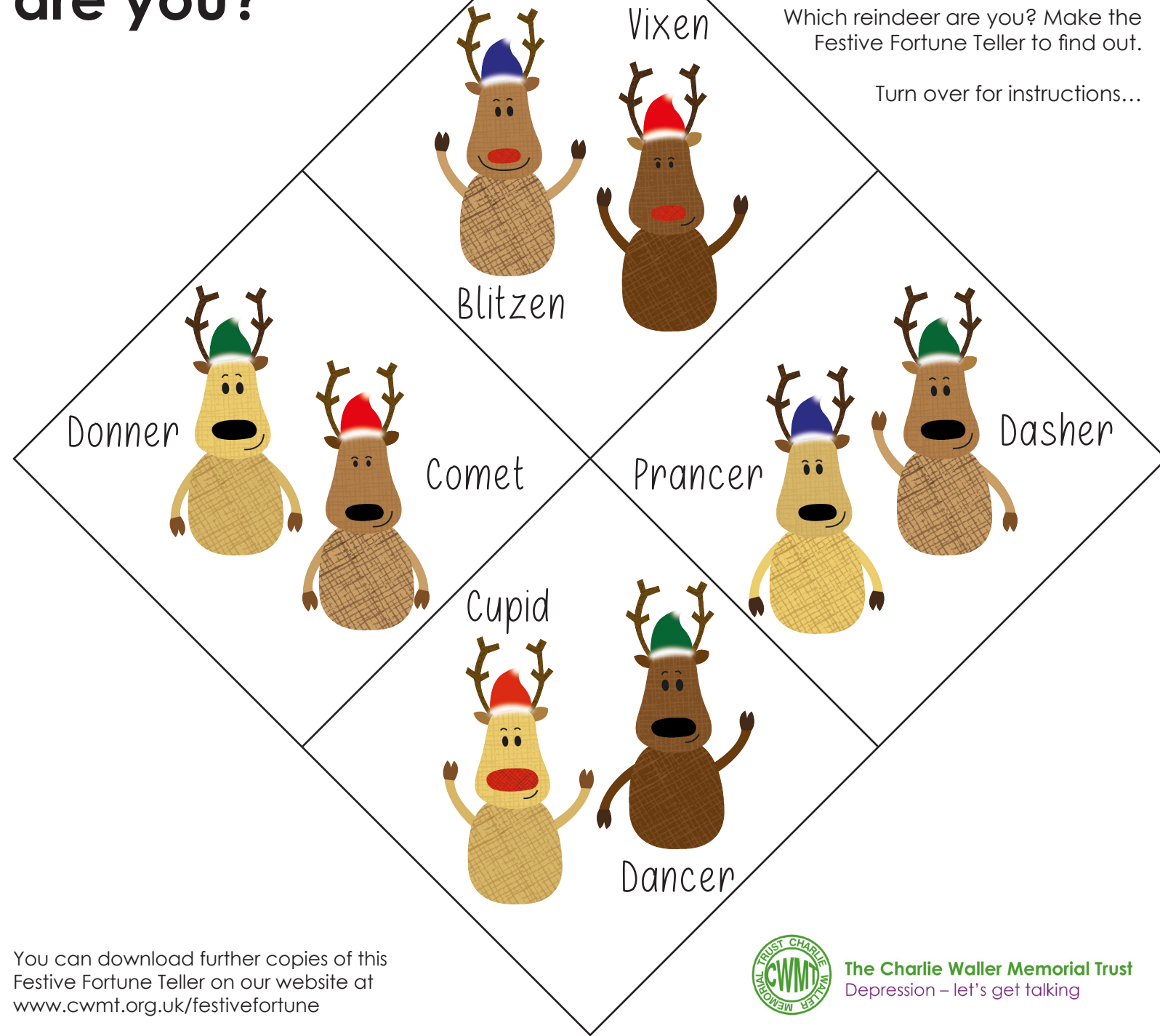
Our Festive Fortune Teller is a little bit of seasonal fun – the reindeer's personalities are all based on the NHS 'Five steps to mental wellbeing':

- Connect with others
- Be active
- Keep learning
- Give to others
- Be mindful

We hope you and your children will enjoy making it and do please pop over to [www.cwmt.org.uk](http://www.cwmt.org.uk) to find out more about us or make a donation.

Registered Charity No. 1109984

# Which reindeer are you?



You can download further copies of this Festive Fortune Teller on our website at [www.cwmt.org.uk/festivefortune](http://www.cwmt.org.uk/festivefortune)



**The Charlie Waller Memorial Trust**  
Depression – let's get talking