



# Pastoral Education & Special Educational Needs

CATALOGUE 2017



Jessica Kingsley *Publishers*

*30 years of books that make a difference*



## PASTORAL EDUCATION

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## ORDERING INFORMATION

Orders for the UK, Europe, Middle East and Africa may be sent direct to:

Macmillan Distribution MDL

Tel: +44 (0)1256 329242

Fax: +44 (0)1256 363223

Email: [orders@macmillan.co.uk](mailto:orders@macmillan.co.uk)

(For all territories not otherwise listed orders should be sent to the JKP offices at the appropriate address.)

## EASY ORDERING FOR SCHOOLS

Order direct from MDL

Tel: +44(0)1256 302699

Email: [macmillandirect@macmillan.co.uk](mailto:macmillandirect@macmillan.co.uk)

## FOREIGN RIGHTS

Claudia Esteves

Tel: +44(0)207 833 2307

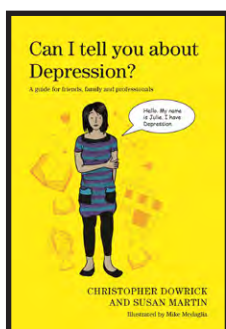
Email: [claudia.esteves@jkp.com](mailto:claudia.esteves@jkp.com)

# READING WELL

7 JKP BOOKS SELECTED FOR THE SCHEME

Reading Well for Young People provide 13 to 18 year-olds with support and advice on common mental health conditions, such as depression, anxiety and stress, as well as difficult experiences such as bullying and exams. The scheme is endorsed by health professionals and supported by public libraries.

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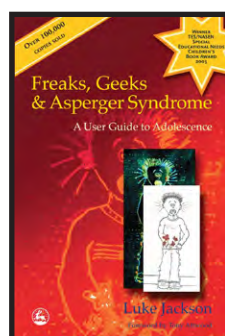
## Can I tell you about Depression?

A guide for friends, family and professionals  
**Christopher Dowrick and Susan Martin**

From 7 years

A quick introduction to depression and how it can affect family life

Page 43



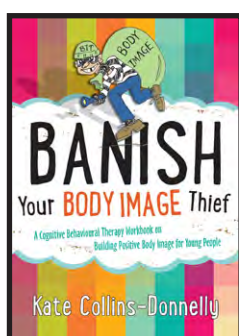
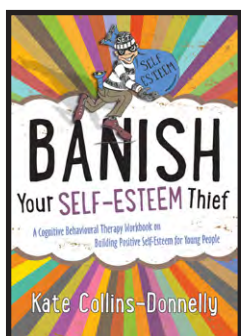
## Freaks, Geeks and Asperger Syndrome

A User Guide to Adolescence  
**Luke Jackson**

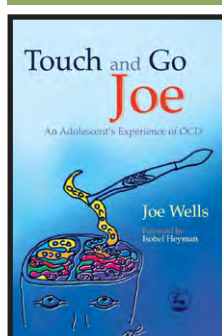
11 to 18 years

The award winning user guide to adolescence on the spectrum

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## Touch and Go Joe

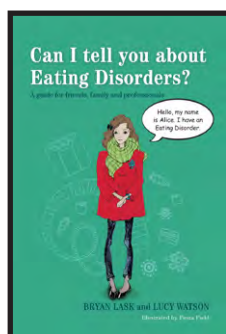
An Adolescent's Experience of OCD

**Joe Wells**

Teens

Packed with first-hand coping strategies for children and adolescents growing up with OCD

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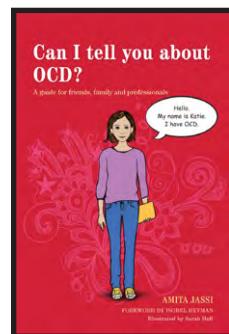
## Can I tell you about Eating Disorders?

A guide for friends, family and professionals  
**Bryan Lask and Lucy Watson**

From 7 years

Alice tells us about eating disorders - different types and how they can be understood and supported

Page 55



## Can I tell you about OCD?

A guide for friends, family and professionals

**Amita Jassi**

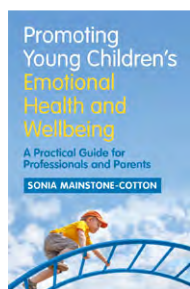
An introduction to OCD to start discussion at home or in the classroom

THE  
READING  
AGENCY

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order by phone: (0) 12 5630 2699 • order online: [www.jkp.com](http://www.jkp.com)



## NEW

### Promoting Young Children's Emotional Health and Wellbeing

A Practical Guide for Professionals and Parents

Sonia Mainstone-Cotton

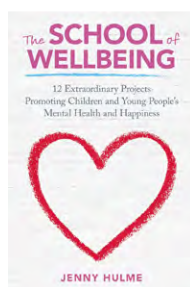
From 0 years to 5 years • MAR 2017 • 168pp • £14.99 • \$24.95 • pb:9781785920547 • ebook:9781784503116  
World rights available

A practical resource examining a wide range of approaches to enhancing young children's emotional health and wellbeing

Positive wellbeing in a child's earliest years is known to influence their future development. This clear, informative book offers practical suggestions for those working with children, including games and activities designed to promote children's emotional health.

"Firmly based on experience, this book is full of interventions that really work. I know - I've tried them!"

Ruth Fergusson, Senior Educational Psychologist,  
Brighter Futures CIC



## NEW

### The School of Wellbeing

12 Extraordinary Projects Promoting Children and Young People's Mental Health and Happiness

Jenny Hulme

DEC 2016 • 160pp • £13.99 • \$24.95  
pb:9781785920967 • ebook:9781784503598  
World rights available

Inspirational ideas for improving mental health provision in schools

This book provides unique insight into 12 projects that are helping teachers to make mental health and emotional wellbeing a key player in the school day. With a mix of longer-term initiatives and simple strategies that schools can put in place immediately, it explores mentoring and mindfulness, social action and sport, Lego play and poetry, the power of parents and the role of PSHE. It describes how these projects work practically and shares the impact they are having, increasing resilience and raising the aspirations and emotional wellbeing of the whole school community. As well as showcasing ideas that are making a difference, the book meets with the education leaders and charities behind the initiatives (including Place2Be, Step up to Serve, Kidscape, Mosaic, Diversity Role Models, Beat, Achievement for All and others) who offer advice and signpost useful information to support readers in getting these ideas off the ground in their schools.

This book is a source of inspiration for headteachers, senior leadership teams, pastoral care teams, school counsellors and psychologists.

"The School of Wellbeing is a treasure trove of ideas and inspiration. It is an easy read full of 'aha' and 'ooh' moments."

Pooky Knightsmith, Director of the Children, Young People and Schools Programme at the Charlie Waller Memorial Trust



## NEW

### Creating Excellence in Primary School Playtimes

How to Make 20% of the School Day 100% Better

Michael Follett

APR 2017 • 144pp • £14.99 • \$22.95  
pb:9781785920981 • ebook:9781784503611  
World rights available

Setting out a detailed strategy for assessing and optimising playtime in primary schools

Emphasising the importance of play in child development, this book identifies the key challenges facing schools during break times and sets out a complete strategy for effectively managing playtimes that are fun-filled and offer children greater long-term benefits. With before and after case studies showing how school playtimes have been transformed through the author's OPAL Primary Programme, this book demonstrates how to improve common issues such as behaviour, staffing, space and facilities in a sustainable way that capitalises on investments in equipment and training. Promoting wellbeing and healthy child development, this book provides inspiring reading for primary school staff and play workers, and creative ideas and ready-to-use solutions that will help schools to meet Ofsted criteria for excellent play.



## NEW

### Creating Inclusion and Well-being for Marginalized Students

Whole-School Approaches to Supporting Children's Grief, Loss, and Trauma

Edited by Linda Goldman

AUG 2017 • 304pp • £17.99 • \$29.95  
pb:9781785927119 • ebook:9781784502935  
World rights available

A compilation of experiences surrounding trauma and bereavement in marginalised groups of young people with reflections on how educators can help

It is increasingly challenging for teachers to educate without a deeper understanding of the experience of their students. This is particularly the case in marginalised groups of young people who are subject to loss, grief, trauma and shame. Through a snapshot of the diverse student populous, this book explores the impact of these experiences on a student's learning and success. Topics covered include poverty, obesity, incarceration, immigration, death, sexual exploitation, LGBT issues, psychodrama, the expressive arts, resilience, and military students. The authors share the children's perspective, and through case studies they offer solutions and viable objectives.

"Once again, Linda Goldman has reached out across cultures to break down barriers and rally caregivers and educators to the aid of our most vulnerable citizens, children who are traumatically bereaved and in desperate need of trauma informed care."

Bonnie Carroll, President and Founder of TAPS  
(Tragedy Assistance Program for Survivors)



**NEW****Be the Jellyfish Training Manual**

Supporting Children's Social and Emotional Wellbeing

Lucy Cree and Sarah Brogden

MAR 2017 • 256pp • £24.99 • \$32.95

pb:9781785922428 • ebook:9781784505226

World rights available

An instructor's resource for implementing a

programme of relaxation, creativity and mindfulness in schools

The Be the Jellyfish programme is designed to support schools in nurturing the social and emotional wellbeing of children in their care. The lessons are structured around sensory relaxation and include relaxing exercises in breathing, visualisation, and massage. Based on their experiences teaching in primary schools, the creators were inspired to develop a programme that focusses on a child's specific social and emotional needs in order to fulfill their learning potential. Structured as one hour lesson plans, the activities included encourage children to relax, communicate and explore themselves creatively using art materials, peer massage, visualisation, bodywork, breathing, sensory equipment and mindfulness. This manual contains planning ideas for lessons, visualisation scenarios, illustrated bodywork exercises, photocopiable templates and posters to use in the classroom or one on one with a child.

"What a wonderful resource - creative, enlightened and highly accessible. Cree and Brogden have captured vital elements inherent in the development and growth of social and emotional wellbeing and produced a comprehensive, fun approach which is respectful of each child's imagination... Highly recommended!"

Deborah M. Plummer, author of *Helping Children to Build Self-Esteem and Inspiring and Creative Ideas for Working with Children.*

**NEW****Using Poetry to Promote Talking and Healing**

Pooky Knightsmith

Foreword by Catherine Roche, Fiona Pienaar

2016 • 240pp • £14.99 • \$24.95

pb:9781785920530 • ebook:9781784503239

World rights available

How to use poetry to explore issues affecting mental and emotional wellbeing

such as anxiety, depression and self-harm

Poetry can be a great way to get people talking about difficult issues around mental health. This book is a complete guide to using poetry for this purpose. It includes a collection of over 100 poems written by the author with accompanying activities, as well as a 50 prompts to encourage clients to write their own poems.

"Whoever you are, whatever you do, here is a profoundly personal and moving insight into the world of emotional and mental ill-health."

Dick Moore, Retired Head Teacher and Trainer for the Charlie Waller Memorial Trust

**NEW****The STAR Detective Facilitator Manual**

A Cognitive Behavioral Group Intervention to Develop Skilled Thinking and Reasoning for Children with Cognitive, Behavioral, Emotional and Social Problems

Susan Young

From 8 years to 12 years • MAY 2017 • 208pp • £24.99 • \$32.95 • pb:9781785921681  
ebook:9781784504533 • World rights available

A manual for delivery of the STAR Program, designed to teach cognitive, social and emotional skills to children

The STAR Program is designed to teach children and those involved in their care psychological techniques to improve self-control and prosocial competence. The program employs cognitive-behavioral therapy (CBT) principles and uses a child-centered approach to teach attention skills, emotional control, problem-solving, and interpersonal skills to children aged 8-12 who have cognitive, behavioral, social or emotional difficulties.

This manual includes designated group sessions to be delivered by healthcare practitioners alongside individual coaching sessions to be provided by a family member or individual carer between each group meeting. Extra materials include PowerPoint presentations, and a Thinking Tools resource, which are available to download from a companion website.

**NEW****Becoming a STAR Detective!**

Your Detective's Notebook for Finding Clues to How You Feel

Susan Young

From 8 years to 12 years • MAY 2017 • 128pp • £8.99

\$15.95 • pb:9781785921803 • ebook:9781784504526

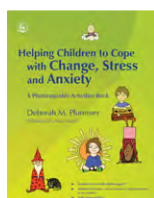
World rights available

Companion workbook for children to complete as part of the STAR Program for

cognitive, social and emotional skills

The STAR Program is designed to teach children and those involved in their care psychological techniques to improve self-control and prosocial competence. The program employs cognitive-behavioral therapy (CBT) principles and uses a child-centered approach to teach attention skills, emotional control, problem-solving, and interpersonal skills to children aged 8-12 who have cognitive, behavioral, social or emotional difficulties.

This workbook is given to the child upon joining the program with sections for each group session and individual exercises to be completed between meetings. With games, helpful tips, activities and extra space to personalize the workbook with notes and drawings, this is an essential companion for children participating in the STAR Program.

**BESTSELLER****Helping Children to Cope with Change, Stress and Anxiety**

A Photocopiable Activities Book

Deborah M. Plummer

Illustrated by Alice Harper

2010 • 144pp • £17.99 • \$29.95 • pb:9781843109600

ebook:9780857003669 • Rights sold: Croatian, Dutch, German, Greek, Spanish

**Lots of creative ideas to help children cope with change and stress**  
Plummer offers over 100 activities aimed at helping children to build emotional resilience. With a mixture of short, snappy activities and longer guided visualizations, these exercises are suitable for use with individuals or groups, and many are appropriate for use with children with complex needs or speech and language difficulties.

**BESTSELLER****Anger Management Games for Children**

Deborah M. Plummer

From 5 years to 12 years • 2008 • 160pp • £16.99 • \$29.95

pb:9781843106289 • ebook:9781846427756

Rights sold: Chinese (simplified), Dutch, Greek, Italian

**Bestselling collection of easy, fun games for ages****5-12, to help them understand and manage their anger**

This book helps adults to understand, manage and reflect on children's anger. Featuring a wealth of games, it is designed to foster successful anger management strategies for children aged 5-12. It covers the theory behind the games, and includes a broad range of activities: active and passive, verbal and non-verbal, and for different sized groups.

**...See page 18 for more from Deborah Plummer****Cartooning Teen Stories**

Using comics to explore key life issues with young people

Jenny Drew

From 12 years • 2016 • 184pp • £22.99 • \$35.00

pb:9781849056311 • ebook:9781784501068

World rights available

**Engage young people aged 12+ with comics****designed to open up discussion about issues including identity, bullying, sexuality and mental health**

Comics are highly effective for broaching difficult social and emotional issues and this book explains how to use them with young people in educational and therapeutic settings. With 5 ready-to-use comics and advice on making them from scratch, learn how to support young people through interactive comics and help them to explore complex feelings.

"This book shows us how comics can help young people to detangle their experiences, stringing stories together with images to reveal internal worlds."

Karrie Fransman, graphic novelist and comic creator, author of *The House That Groaned* and *Death of the Artist*

**ACTIVITY IDEAS****BESTSELLER****The Big Book of EVEN MORE Therapeutic Activity Ideas for Children and Teens**

Inspiring Arts-Based Activities and Character Education Curricula

Lindsey Joiner

From 5 years to 16 years • 2015 • 256pp • £19.99 • \$29.95 pb:9781849057493

ebook:9781784501969 • Rights sold: Estonian

**A resource bursting with creative and fun activities to teach social skills, self-expression, conflict resolution and more to challenging children and teens aged 5+**

Full of activity ideas and projects to teach children and teens aged 5+ social skills, anger-control strategies, conflict resolution, positive thinking, and more, this book follows on from *The Big Book of Therapeutic Activity Ideas for Children and Teens*. It includes over 90 activities that are adaptable for use with individuals and groups.

**BESTSELLER****The Big Book of Therapeutic Activity Ideas for Children and Teens**

Inspiring Arts-Based Activities and Character Education Curricula

Lindsey Joiner

From 5 years to 19 years • 2011 • 256pp • £19.99 • \$29.95

pb:9781849058650 • ebook:9780857004475

World rights available

**Over 100 creative activities to have fun with challenging children and teenagers in school and therapeutic settings**

Packed with creative activity ideas to use with children and teenagers aged 5 and above, this resource builds therapeutic skills such as self-esteem, positive thinking, conflict resolution and anger control. The fun activities use art, music, stories, and films and will provide all those working with children and teenagers with a wealth of ideas.

"Invaluable assets for anyone striving to teach emotional intelligence, whether in a counseling, educational or camp setting. Her upbeat approach and clear objectives for each activity make the work widely accessible and engaging. This volume will prove to be a well-worn companion for those who love to work with children."

Suzanne Darley PhD, co-author of *The Expressive Arts Activity Book*



### Believing You Can is the First Step to Achieving

A CBT and Attribution Retraining Programme to Improve Self-Belief in Students aged 8-12

Alicia R Chodkiewicz and Christopher Boyle

From 8 years to 12 years • 2015 • 168pp • £29.99 • \$49.95 •  
pb: 9781849056250 • ebook: 9781784500986  
World rights available

Turn around negative thinking to improve self-belief in students

"This flexible, innovative and evidence-based programme, underpinned by key psychological theories and models, will prove an invaluable resource for all those striving to engage and support children and young people to recognise their inherent strengths and to develop positive attitudes to learning."

Elizabeth N. King, Principal Psychologist, South Lanarkshire Council Psychological Services, UK



### Teen Anxiety

A CBT and ACT Activity Resource Book for Helping Anxious Adolescents

Raychelle Cassada Lohmann

2014 • 240pp • £22.99 • \$36.95  
pb: 9781849059695 • ebook: 9780857008596  
World rights available

A CBT manual for teenagers to help them understand and manage their anxieties

Teen Anxiety is a practical manual to help teens cope with and deal with anxiety. Based on Cognitive Behavioural Therapy (CBT) and Acceptance Commitment Therapy (ACT), it includes full guidance for professionals as well as 60 activities to use with young people. Scaling questions for assessment and graphs to track progress are also included.



### Adolescent Volcanoes

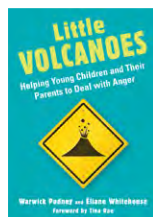
Helping Adolescents and their Parents to Deal with Anger

Warwick Pudney and Éliane Whitehouse

Foreword by Max Abbott

From 12 years • 2013 • 288pp • £22.99 • \$36.95  
pb: 9781849052184 • ebook: 9780857005960  
Rights sold: Dutch

For adults working with teenagers and their parents, to manage teen anger positively and effectively



### Little Volcanoes

Helping Young Children and Their Parents to Deal with Anger

Warwick Pudney and Éliane Whitehouse

Foreword by Tina Rae

2011 • 224pp • £16.99 • \$27.95  
pb: 9781849052177 • ebook: 9780857005953  
Rights sold: Simplified Chinese, Czech, Dutch

Advice and strategies for adults to understand anger in young children and help express them it positively



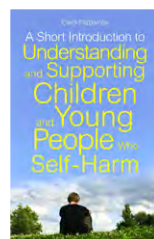
### A Short Introduction to Helping Young People Manage Anxiety

Carol Fitzpatrick

2015 • 112pp • £12.99 • \$23.95  
pb: 9781849055574 • ebook: 9780857009890  
World rights available

Understand common types of anxiety and how to support the young people who experience them

This book tells you everything you need to know about anxiety, its many causes and types, and associated disorders such as depression and self-harm. Case-studies help to show the effect of anxiety in real-life situations, and also provide useful tips and advice to help young people manage their symptoms.



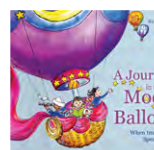
### A Short Introduction to Understanding and Supporting Children and Young People Who Self-Harm

Carol Fitzpatrick

2012 • 112pp • £12.99 • \$21.95  
pb: 9781849052818 • ebook: 9780857005847  
World rights available

How to recognise and best respond to children and young people who self harm

An easy-to-read guide for parents, carers and professionals working with young people showing signs of self-harm and suicidal behaviours, which gives advice on how to identify problems and how to support the young person.



### A Journey in the Moon Balloon

When Images Speak Louder than Words

Joan Drescher

Foreword by Joan Borysenko

Illustrated by Joan Drescher

From 4 years to 11 years • 2015 • 72pp • £12.99 • \$19.95n • hb: 9781849057301  
ebook: 9781784501006 • World rights available

An illustrated interactive resource with stories and activities to help children cope with anxiety and other difficult feelings

"Of particular use to me was the chapter on the parents/ professionals views of their own support needs. The advice and content of this chapter has been consumed into my current work. The list of further websites and resources has been invaluable in providing advice and support to young people and their families. I would recommend this book to anyone who works with this client group it provides invaluable and credible advice and empathic support."

Debate



**NEW****All Birds Have Anxiety**

Kathy Hoopmann

8 to 18 years • MAR 2017 • 72pp • £9.99 • \$15.95

hb:9781785921827 • ebook:9781784504540

Rights sold: Dutch

**A bird's-eye-view introduction to living with****anxiety disorder and how to begin to change it**

Life as a bird can be stressful! From worrying about airplanes, windows, and getting enough worms to eat, it is clear that birds can be anxious beings. Through a light-touch, quizzical depiction of bird behaviour, *All Birds Have Anxiety* uses colourful images and astute explanations to explore with gentle humour what it means to live with anxiety day-to-day, and how to begin to deal with it.

Following the style of the best-selling *All Cats Have Asperger Syndrome* and *All Dogs Have ADHD*, wonderful colour photographs express the complex and difficult ideas related to anxiety disorder in an easy-to-understand way. This simple yet profound book validates the deeper everyday experiences of anxiety, provides an empathic understanding of the many symptoms associated with anxiety, and offers compassionate suggestions for change.

The combination of understanding and gentle humour make this the ideal introduction to anxiety disorder for those diagnosed with this condition, their family and friends and those generally interested in understanding anxiety.

"Using beautiful pictures and carefully crafted words, *All Birds Have Anxiety* is an excellent book that will enable adults to discuss anxiety with children and together develop better strategies to cope with this difficult emotion."

Associate Professor James Scott, Child and Adolescent Psychiatrist at the University of Queensland

**...See page 54 for *All Dogs Have ADHD* & page 44 for *All Cats Have Asperger Syndrome***

**NEW****Can I tell you about Loneliness?**

A guide for friends, family and professionals

Julian Stern

Illustrated by Helen Lees

From 7 years • JUN 2017 • 48pp • £8.99 • \$14.95

pb:9781785922435 • ebook:9781784505264

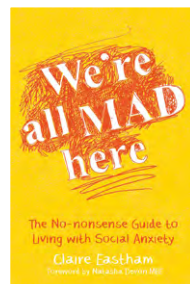
World rights available

**What does it mean to be lonely? Jan****explains all in this illustrated guide for ages 7+**

Jan experiences loneliness. In this illustrated guide, he explains what loneliness is, how it can affect his daily life at home and school and what others can do to help. It is an ideal way to start conversations about loneliness with children aged 7+ and also includes advice on how best to support a child who is lonely.

"Stern has made an invaluable contribution to this remarkable series. The book, based on sensitive conversations with young people, identifies many situations when a young person may feel lonely - but also (most importantly) how parents, teachers and others misunderstand. Therefore, an important read not only for the young people, but also for those who care for them."

Professor Richard Pring, Department of Educational Studies, University of Oxford

**BESTSELLER****We're All Mad Here**

The No-Nonsense Guide to Living with Social Anxiety

Claire Eastham

Foreword by Natasha Devon

Teens • NOV 2016 • 200pp • £12.99 • \$19.95

pb:9781785920820 • ebook:9781784503437

World rights available

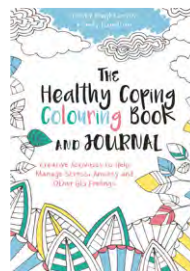
**No-nonsense guide to surviving social anxiety from award-winning blogger, Claire Eastham**

Anxiety is a crafty shapeshifter that can take on many forms: the tiger that sinks its claws in with physical symptoms and distressing thoughts, the cruel and belittling bully creating insecurity and self-doubt and, worst of all, the frenemy rewarding avoidance of social situations with no physical symptoms, no cruel thoughts... and no life beyond your sofa!

This no-nonsense guide to beating social anxiety covers everything from surviving university and the workplace, through to social media and making it through parties and dates (whilst actually enjoying them!) With honest insights about her own social anxiety and a healthy dose of humour, award-winning blogger Claire Eastham describes what social anxiety is, why it happens, and how you can lessen its effects with lifestyle choices, talking therapies or even a hug from your favourite canine friend!

"Claire Eastham's personality leaps from the pages of *We're All Mad Here* and gives you an enthusiastic cuddle. If you haven't fallen in love with her by the time you're finished then we probably wouldn't get on."

from the foreword by Natasha Devon, MBE

**NEW****The Healthy Coping Colouring Book and Journal**

Creative Activities to Help Manage Stress, Anxiety and Other Big Feelings

Pooky Knightsmith

Illustrated by Emily Hamilton

From 8 years to 14 years • DEC 2016 • 208pp • £9.99 •

\$16.95 • pb:9781785921391 • ebook:9781784504052

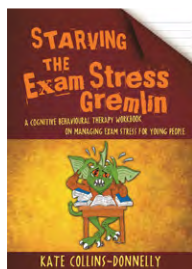
Rights sold: German

**Learn how to manage difficult feelings with this creative journal for ages 8-14**

Packed full of creative activities and coping strategies, this journal and colouring book is the perfect companion when faced with difficult thoughts and feelings. Whether you are stressed out at home or school, feeling anxious or simply in need of some relaxation, this workbook provides a place for you to express your emotions. Put your own personal stamp on colouring, journaling and drawing activities and explore healthy ways of coping with difficult feelings such as anger and anxiety through inspirational quotes, poems and practical advice.

With a range of activities that introduce mindfulness and encourage relaxation, this workbook will help young people aged 8-14 to develop the tools needed to prepare for and respond to future difficult situations. It is also an invaluable resource for parents and carers, teachers, counsellors and psychologists to use with young people in their care.



FROM AWARD-WINNING AUTHOR  
KATE COLLINS-DONNELLY**NEW****Starving the Exam Stress Gremlin**

A Cognitive Behavioural Therapy Workbook on Managing Exam Stress for Young People

Kate Collins-Donnelly

From 10 years • NOV 2017 • 136pp • £12.99 • \$19.95

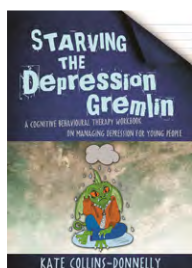
pb:9781849056984 • ebook:9781784502140

World rights available

**An accessible, practical workbook to help young people aged 10+ understand exam stress and learn how to manage it**

Part of the award-winning Starve the Gremlin series and full of engaging activities, this self-help workbook explains what exam stress is, how it develops and the impact it can have - providing the reader with an understanding of their own exam stress. Rooted in cognitive behavioural therapy, it is also bursting with strategies to help the reader manage their exam stress by changing how they think and act.

Starving the Exam Stress Gremlin can be completed independently by young people aged 10+ or with supervision, and with exam stress on the rise among our young people, this invaluable resource will also be of interest to school counsellors, teaching staff, youth workers and social workers and parents.

**NEW****Starving the Depression Gremlin**

A Cognitive Behavioural Therapy Workbook on Managing Depression for Young People

Kate Collins-Donnelly

From 10 years • NOV 2017 • 176pp • £12.99 • \$19.95

pb:9781849056939 • ebook:9781784502058

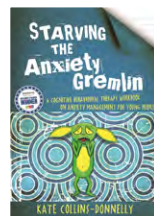
World rights available

**A self-help tool based on cognitive behavioural therapy to help young people aged 10+ to manage feelings of low mood and sadness**

Have you met the depression gremlin? He's a troublesome creature who likes nothing more than to feed off your low mood. And the more he devours, the bigger he gets and the more sadness you feel. But never fear - starve him of depression-related thoughts, feelings and behaviours and watch him shrink and shrivel away!

Part of the award-winning Starve the Gremlin series, this engaging and accessible workbook helps young people aged 10+ to understand their feelings by explaining what depression is, how it develops and the impact it can have on the lives of young people. Based on the principles of cognitive behavioural therapy and packed with valuable tips and strategies, this workbook also aims to empower the reader to change how they think and act in order to manage their depression.

Full of fun and creative activities, Starving the Depression Gremlin can help support and inform wider therapeutic work with young people with depression, and it can be used independently or with a parent or practitioner. It will be of interest to school counsellors, therapists, social workers, youth workers, teaching staff and other professionals working with young people.

**BESTSELLER****Starving the Anxiety Gremlin**

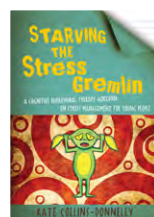
A Cognitive Behavioural Therapy Workbook on Anxiety Management for Young People  
Kate Collins-Donnelly

10 to 18 years • 2013 • 168pp • £12.99 • \$19.95

pb:9781849053419 • ebook:9780857006738 • Rights sold: Dutch, German

**A unique and award-winning resource to help young people understand different types of anxiety and how to manage them**

This engaging workbook helps young people aged 10+ understand and manage anxiety. Based on cognitive behavioural therapy principles, the activities will help young people understand why they get anxious and how to use simple, practical techniques to manage and control their anxiety. Suitable to work through alone or with a parent or practitioner.

**Starving the Stress Gremlin**

A Cognitive Behavioural Therapy Workbook on Stress Management for Young People  
Kate Collins-Donnelly

10 to 18 years • 2013 • 136pp • £12.99 • \$19.95

pb:9781849053402 • ebook:9780857006721

Rights sold: German

**From the award winning CBT series, worksheets and fun activities to help children starve their stress gremlin**

Drawing on cognitive behavioural therapy principles, this book is a valuable resource for helping children and young people understand and control their stress. It uses example scenarios, activities and young people's comments to teach them effective emotional management skills and is aimed at those working with young people.

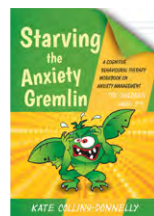
**Starving the Anger Gremlin**

A Cognitive Behavioural Therapy Workbook on Anger Management for Young People  
Kate Collins-Donnelly

10 to 18 years • 2012 • 88pp • £12.99 • \$19.95

pb:9781849052863 • ebook:9780857006219

Rights sold: German

**Starving the Anxiety Gremlin for Children Aged 5-9**

A Cognitive Behavioural Therapy Workbook on Anxiety Management  
Kate Collins-Donnelly

From 5 years to 9 years • 2014 • 192pp • £12.99 • \$19.95

pb:9781849054928 • ebook:9780857009029

World rights available

**Starving the Anger Gremlin for Children Aged 5-9**

A Cognitive Behavioural Therapy Workbook on Anger Management  
Kate Collins-Donnelly

From 5 years to 9 years • 2014 • 176pp • £12.99 • \$19.95

pb:9781849054935 • ebook:9780857008855

World rights available

## LAUREN BRUKNER TO THE RESCUE...

**LAUREN BRUKNER** is a Senior Occupational Therapist who lives in New York City with her husband and three children. Lauren specializes in sensory integration and self-regulation strategies for children and young people, and their implementation in home, school, and community settings.

**NEW****Self-Control to the Rescue!**

Super Powers to Help Kids Through the Tough Stuff in Everyday Life

Lauren Brukner

Illustrated by Apsley

From 7 years to 12 years • JUN 2017 • 120pp • £13.99  
\$19.95 • hb:9781785927591 • ebook:9781784506193  
World rights available

Self-control strategies and exercises

for children aged 4-7 to manage and regulate the emotional challenges faced in daily life

The self-control super hero is back! This time, they've come prepared with simple strategies to tackle the difficult emotions and challenges of everyday life. From the morning routine to making friends at recess, paying attention in class and getting a good night's sleep, this guide will help children stay on track and save the day!

Focussing on specific times of the day that present particular challenges, the book uses illustrations and simple language to describe breathing exercises, stretching, and visualization techniques to help children aged 4-7 keep calm and in control. Suitable for all children, but especially those with sensory and emotional regulation difficulties, this is an accessible guide with extra tips and resources for parents, educators or therapists.

"Here at last is a book for parents and therapists to use with children to help them develop self-regulation! This book is for people everywhere who want to create a regulated place within themselves and the children with whom they live or love."

Lucy Jane Miller, Ph.D, OTR,  
Founder of STAR Institute for SPD

**The Kids' Guide to Staying Awesome and In Control**

Simple Stuff to Help Children Regulate their Emotions and Senses

Lauren Brukner

7 to 14 years • 2014 • 112pp • £12.99 • \$19.95  
hb:9781849059978 • ebook:9780857009623  
World rights available

Super fun ways for kids to stay in control of their moods - including breathing, pressure holds, finger pulls and fidgets

**NEW****Stay Cool and In Control with the Keep-Calm Guru**

Wise Ways for Children to Regulate their Emotions and Senses

Lauren Brukner

Illustrated by Apsley

From 7 years to 14 years • 2016 • 136pp • £12.99 • \$19.95 •  
hb:9781785927140 • ebook:9781784503000 • World rights available

With the help of the Keep-Calm Guru, children aged 7-14 will learn to tackle difficult emotions and feel cool, calm, and in control!

**BESTSELLER****How to Be a Superhero Called Self-Control!**

Super Powers to Help Younger Children to Regulate their Emotions and Senses

Lauren Brukner

Illustrated by Apsley

From 4 years to 7 years • 2015 • 112pp • £12.99 • \$19.95  
hb:9781849057172 • ebook:9781784502034 • World rights available

Using 'super power' strategies and illustrations, this book teaches young children (aged 4-7) with sensory and emotional regulation difficulties how to master self-control

**NEW****Striker, Slow Down!**

A calming book for children who are always on the go

Emma Hughes

Illustrated by John Smisson

From 3 years to 6 years • OCT 2016 • 40pp • £9.99  
\$16.95 • hb:9781848193277 • ebook:9780857012821  
World rights available

Striker, the cat who is always in a hurry, finally learns that slowing down can be fun too in this book for children aged 3-6

Striker, the cat who is always in a hurry, is halted by a bump to the head as he rushes out the house on the way to the park. Will he listen to his mama's advice and find time for a little calm? This book is perfect for busy children, helping them to identify the differing feelings of chaos and calm and how to strike a balance.

**BESTSELLER****Can I tell you about Anxiety?**

A guide for friends, family and professionals

Lucy Willetts and Polly Waite

Illustrated by Kaiyee Tay

2014 • 56pp • £8.99 • \$14.95 • pb:9781849055277  
ebook:9780857009678

Rights sold: Danish, Japanese, Lithuanian, Norwegian

A quick introduction for friends and family or to

start classroom discussions around anxiety

"This clearly-written, short book provides valuable information for teachers of children who are experiencing anxiety problems. It includes excellent and helpful summaries about different types of anxiety and suggestions about why some children develop anxiety problems and the type of treatment that might help."

Susan H Spence, Professor, School of Applied  
Psychology, Griffith University

## SERIES TO HELP CHILDREN CONTROL THEIR EMOTIONS...



**NEW**

### Ollie and the Magic Workshop

Alison Knowles

Illustrated by Sophie Wiltshire

From 6 years to 12 years • FEB 2017

64pp £12.99 • \$17.95 • hb:9781785922411

ebook:9781784505196

World rights available

**A third book in the charming  
illustrated series that focuses on**

**emotional resilience for children aged 7-11**

Ollie is back with more adventures using his superpowers, and a chance to earn his second Captain's stripe!

With the help of his superpowers, Ollie is gaining the confidence to stand up to bullies and be himself. When some mean kids start to get him down, Ollie draws upon the superpower of emotional resilience, which serves as a suit of shiny armour against hurtful words. With this superpower, Ollie tries to help his new friend Mollie who lives in foster care learn to love and take care of herself. Can Ollie help Mollie to build her own emotional superpowers? And will he earn his second Captain's stripe in the process?

"Ollie and the Magic Workshop is a delightfully inspired and inspiring book, that every child (and adult) should read so that they too can learn how to find their own superpowers."

Dr Jacqueline Blyth, BSc. (Hons), MSc Health  
Psychology, ClinPsyD. AFBPS. Clinical  
Psychologist, Birmingham Children's Hospital



### Ollie and His Superpowers

Alison Knowles

Illustrated by Sophie Wiltshire

From 7 years to 11 years 11 months • 2016

32pp • £9.99 \$15.95 • hb:9781785920493

ebook:9781784503048 • World rights available

**A charming illustrated story for  
children aged 7-11 about learning to  
control their emotions and overcome  
their fears**



### Ollie and the Golden Stripe

Alison Knowles

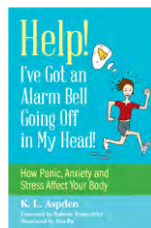
Illustrated by Sophie Wiltshire

From 7 years to 11 years • 2016 • 32pp

£9.99 \$15.95 • hb:9781785920813

ebook:9781784503420 • World rights available

**A charming, illustrated story for  
children aged 7-11 about bullying,  
developing empathy and helping others**



**BESTSELLER**

### Help! I've Got an Alarm Bell Going Off in My Head!

How Panic, Anxiety and Stress Affect  
Your Body

K.L. Aspden. Foreword by Babette Rothschild

Illustrated by Zita Ra

From 9 years • 2015 • 48pp • £7.99 • \$12.95

pb:9781849057042 • ebook:9781784502270

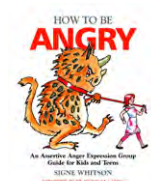
World rights available

**Discover what happens inside our bodies when we feel stressed or  
anxious for children aged 9+**

An illustrated book for children aged 9-11 that explores the science behind our bodies' fight, flight or freeze reactions. With activities to help manage anxiety and keep the nervous system healthy, the book is an incomparable resource for anyone supporting children who are easily angered or anxious including parents, carers and teachers.

"With solid information, good humor, engaging cartoons, and helpful suggestions, this small book speaks volumes for helping young and old to heal from trauma."

from the foreword by Babette Rothschild,



### How to Be Angry

An Assertive Anger Expression Group Guide  
for Kids and Teens

Signe Whitson

2011 • 216pp • £20.99 • \$29.95

pb:9781849058674 • ebook:9780857004574

Rights sold: German, Polish

**Encouraging appropriate anger management,  
with group work and tailored lessons**



### Secret, Secret

Daisy Law

From 3 years to 7 years • 2016 • 40pp • £9.99 • \$15.95

hb:9781785920424 • ebook:9781784502942

World rights available

**A magical picture book about secrets**

**for children aged 3-7 covering big secrets, small secrets and  
everything in-between**

There are lots of different types of secrets. There are big secrets, small secrets, ones you'd never tell, ones you want to tell, ones you keep locked up, or hidden under your bed. There are ones that make you smile, and others that make you scared.

This charming picture book subtly explores the different types of secrets children may have, and encourages them to feel confident to share their secrets. It will be perfect for any child aged 3-7 who has trouble opening up and provides a great opportunity for discussing the things we should and shouldn't keep secret. The book also includes a section at the end for adults on how to respond to disclosures.




**NEW**

### Not Today, Celeste!

A Dog's Tale about Her Human's Depression

Liza Stevens

From 3 years • 2016 • 36pp • £10.99 • \$17.95  
hb:9781785920080 • ebook:9781784502478  
World rights available

A gentle story about a dog whose human has poorly feelings for children aged 3+

Charmingly illustrated, this heart-warming story for children aged 3+ reflects some of the feelings and experiences that a child whose parent or carer has depression may face.

"The text is easy to understand, with pretty illustrations...  
I really liked this book, and highly recommend it!"

Reviews in Chalk blog



### The Princess and the Fog

A Story for Children with Depression

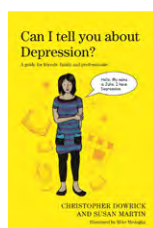
Lloyd Jones, With a contribution by Melinda Edwards MBE and Dr Linda Bayliss

Illustrated by Lloyd Jones

From 5 years to 7 years • 2015 • 48pp • £10.99 • \$17.95  
hb:9781849056557 • ebook:9781784501518  
World rights available

A vibrantly illustrated story to help children learn about and cope with depression

This vibrantly illustrated story is designed to be read with children aged 5-7 who are suffering from depression. Using metaphor and full of humour, it is a relatable, enjoyable and positive read for all. The book also includes a guide for parents and carers by clinical paediatric psychologists, Dr Melinda Edwards MBE and Linda Bayliss.


**READING  
WELL**

### Can I tell you about Depression?

A guide for friends, family and professionals

Christopher Dowrick and Susan Martin

Illustrated by Mike Medaglia

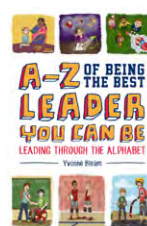
From 7 years • 2015 • 48pp • £8.99 • \$14.95  
pb:9781849056635 • ebook:9781784500030

Rights sold: Danish

A quick introduction to depression and how it can affect family life

"This book is very easy to read and gets straight to the facts about depression. It is often said that depression is a family illness because it affects not just the individual but those closest to them too. Jim and the kids maybe feel responsible and unable to help and that's been the experience in our family also. We have learned to support and just be there without taking it personally. Well done on helping to educate younger people about a subject that is too often still taboo."

Alan Thornburrow, Former  
Director of Action on Depression


**NEW**

### A-Z of Being the Best Leader You Can Be

Leading Through the Alphabet

Yvonne Bleam

Illustrated by Kat Stahl

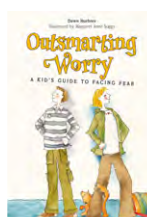
From 8 years to 11 years • 2016 • 176pp • £12.99 • \$19.95  
hb:9781785927089 • ebook:9781784502720  
World rights available

Promoting positive leadership behaviors, from acceptance to zeal, for children aged 8-11

Learn all about good leadership with Alex the accepting leader, Vivian the virtuous leader and the rest of the gang! Far from your average A-Z, this book for children aged 8-11 contains 26 stories that each explore a different leadership quality and is full of fun activities and exercises to help reiterate the concepts.

"As a School Counselor, I look forward to sharing these activities with my students. As a Bullying Prevention speaker, I'll also recommend the lessons to schools as part of their programming. The first two chapters, in particular, authentically address the challenges of being 'accepting' and 'brave' during peer situations, and give kids a roadmap for how to do so with dignity. I highly recommend this book!"

Signe Whitson, nationally-recognized  
Bullying Prevention educator, US


**NEW**

### Outsmarting Worry

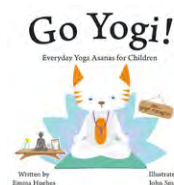
Dawn Huebner PhD

Illustrated by Margaret Anne Suggs

OCT 2017 • 136pp • 12.99 • \$17.95 • pb:9781785927829  
World rights available

Tried and tested strategies from a best-selling author to help 9-13 year olds tackle their worries and fears

Worry has a way of growing, shifting from not-a-big-deal to a VERY BIG DEAL in the blink of an eye. This big-deal Worry is tricky, luring children into behaviours that keep the anxiety cycle going. Children often find it hard to fight back against Worry, but not anymore. Outsmarting Worry teaches 9-13 year olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language immediately accessible to children with an emphasis on shifting from knowing to doing, from worried to happy and free.

**NEW****Go Yogi!**

Everyday Yoga for Calm, Happy, Healthy Little Yogis

Emma Hughes

Illustrated by John Smisson

From 4 years to 7 years • FEB 2017 • 48pp • £9.99 \$16.95 hb:9781848193413  
ebook:9780857012975 • World rights available

**Introduces everyday yoga asanas to help children tackle difficult feelings and emotions, as well as improve physical health**

Go Yogi! introduces simple yoga asanas (postures) to children, encouraging children to make yoga practice part of their everyday lives. Through full-page illustrations and simple instructions, children will be deep-breathing and doing downward dog in no time!



**Six Healing Sounds with Lisa and Ted**

Qigong for Children

Lisa Spillane

Illustrated by Lisa Spillane

From 3 years to 8 years • 2011 • 32pp • £8.99 • \$14.95  
hb:9781848190511 • ebook:9780857010315

Rights sold: Chinese (simplified), Dutch, Japanese

**Lisa and Ted learn the Six Healing Sounds, simple calming breathing techniques based on ancient Chinese Qigong exercises**



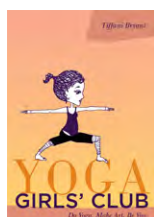
**Smiling Heart Meditations with Lisa and Ted (and Bingo)**

Lisa Spillane

From 4 years to 8 years • 2014 • 40pp • £9.99 • \$16.95  
hb:9781848192003 • ebook:9780857011688

Rights sold: Chinese (simplified), Danish

**Colourful picture book teaches children to meditate away feelings of impatience, frustration and anger**



**Yoga Girls' Club**

Do Yoga, Make Art, Be You

Tiffani Bryant

From 11 years to 17 years • 2015 • 192pp • £12.99 • \$19.95  
pb:9781848192591 • ebook:9780857012067

World rights available

**A yoga and art workbook to inspire self-expression, encourage body confidence and promote self-esteem in girls and young women**

**BESTSELLER**

**Once Upon a Touch...**

Story Massage for Children

Mary Atkinson and Sandra Hooper

From 3 to 11 years • 2015 • 92pp • £11.99 • \$19.95  
hb:9781848192874 • ebook:9780857012340

World rights available

**Encourage relaxation and boost general well-being in children aged 3-11 with story massage**

Practice safe and positive touch. This complete manual provides everything you need to get started. It includes instruction on ten basic strokes and over 25 story massages on a range of topics, from traditional tales to hands-on learning stories.

**NEW****Sitting on a Chicken**

The Best (Ever) 52 Yoga Games to Teach in Schools

Michael Chissick

Illustrated by Sarah Peacock

From 3 years to 11 years • NOV 2016 • 112pp • £15.99 • \$24.95 • pb:9781848193253 • ebook:9780857012807

Rights sold: French, Spanish

**52 fun, inspiring and vibrant yoga games for children and how to teach them**

The best way to teach yoga to children is with games. With 52 vibrant, easy-to-follow yoga games requiring no previous yoga experience, this book will enable you to help children become better listeners, take responsibility, gain self-control, improve behaviour, become assertive and improve self-esteem and confidence.

Michael Chissick explains the ideal yoga lesson structure to transform your children's behaviour: you will learn which games to teach, when to teach them and how to teach them, and how the additional benefits of improved co-ordination, flexibility, fitness, self-calming and relaxation can be accessible to all children regardless of impairment, need, culture, shape, mood or size.

"Give your pupils a well-deserved boost in self-esteem, leadership skills, and support a growth mindset for both physical and mental wellbeing."

Ilse Fullarton, PE Consultant, Association for PE East Board  
Member and Founder of The Children's Health Project CIC



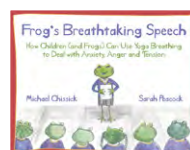
**Seahorse's Magical Sun Sequences**

How all children (and sea creatures) can use yoga to feel positive, confident and completely included

Michael Chissick

From 3 years to 11 years • 2015 • 48pp • £12.99 • \$19.95 • hb:9781848192836 • ebook:9780857012302 • Rights sold: Danish

**Seahorse teaches the sun salutation sequence to children and sea creatures of all abilities**

**BESTSELLER**

**Frog's Breathtaking Speech**

How children (and frogs) can use yoga breathing to deal with anxiety, anger and tension

Michael Chissick

From 4 years to 11 years • 2012 • 48pp • £12.99 • \$19.95 • hb:9781848190917  
ebook:9780857010742 • Rights sold: Chinese (simplified), Danish

**Frog and his friends demonstrate yoga breathing techniques to combat anxiety in children**



**Ladybird's Remarkable Relaxation**

How children (and frogs, dogs, flamingos and dragons) can use yoga relaxation to help deal with stress, grief, bullying and lack of confidence

Michael Chissick

From 4 years to 11 years • 2013 • 48pp • £12.99 • \$19.95 • hb:9781848191464  
ebook:9780857011121 • Rights sold: Chinese (simplified), Danish

**Little Ladybird explains how to do a special yoga relaxation**

**NEW****Creative Ways to Help Children Manage BIG Feelings**

A Therapist's Guide to Working with Preschool and Primary Children

Dr Fiona Zandt and Dr Suzanne Barrett.

Foreword by Lesley Bretherton

From 3 years to 11 years • APR 2017 • 200pp • £19.99 •

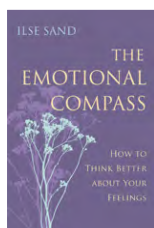
\$29.95 • pb:9781785920745 • ebook:9781784504878

World rights available

Full of engaging therapeutic activities, this book is the perfect guide to aid mental health clinicians in working with children

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner. This practical guide provides clinicians with a way in which to do so, with numerous games and imaginative activities to help children to express and understand their feelings.

Part I provides a comprehensive guide to working therapeutically with children and families, while Part II outlines 47 creative therapeutic activities. Each activity is presented with clear instructions using inexpensive and readily available resources and the objective and rationale of each activity is given, making it easily applicable. Activities range from using an easy to make volcano to help children better understand anger, to using a ball of string to illustrate how one person's feelings affect the whole family. This book is an invaluable resource for newly qualified clinicians, and also a treasure trove of creative ideas for experienced therapists.

**NEW****The Emotional Compass**

How to Think Better about Your Feelings

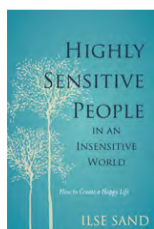
Ilse Sand

2016 • 136pp • £8.99 • \$15.95

pb:9781785921278 • ebook:9781784503925

World English language only

Explores the psychology of emotions, especially in relation to other people, introducing ways to improve your understanding of your own feelings and those of others

**NEW****Highly Sensitive People in an Insensitive World**

How to Create a Happy Life

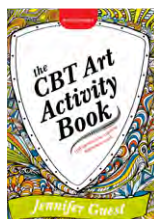
Ilse Sand

2016 • 160pp • £9.99 • \$15.95

pb:9781785920660 • ebook:9781784503246

World English language only

What it means to be a highly sensitive person, including the characteristics, challenges and benefits of being highly sensitive

**The CBT Art Activity Book**

100 illustrated handouts for creative therapeutic work

Jennifer Guest

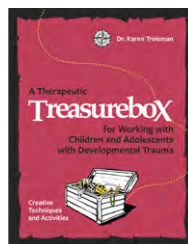
2015 • 136pp • £17.99 • \$32.95

pb:9781849056656 • ebook:978178450168

World rights available

Photocopiable therapeutic worksheets based on

CBT principles to aid clients exploring thoughts and feelings

**NEW****A Therapeutic Treasure box for Working with Children and Adolescents with Developmental Trauma****Creative Techniques and Activities**

Dr. Karen Treisman

SEP 2017 • 456pp • 29.99 • \$39.95

pb:9781785922633 • e-book: 9781784505530

X marks the spot! The go-to compendium for working with children and teens with relational or developmental trauma, combining the latest theory and practice with creative and expressive activities

The essential resource for anyone working with children or teens who have experienced trauma - provides an overview of the latest theory, good practice and a treasure trove of activities and handouts - a valuable addition to your bookshelf which is destined to be used again and again.

**NEW****Not My Shame**

T.O. Walker

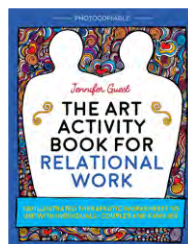
DEC 2016 • 72pp • £8.99 • \$14.95

pb:9781785921841 • ebook:9780857012944

World rights available

Striking graphic novel about the ability to parent well despite trauma and dissociation experienced after rape and childhood sexual exploitation

This striking graphic novel gives an insider's view of the trauma caused by childhood sexual exploitation. It tackles complex issues, including victim-blaming, traumatic memory and dissociation, but is ultimately hopeful, showing how victims can be good parents and come to terms with their past through therapy, art and caring relationships.

**NEW****The Art Activity Book for Relational Work**

100 illustrated therapeutic worksheets to use with individuals, couples and families

Jennifer Guest

FEB 2017 • 128pp • £17.99 • \$29.95

pb:9781785921605 • ebook:9781784504281

World rights available

100 illustrated worksheets for professionals to use with others to promote healthy, happy relationships

Explore and promote positive relationships with these 100 ready-to-use illustrated worksheets and activities.

Based on systemic theory, psychodynamic theory and cognitive behavioural therapy (CBT) principles, the activities are a creative approach to starting therapeutic conversations and engaging clients in their search for solutions. The photocopiable worksheets encourage clients to express their feelings through drawing, painting and writing. They are structured around four key areas: sense of self; partner relationships; family dynamics; and improving communication and conflict resolution. Activities include explanations of how and why they help to address specific relational issues.



**NEW****Practical Supervision for Counsellors Who Work with Young People**

Nick Luxmoore

APR 2017 • 192pp • £15.99 • \$24.95

pb:9781785922855 • ebook:9781784505899

World rights available

**A collection of supervision stories exploring common issues faced by counsellors working with young people**

Counsellors working with young people often find it can feel like messy, complex work. What helps when counsellors are stuck? This book recalls those moments when supervision sessions have been crucial to puzzling out the complexities of counselling young people.

The assorted supervision stories in this book explore the important issues that counsellors working with young people face, and looks at how supervision can help them overcome these issues. Thoughtful and engaging, each story is a snapshot from a counsellor's career. They address questions such as 'What gets talked about?', 'What issues recur with young people and how are they addressed in supervision?' and 'What helps counsellors to move on when they're stuck?'

As a veteran counsellor and supervisor with 40 years' experience, Nick Luxmoore vividly recounts moments of highs and lows, of uncertainties and of breakthroughs, and of the unique dilemmas experience by counsellors and supervisors working with young people.

"Nick Luxmoore's latest book is as smart, sharp and accessible as ever."

Jonathan Wyatt, Senior Lecturer, The University of Edinburgh

**Horny and Hormonal**

**Young People, Sex and the Anxieties of Sexuality**

Nick Luxmoore

2016 • 224pp • £14.99 • \$24.95

pb:9781785920318 • ebook:9781784502782

World rights available

**Honest insights and practical advice for professionals working with young people who are trying to understand sex and sexuality**

Sex is an important part of young people's lives, yet it can be difficult for professionals to know how to give support. Nick Luxmoore's latest offering provides advice on how to deal with the difficult situations faced by these young people and strategies to help reduce their anxieties around this crucial and sensitive part of their lives.

**BESTSELLER****Feeling Like Crap**

**Young People and the Meaning of Self-Esteem**

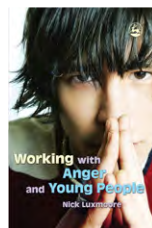
Nick Luxmoore

2008 • 160pp • £13.99 • \$24.95

pb:9781843106821 • ebook:9781846428197

Rights sold: Portuguese

**A reflective guide to building self-esteem in young people**

**BESTSELLER****Working with Anger and Young People**

Nick Luxmoore

2006 • 152pp • £15.99 • \$29.95 • pb:9781843104667 •

ebook:9781846425387 • World rights available

**Understanding teen anger and how to safely and compassionately help diffuse it**

Working with Anger and Young People warns against 'quick fix' solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful interventions for addressing anger effectively and moving on from it.

**School Counsellors Working with Young People and Staff**

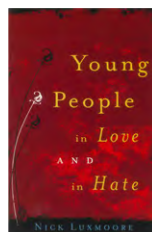
**A Whole-School Approach**

Nick Luxmoore

2013 • 160pp • £16.99 • \$26.95 • pb:9781849054607 •

ebook:9780857008381 • World rights available

**An insightful appraisal of school counselling's integral role in helping students**

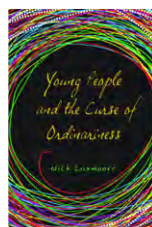
**Young People in Love and in Hate**

Nick Luxmoore

2009 • 144pp • £12.99 • \$19.95 • pb:9781849050555 •

ebook:9780857002020 • Rights sold: Italian, Portuguese

**Great overview of the big emotions of the teen years**

**Young People and the Curse of Ordinairiness**

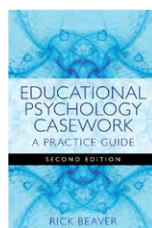
Nick Luxmoore

2010 • 144pp • £14.99 • \$22.95

pb:9781849051859 • ebook:9780857004079

World rights available

**A thought-provoking guide to help students overcome low self-worth**

**Educational Psychology Casework**

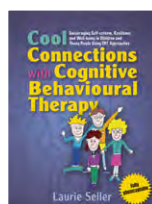
**A Practice Guide Second Edition**

Rick Beaver

2011 • 272pp • £21.99 • \$34.95 • pb:9781849051736 •

ebook:9780857002785 • World rights available

**Practical strategies to promote positive change in children**

**BESTSELLER****Cool Connections with Cognitive Behavioural Therapy**

**Encouraging Self-esteem, Resilience and Well-being in Children and Young People Using CBT Approaches**

Laurie Seiler

2008 • 208pp • £19.99 • \$39.95 • pb:9781843106180 • ebook:9781846427657

Rights sold: German, Hebrew, Korean

**Engaging workbook to build resilience and self-esteem in children and young people**

**NEW****Minnie and Max are OK!**

A Story to Help Children Develop a Positive Body Image

Chris Calland and Nicky Hutchinson

Illustrated by Emmi Smid

From 3 years to 7 years • MAY 2017 • 40pp • £10.99  
\$17.95 • hb:9781785922336 • ebook:9781784505141  
World rights available

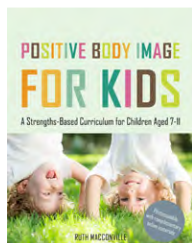
An illustrated storybook to help children aged 3-7 develop a positive body image

Minnie has had a bad day at school. Some children made fun of her looks, and she wishes she was more like them. Max, Minnie's dog, wishes he looked different too. And he doesn't understand why Grandma doesn't like his singing!

When Grandma sees that Minnie and Max aren't OK, she takes them to the park. There, they see lots of children and dogs - all with different shapes, sizes, colours and special traits. If they all looked the same, would it be better or worse? Body image is an increasingly important issue for young children. This beautifully illustrated, confidence-boosting book will help encourage children aged 3-7 to celebrate their strengths and embrace diversity. Included are questions that adults can ask to see how children relate to Minnie and Max's thoughts and feelings. Colourful, funny and uplifting, this book will help you make sure your child is OK with their body image!

"A great book to use with young children as a tool to explore and enhance their wellbeing."

Sonia Mainstone-Cotton, early years and nurture outreach consultant

**NEW****Positive Body Image for Kids**

A Strengths-Based Curriculum for Children Aged 7-11

Ruth MacConville

From 7 years to 11 years • JAN 2017 • 256pp • £22.99  
\$39.95 • pb:9781849055390 • ebook:9781784500474  
World rights available

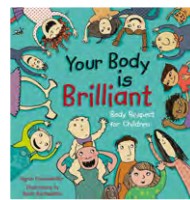
Easy to use curriculum to teach primary

school children about positive body image through fun and engaging activities

This 16-session curriculum aims to provide children with the information and understanding they need in order to maintain and celebrate a healthy and positive body image. Focusing on building individual strengths and self-esteem, the sessions develop children's sense of identity and the ability to recognise and celebrate each other's strengths and talents. The influence of the media, peer pressure and healthy lifestyles are also covered. This ready-to-use curriculum includes a training session for staff, information about how to deliver the programme, guidelines on creating a whole-school approach, a parent workshop and creative activities with photocopyable worksheets.

"A godsend for staff keen to boost young people's body confidence, self-esteem and resilience, but unsure where to start."

Dr Pooky Knightsmith, Child & Adolescent Mental Health Specialist,

**Your Body is Brilliant**

Body Respect for Children

Sigrun Danielsdottir

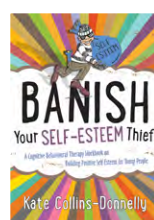
Illustrated by Bjork Bjarkdottir

From 4 years to 11 years • 2014 • 36pp • £10.99 • \$17.95  
hb:9781848192218 • ebook:9780857011794  
World English language only

This picture book teaches children how each

body is different and unique, and will inspire them to take good care of their bodies throughout their lives

The colourful illustrations in this picture book will help children learn to love their bodies from an early age and appreciate all the wonderful things their bodies do. The book promotes a healthy attitude which will help children understand that all bodies are different and encourage them to take good care of their bodies throughout their lives.

**READING WELL****Banish Your Self-Esteem Thief**

A Cognitive Behavioural

Therapy Workbook on Building Positive Self-Esteem for Young People

Kate Collins-Donnelly

10 to 18 years • 2014 • 240pp • £14.99 • \$24.95  
pb:9781849054621 • ebook:9780857008411  
Rights sold: Danish

A CBT workbook to help young people stay positive and feel great!

Build up your confidence and self-esteem by learning how to banish your Self-Esteem Thief with this fun and imaginative workbook. Full of tips and strategies based on cognitive behavioural and mindfulness principles, it helps you banish negative thoughts and build healthy self-esteem. Suitable for young people aged 10+.

**READING WELL****Banish Your Body Image Thief**

A Cognitive Behavioural

Therapy Workbook on Building Positive Body Image for Young People

Kate Collins-Donnelly

10 to 18 years • 2014 • 240pp • £14.99 • \$24.95  
pb:9781849054638 • ebook:9780857008428  
World rights available

A fun CBT approach to promote positive body image in young people

This imaginative workbook is full of activities and strategies to build a positive body image. Using cognitive behavioural techniques, it shows how to banish negative thoughts and feelings and build self-esteem, positive beliefs and a healthy body image. Suitable for young people aged 10+ to work through alone or with a parent or practitioner.

"As a wellbeing mentor, I have found this book to be extraordinarily helpful; it has been used with some of my clients and I have started to recommend it to parents. An invaluable book, all young people should read."

Wellbeing Mentor blog



### Being Me (and Loving It)

Stories and activities to help build self-esteem, confidence, positive body image and resilience in children

Naomi Richards and Julia Hague

From 5 years to 11 years • 2016 • 240pp • £16.99 • \$24.95  
pb: 9781849057134 • ebook: 9781784502362  
Rights sold: Spanish

A photocopiable collection of stories and activities to help children aged 5-11 learn to appreciate their unique brilliance



### Life Coaching for Kids

A Practical Manual to Coach Children and Young People to Success, Well-being and Fulfilment

Nikki Giant

2014 • 216pp • £17.99 • \$29.95  
pb: 9781849059824 • ebook: 9780857008848  
Rights sold: German

Coach kids to set goals and deal with the difficult bits of life!

Life coaching is a great way to help young people build self-esteem, set positive goals and deal with issues such as bullying, anxiety and poor body image. This practical guide to coaching young people aged 9-16 covers how it works, the benefits and how to do it. Includes fun activities with photocopiable worksheets to use in practice.



### What Children Need to Be Happy, Confident and Successful

Step by Step Positive Psychology to Help Children Flourish

Jeni Hooper

From 3 years • 2012 • 176pp • £16.99 • \$24.95  
pb: 9781849052399 • ebook: 9780857004833  
Rights sold: Chinese (simplified), Korean

A practical guide to helping 3 to 11 year-olds flourish and reach their full potential



### BESTSELLER

### Building Happiness, Resilience and Motivation in Adolescents

A Positive Psychology Curriculum for Well-Being

Ruth MacConville and Tina Rae

2012 • 256pp • £24.99 • \$39.95 • pb: 9781849052610 •  
ebook: 9780857005489 • World rights available



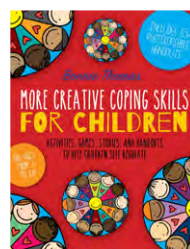
### Healthy Mindsets for Super Kids

A Resilience Programme for Children Aged 7-14

Stephanie Azri

From 7 to 14 years • 2013 • 176pp • £19.99 • \$32.95  
pb: 9781849053150 • ebook: 9780857006981  
Rights sold: French

10 sessions to boost positive thinking, healthy friendships and communication in groups of children ages 7-14



### NEW

### More Creative Coping Skills for Children

Activities, Games, Stories, and Handouts to Help Children Self-regulate

Bonnie Thomas

2016 • 256pp • £19.99 • \$29.95  
pb: 9781785920219 • ebook: 9781784502676  
World rights available

Fun, effective activities for use with children needing support with a range of emotional challenges

An incredible variety of arts activities, games, and interactive stories will suit any individual. With over 85 handouts concentrated on building self-esteem, overcoming anxiety, anger management, and more, use this book to promote life skills and deliver emotional support to children in need.

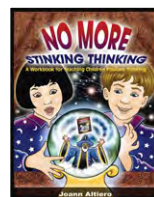


### Games and Activities for Exploring Feelings with Children

Giving Children the Confidence to Navigate Emotions and Friendships

Vanessa Rogers

2011 • 128pp • £16.99 • \$25.95  
pb: 9781849052221 • ebook: 9780857004598  
Rights sold: Chinese (simplified), Czech, Greek, Hebrew



### No More Stinking Thinking

A workbook for teaching positive thinking

Joann Altiero

2006 • 64pp • £11.99 • \$19.95  
pb: 9781843108399 • ebook: 9781846425790  
Rights sold: Arabic



### Make-Believe Play and Story-Based Drama in Early Childhood

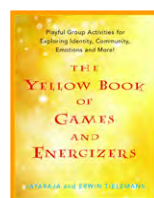
Let's Pretend!

Carol Woodard with Carri Milch

Illustrated by Sue Mair

2012 • 176pp • £17.99 • \$29.95 • pb: 9781849058995 • ebook: 9780857006394  
World rights available

Using drama to enable young children to think creatively, make decisions and many other key life skills

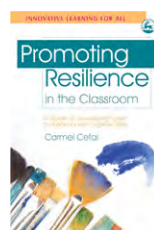


### The Yellow Book of Games and Energizers

Playful Group Activities for Exploring Identity, Community, Emotions and More!

Jayaraja and Erwin Tielemans

Illustrated by Philip Paquet  
2011 • 272pp • £20.99 • \$32.95  
pb: 9781849051927 • ebook: 9780857004321  
Rights sold: Greek



### Promoting Resilience in the Classroom

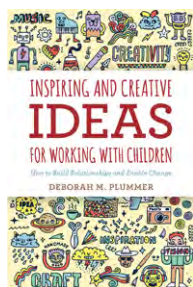
A Guide to Developing Pupils' Emotional and Cognitive Skills

Carmel Cefai

2008 • 176pp • £17.99 • \$29.95  
pb: 9781843105657 • ebook: 9781846427732  
Rights sold: Danish, Hebrew



**DEBORAH M. PLUMMER** has over 20 years' experience of facilitating groups and working individually with both children and adults. Formerly a clinical lead therapist working within the NHS, she also has extensive experience as a senior lecturer in aspects of health psychology and counselling. She runs workshops and short courses on the uses of imagery, games and story-telling in the promotion of well-being.

**NEW****Inspiring and Creative Ideas for Working with Children**

How to Build Relationships and Enable Change

Deborah M. Plummer

OCT 2016 • 120pp • £13.99 • \$22.95

pb: 9781849056519 • ebook: 9781784501464

World rights available

**Creative tips for engaging children and enabling positive change**

Packed full of creative ideas, it describes a host of different ways to help children build emotional resilience and cope with challenges they may face. Ideal for all children and young people, especially those struggling with issues such as low self-esteem, anxiety or stress, the techniques can be used by professionals in any setting.

"By taking completely natural and fun ways of engaging with children and backing them with evidence, structure and ideas for differentiation, Plummer has created an approach that will both enable and enthrall."

Dr Pooky Knightsmith, Child and Adolescent Mental Health and Emotional Wellbeing Specialist

**BESTSELLER****Self-Esteem Games for Children**

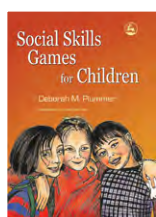
Deborah M. Plummer

Illustrated by Jane Serrurier

2006 • 144pp • £15.99 • \$29.95

pb: 9781843104247 • ebook: 9781846425745

Rights sold: Chinese (simplified), Czech, Dutch, German, Greek, Hebrew, Italian, Polish, Turkish

**Social Skills Games for Children**

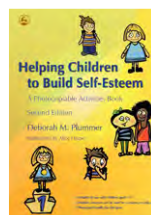
Deborah M. Plummer

Foreword by Jannet Wright

2008 • 176pp • £16.99 • \$29.95

pb: 9781843106173 • ebook: 9781846428364

Rights sold: Chinese (simplified), Croatian, Dutch, Polish

**BESTSELLER****Helping Children to Build Self-Esteem**

A Photocopiable Activities Book

Second Edition

Deborah M. Plummer

From 7 to 11 years • 2007 • 288pp • £19.99 • \$32.95

pb: 9781843104889 • ebook: 9781846426094

Rights sold: Croatian, German, Italian, Japanese,

**Fun and effective activities to build self-esteem in children**

This activities book will support teaching staff, therapists and carers in encouraging feelings of competence and self-worth in children and their families. It is primarily designed for use with individuals and groups of children aged 7-11, but the ideas can easily be adapted for older and younger children and children with learning difficulties.

**BESTSELLER****Helping Adolescents and Adults to Build Self-Esteem**

A Photocopiable Resource Book

Deborah M. Plummer

2014 • 280pp • £25.00 • \$39.95

pb: 9781849054256 • ebook: 9780857007940

Rights sold: Czech, German, Japanese

**Activities and advice to break the cycle of low self-esteem in adolescents and adults**

**Focusing and Calming Games for Children**

Mindfulness Strategies and Activities to Help Children to Relax, Concentrate and Take Control

Deborah M. Plummer

Illustrated by Jane Serrurier

2012 • 152pp • £15.99 • \$27.95

pb: 9781849051439 • ebook: 9780857003447 • Rights sold: Chinese (simplified)

**Games for groups and individuals to help children relax concentrate and achieve**

**Children at Their Best**

Understanding and Using the Five Elements to Develop Children's Full Potential for Parents, Teachers, and Therapists

Karin Kalbantner-Wernicke and Bettye Jo Wray-Fears

With Thomas Wernicke

2014 • 344pp • £18.99 • \$29.95

pb: 9781848191181 • ebook: 9780857010933 • World rights available except German

**Using the Five Elements to bring out the best in children**

**The KidsKope Peer Mentoring Programme**

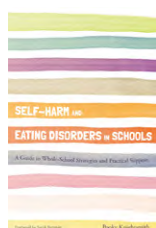
A Therapeutic Approach to Help Children and Young People Build Resilience and Deal with Conflict

Nina Wroe and Penny McFarlane

2014 • 192pp • £19.99 • \$32.95 • pb: 9781849055000 •

ebook: 9780857009036 • World rights available

**A great programme for peer mentoring, helping young people help each other**



## Self-Harm and Eating Disorders in Schools

A Guide to Whole-School Strategies and Practical Support

Pooky Knightsmith

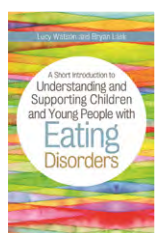
2015 • 224pp • £17.99 • \$29.95

pb: 9781849055840 • ebook: 9781784500313

World rights available

**Provide support at school for students who self-harm or suffer from eating disorders**

With long waiting lists for specialised support, schools have a more active role than ever in supporting young people with these issues. This guide provides information and guidance on how to help students from whole-school policies to day-to-day strategies.



## A Short Introduction to Understanding and Supporting Children with Eating Disorders

Lucy Watson and Bryan Lask

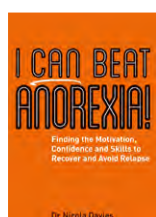
2016 • 112pp • £9.99 • \$17.95

pb: 9781849056274 • ebook: 9781784501020

World rights available

**A short and informative guide for teachers and parents on eating disorders**

The experienced authors explain the differences between eating disorders, what symptoms to look out for, with practical advice for teachers and parents on recognising problems and offering support to young people.



**NEW**

## I Can Beat Anorexia!

Finding the Motivation, Confidence and Skills to Recover and Avoid Relapse

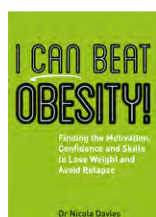
Dr Nicola Davies

MAY 2017 • 160pp • £13.99 • \$19.95

pb: 9781785921872 • ebook: 9781784504595

World rights available

**Self-help guide to gaining the motivation and skills to beat anorexia, through innovative health psychology approaches**



**NEW**

## I Can Beat Obesity!

Finding the Motivation, Confidence and Skills to Lose Weight and Avoid Relapse

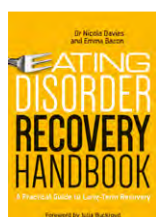
Dr Nicola Davies

FEB 2017 • 160pp • £13.99 • \$19.95

pb: 9781785921537 • ebook: 9781784504205

World rights available

**Self-help guide to overcoming obesity through innovative health psychology approaches**



**NEW**

## Eating Disorder Recovery Handbook

A Practical Guide to Long-Term Recovery

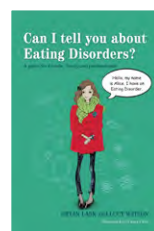
Dr Nicola Davies and Emma Bacon

2016 • 240pp • £16.99 • \$24.95

pb: 9781785921339 • ebook: 9781784503987

World rights available

**Handbook of effective advice and activities for recovery from disordered eating**



**READING WELL**

## Can I tell you about Eating Disorders?

A guide for friends, family and professionals

Bryan Lask and Lucy Watson

Illustrated by Fiona Field

2014 • 56pp • £8.99 • \$14.95

pb: 9781849054218 • ebook: 9780857007971

Rights sold: Danish, Japanese, Norwegian

**Alice tells us about eating disorders - different types and how they can be understood and supported**



## Pretend Friends

A story about schizophrenia and other illnesses that can cause hallucinations

Alice Hoyle

Illustrated by Lauren Reis

From 4 years • 2015 • 36pp • £8.99 • \$14.95

hb: 9781849056243 • ebook: 9781784501136

World rights available

**A story book about what life is like for adults who experience auditory or visual hallucinations**



**NEW**

## Something Different About Dad

How to Live with Your Amazing Asperger Parent

Kirsti Evans and John Swogger

Illustrated by John Swogger

From 7 years to 15 years • 2016 • 152pp • £12.99 • \$19.95

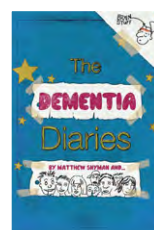
pb: 9781785920127 • ebook: 9781784502591

World rights available

**A warm, honest and informative comic about a dad with autism and a family's journey learning to accept, adapt to, and celebrate his differences**

Sophie and Daniel's Dad is different. Join them as they learn the reasons behind his difficulty with communication, flexible thinking, sensory and motor skills and anxiety, and find ways to make family life easier for everyone. This warm and honest comic is perfect for any family with a parent on the spectrum.

## BOOKS ON DEMENTIA



## The Dementia Diaries

A Novel in Cartoons

Matthew Snyman and

Social Innovation Lab Kent.

Foreword by Angela Rippon

From 7 years to 14 years • 2016 • 128pp • £9.99

\$16.95 • hb: 9781785920325 • ebook: 9781784502850

World rights available

**A heartfelt, hopeful and humorous look at dementia through the eyes of young people**

Brie, Fred, Sarah, and Sam tell you what it's really like to care for a relative who has dementia. Funny, moving and honest, their illustrated diary entries will completely alter your understanding of dementia. The book also contains practical tips and activities for young people who have a relative with the illness.

**NEW****Are You a Boy or Are You a Girl?**

Sarah Savage and Fox Fisher

Illustrated by Fox Fisher

From 3 years to 7 years • MAY 2017 • 32pp • £10.99 • \$16.95 • hb:9781785922671 • ebook:9781784505561  
World rights available

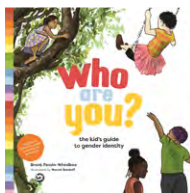
**An illustrated storybook to help children talk about gender and identity creatively**

Tiny loves costumes! Tiny likes to dress up as an animal, or a doctor, or a butterfly. Tiny also prefers not to tell other children whether they are a boy or a girl. Tiny's friends don't mind, but when Tiny starts a new school their new friends can't help asking one question: "Tiny, are you a boy or are you a girl?"

This brightly illustrated book will open a dialogue with children aged 3+ about gender diversity in a fun and creative way. Featuring a gender neutral protagonist, the book imparts an important message about identity and being who you want to be. Tiny's story will assist parents, family and teachers in giving children the space to express themselves fully, explore different identities and have fun at the same time.

"A lovely, sensitive, much-needed book that helps all children ask the big questions about identity and gender."

Juno Dawson, author of 'This Book is Gay'

**NEW****Who Are You?**

The Kid's Guide to Gender Identity

Brook Pessin-Whedbee

Illustrated by Naomi Bardoff

From 3 years to 8 years • DEC 2016 • 40pp • £12.99 • \$18.95 • hb:9781785927287 • ebook:9781784505806  
World rights available

**A straightforward introduction to gender for children (3+)**

What do you like? How do you feel? Who are you?

This brightly illustrated children's book provides a straightforward introduction to gender for anyone aged 3+. It presents clear and direct language for understanding and talking about how we experience gender: our bodies, our expression and our identity. An interactive three-layered wheel included in the book is a simple, yet powerful, tool to clearly demonstrate the difference between our body, how we express ourselves through our clothes and hobbies, and our gender identity. Ideal for use in the classroom or at home, a short page-by-page guide for adults at the back of the book further explains the key concepts and identifies useful discussion points. This is a one-of-a-kind resource for understanding and celebrating the gender diversity that surrounds us.

"A much-needed non-fiction children's book exploring gender. Who Are You? will benefit every child!"

Pamela Wool, Director of Family Services, Gender Spectrum

**NEW****Can I tell you about Gender Diversity?**

A guide for friends, family and professionals

CJ Atkinson

Illustrated by Olly Pike

From 11 years • DEC 2016 • 64pp • £8.99 • \$14.95  
pb:9781785921056 • ebook:9781784503673  
World rights available

**What is gender diversity? Kit explains all in this illustrated guide for children aged 11+**

Kit, a 12 year old who identifies as a boy, explains all about gender variance, the experience of medical transition and how his family, friends and school can support him. This illustrated introduction to gender diversity will be a helpful guide and discussion starter for children 11+, as well as for older readers.

"This guide will help you take the first steps to... create an environment that actively celebrates gender diversity! A definite go-to-guide for all schools."

Dr Elly Barnes MBE, CEO of Educate & Celebrate

**NEW****Counseling Transgender and Non-Binary Youth**

The Essential Guide

Irwin Krieger

AUG 2017 • 208pp • £18.99 • \$25.00  
pb:9781785927430 • ebook:9781784504823  
World rights available

**Essential introductory guide for clinicians and counselors who work with young transgender and non-binary clients**

An informed guide to supporting and working with transgender and non-binary youth. Topics of discussion include gender identity, sexuality, transitioning and mental health. Additional resources and suggested reading lists make this an essential reference for all professionals who counsel transgender youth.

**INDEPENDENT PUBLISHER BOOK AWARD****Trans Voices**

Becoming Who You Are

Declan Henry

Foreword by Stephen Whittle

Afterword by Jane Fae

JAN 2017 • 232pp • £12.99 • \$18.95  
pb:9781785922404 • ebook:9781784505202  
World rights available

**An empowering collection of personal experiences detailing the lived realities of trans people and why they decided to transition**

Personal, first-hand accounts from transgender and non-binary individuals and the diverse experiences and challenges they face before, during and after transition. This comprehensive introduction to trans issues details the social, physical and emotional struggles involved in becoming who you are.



**NEW****All You Need Is Love**

Celebrating Families of All Shapes and Sizes

Shanni Collins

From 3 years to 8 years • MAY 2017 • 40pp

£10.99 • \$16.95 • hb:9781785922510

ebook:9781784505349

World rights available

Engaging and illustrated rhyming book for children that celebrates the diversity of individuals and families

All families come in different shapes and sizes, but they are all special when they love and respect each other. These rhyming stories are a celebration of the diversity of families and encourage inclusion and acceptance in a child's relationships.

By promoting diversity and understanding in family life and elsewhere, these stories support a positive approach to life at a young age, which fosters strong mental health and well-being. Each page is dedicated to a different family, with stories exploring adoption, fostering, disability, race, gender, and illness. Filled with humour and delightfully illustrated, children will love reading these stories with friends, family and in school again and again.

**NEW****The Gender Agenda**

A Mum and Dad's First-hand Account of How Girls and Boys are Treated Differently

James Millar and Ros Ball

Foreword by Marianne Grabrucker

AUG 2017 • 176pp • £9.99 • \$17.95

pb:9781785923203 • ebook:9781784506339

World rights available

Insightful reflections from one family's

experience of raising children amidst gender stereotypes

Aiming to tackle gender stereotypes head-on, two parents tweeted about the differences they experienced in raising their son and their daughter. What began as an attempt to retain their sanity in a gender obsessed world became a life changing experiment about gender identity presented in this collection of their online writing.

"One daughter. One son. Two different worlds. This book is a fascinating insight in how gender inequality is embedded in our society from the earliest years of a child's life."

Jo Swinson, former Lib Dem Equalities Minister

**NEW****He's Always Been My Son**

A Mother's Story about Raising Her Transgender Son

Janna Barkin

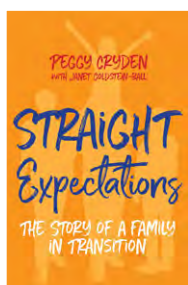
AUG 2017 • 208pp • £9.99 • \$15.95

pb:9781785927478 • ebook:9781784505257

World rights available

An uplifting and supportive memoir of one family's journey of raising a transgender son, from birth through to adulthood

This true story is both a captivating read and an invaluable support source for parents facing similar issues. A portrait of a family that includes tips on helping young transgender people navigate their transition, it will support, educate and inspire.

**NEW****Straight Expectations**

The Story of a Family in Transition

Peggy Cryden, LMFT

MAY 2017 • 184pp • £9.99 • \$17.95

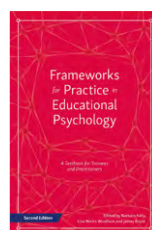
pb:9781785927485 • ebook:9781784505370

World rights available

A mother's memoir of raising a gay son and a gay, transgender son with insights and support for other parents

A memoir of a mother's experience of raising both a gay son and a gay, transgender son that acknowledges her own upbringing in an adopted family. Through the personal narrative of raising children from birth to adulthood, the author offers insights and further resources for other parents of LGBT children.

## FOR TRAINING EDUCATIONAL PSYCHOLOGISTS



### Frameworks for Practice in Educational Psychology, Second Edition

A Textbook for Trainees and Practitioners

Edited by Barbara Kelly, Lisa Marks

Woolfson and James Boyle

DEC 2016 • 360pp • £25.00 • \$40.00

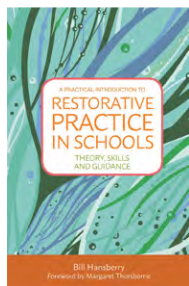
pb:9781785920073 • ebook:9781784502485

World rights available

Updated textbook detailing a comprehensive range of established and innovative approaches to educational psychology for professionals

Now in its second edition, this comprehensive textbook presents a rich overview of approaches to educational psychology, through an in-depth exploration of both existing and emerging practice frameworks.

Covering established techniques such as the Monsen et al. Problem-Solving Framework and the Constructionist Model of Informed and Reasoned Action, the book sets out new material on innovative methods and approaches such as Implementation Science and a Problem-Solving - Solution Focussed integrated model for service delivery. Accessible summaries are accompanied by perceptive assessments of how these frameworks meet modern needs for accountable, transparent and effective practice.

**NEW****A Practical Introduction to Restorative Practice in Schools**

Theory, Skills and Guidance

Bill Hansberry

Foreword by Margaret Thorsborne

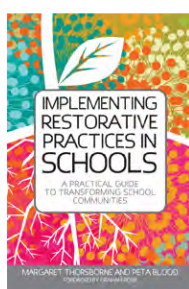
2016 • 312pp • £19.99 • \$32.95

pb: 9781849057073 • ebook: 9781784502324

World rights available

**A guide to developing safe and happy****learning communities using restorative practice**

A proven approach to conflict resolution in schools, this book shows how restorative justice can be successfully implemented in your school. Suitable for use in educational settings for children of all ages, it describes what restorative justice is and how it can be used to achieve school-wide benefits.

**BESTSELLER****Implementing Restorative Practices in Schools**

A Practical Guide to Transforming School Communities

Margaret Thorsborne and Peta Blood

Foreword by Graham Robb

2013 • 232pp • £25.00 • \$39.95

pb: 9781849053778 • ebook: 9780857007377

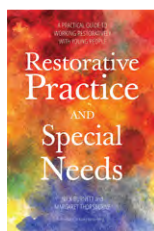
Rights sold: Korean

**Explains what has to happen in a school in****order for the approach to discipline to become truly restorative**

Explaining the value of restorative approaches in schools and its potential to transform behaviour, it also details how to achieve the cultural and organisational changes needed in order to ensure that restorative practice 'sticks', featuring sample pro formas and charts.

"I have no doubt that this book will become the core text for all those leading or supporting schools on their restorative journey."

Belinda Hopkins, Director, Transforming Conflict, National Centre for Restorative Approaches in Education, UK

**Restorative Practice and Special Needs**

A Practical Guide to Working Restoratively with Young People

Nick Burnett and Margaret Thorsborne

Foreword by Nancy Riestenberg

2015 • 208pp • £23.99 • \$39.95

pb: 9781849055437 • ebook: 9780857009685

World rights available

**The first book to describe how to adapt Restorative Practice for young people with special needs**

Restorative Practice (RP) is being used increasingly in different settings, but using RP with those who have Special Needs requires a different approach. This practical guide explains how RP can be adapted for those with additional needs and to see real improvement in behaviour and learning.

"This is an important book at an important point in the development of Restorative Practices."

Dr Gillean McCluskey, Moray House School of Education, University of Edinburgh

**What are you staring at?**

A Comic About Restorative Justice in Schools

Pete Wallis and Joseph Wilkins

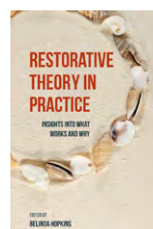
From 8 years to 13 years • 2016 • 36pp • £12.99 • \$19.95

hb: 9781785920165 • ebook: 9781784502607

Rights sold: Spanish

**A comic to introduce children aged 8-13 to the principles of restorative justice for conflict resolution**

Created for use in schools, this comic follows the story of Jake and Ryan's playground conflict and its eventual resolution through a restorative meeting with their teacher. Jake and Ryan's story teaches children aged 8-13 the principles and benefits of restorative justice. A resource section for teachers is also included.

**Restorative Theory in Practice**

Insights Into What Works and Why

Edited by Belinda Hopkins

2015 • 248pp • £24.99 • \$39.95

pb: 9781849054683 • ebook: 9780857008473

World rights available

**An overview of the theories that underpin restorative practice**

Contributors explain the diverse range of theories which underpin restorative practice. With examples of conventional and innovative applications across a range of settings, they demonstrate how the theories translate into effective practice.

**Just Schools**

A Whole School Approach to Restorative Justice

Belinda Hopkins

2003 • 208pp • £24.99 • \$42.95

pb: 9781843101321 • ebook: 9781846424328

Rights sold: Croatian

In this practical handbook Hopkins presents a whole school approach to repairing harm using a variety of means including peer mediation, healing circles and conference circles. She provides clear, practical guidance for group sessions and examines issues and ideas relating to practical skill development for facilitators.

**NEW****Forgiveness is Really Strange**

Marina Cantacuzino and Masi Noor

Art by Sophie Standing.

SEP 2017 • 64pp • £9.99 • \$14.95

hb: 9781785921247 • ebook: 9780857012791

World rights available

**Science-based comic exploring the psychology of the human capacity to forgive**

This imaginative comic explores the key aspects of forgiveness, asking what it means to forgive and to be forgiven. Witty and intelligent, it answers questions about the health benefits and restorative potential of forgiveness.

**NEW****Be Bully Free**

A Hands-On Guide to How You Can Take Control

Michael Panckridge and Catherine Thornton

From 11 years • APR 2017 • 176pp • £12.99 • \$17.95

pb: 9781785922824 • ebook: 9781784505837

World rights available

Hands-on guide, written in a young adult fiction style, to support and empower children aged 11+ in bullying situations

With bullying affecting approximately one in five children, and an increase in bullying on social media, it remains a frighteningly common issue for children growing up today. Written in a young adult fiction style, *Be Bully Free* gives the recipient of bullying direct and practical advice to help empower them and take back control of their situation.

The advice is grounded in real world, everyday bullying scenarios and additional information is provided to help children in a range of well-being areas such as nutrition, exercise, sleep, anxiety and more, making the book a highly valuable resource for any child 11+ who is experiencing or has experienced bullying. Sections for families and schools are also included.

"This is a fantastic resource that clearly and calmly helps people to think about ways to handle bullying. Highly recommended."

Andrew Fuller, Internationally renowned clinical psychologist and member of the National Coalition Against Bullying

**How to Create Kind Schools**

12 extraordinary projects making schools happier and helping every child fit in

Jenny Hulme

2015 • 160pp • £15.99 • \$29.95

pb: 9781849055918 • ebook: 9781784501570

World rights available

12 extraordinary projects helping every child to fit in

Celebrating the 30th Anniversary of Kidscape, a national charity that works to prevent bullying and promote inclusion, this book tells the story of 12 innovative projects that schools across the UK are running which help to promote inclusion, tolerance and kindness and tackle issues such as homophobia, racism and truancy.

**That's So Gay!**

Challenging Homophobic Bullying

Jonathan Charlesworth

2015 • 184pp • £17.99 • \$29.95

pb: 9781849054614 • ebook: 9780857008374

World rights available

Teachers guide to eradicating homophobic bullying from your school

What is homophobic bullying and what do you do about it? Are you eager to challenge homophobic name-calling in your school? This is a practical guide to dealing with homophobic bullying in all its guises, working with those who bully and supporting those who are bullied. A matter-of-fact resource to help create safer, more inclusive environments.

**AWARD FOR BOOK DESIGN****Take It as a Compliment**

Maria Stoian

2015 • 100pp • £15.99 • \$24.95

hb: 9781849056977 • ebook: 9780857012425

Rights sold: Korean, Spanish

A collective graphic memoir telling real life stories of sexual abuse, violence and harassment and a call to action for change

After interviewing and receiving anonymous messages from women and men across the globe who have experienced sexual abuse and harassment, Maria Stoian has illustrated their experiences in this powerful collective graphic memoir to express the complex emotions felt by victims of sexual abuse and explore what needs to change.

"These twenty true stories of sexual harassment, abuse, and assault illustrated in comics form by Stoian are haunting, infuriating, and, while sadly all-too-familiar, powerful testaments of survival."

Publishers Weekly

**Bully Blocking**

Six Secrets to Help Children Deal with Teasing and Bullying

Evelyn M. Field

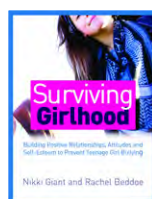
2007 • 256pp • £14.99 • \$23.95 • pb: 9781843105541 •

ebook: 9781846426322

World English language only

Six-step model to help children bounce back from the effects of bullying

This book is based on Field's 'Secrets of relating', a 6 step model that has proved successful in her work with young people. It provides activities with an emphasis on fun, helping children to understand their feelings and develop effective methods of counteracting bullying situations, including improving self-esteem and building support networks.

**Surviving Girlhood**

Building Positive Relationships, Attitudes and Self-Esteem to Prevent Teenage Girl Bullying

Nikki Giant and Rachel Beddoe

2012 • 208pp • £19.99 • \$29.95

pb: 9781849059251 • ebook: 9780857007049

World rights available

Understanding and addressing teenage girl bullying and promoting strong, positive friendships

**Friendship and Other Weapons**

Group Activities to Help Young Girls Aged 5-11 to Cope with Bullying

Signe Whitson

2011 • 176pp • £20.99 • \$29.95

pb: 9781849058759 • ebook: 9780857005403

Rights sold: German

Recognising and tackling bullying within female friendship groups





### Making Your Secondary School E-safe

Whole School Cyberbullying and E-safety Strategies for Meeting Ofsted Requirements

**Adrienne Katz**

From 11 years to 16 years • 2016 • 320pp • £22.99 • \$37.95 •  
pb:9781849055413 • ebook:9780857009654  
World rights available

**How to tackle e-safety and cyberbullying in your secondary school**

Cyberbullying, sexting, grooming and other online risks are a daily reality for teenagers so there is an increasing need to effectively teach e-safety in secondary schools. This practical teaching resource for school staff outlines policy and practice and provides ready-to-use activities to help schools meet Ofsted requirements for e-safety.

"Bursting with useful resources and clear explanations, it is a must have."

Heather Jeavons, DGfL Senior Education Development Manager, Dudley Grid for Learning, Saltwells EDC, UK



### Making Your Primary School E-safe

Whole School Cyberbullying and E-safety Strategies for Meeting Ofsted Requirements

**Adrienne Katz**

From 4 years to 11 years • 2015 • 232pp • £19.99 • \$29.95 •  
pb:9781849055420 • ebook:9780857009661  
Rights sold: Turkish

**How to tackle e-safety and cyberbullying in your primary school**



### E-Safety for the i-Generation

Combating the Misuse and Abuse of Technology in Schools

**Nikki Giant**

2013 • 144pp • £15.99 • \$25.00  
pb:9781849059442 • ebook:9780857007742  
Rights sold: Japanese, Spanish

**Information and resources for educating students about e-safety, and getting parents and carers on-board**



### Cyberbullying and E-safety

What Educators and Other Professionals Need to Know

**Adrienne Katz**

2012 • 256pp • £18.99 • \$29.95  
pb:9781849052764 • ebook:9780857005755  
World rights available

**Insights and information into the online world for cyberbullying for professionals working with young people**



### Cyberbullying

Activities to Help Children and Teens to Stay Safe in a Texting, Twittering, Social Networking World

**Vanessa Rogers**

2010 • 128pp • £9.99 • \$16.95 • pb:9781849051057 • ebook:9780857002280  
Rights sold: Czech, Polish

**Advice, games and activities to teach young people how to stay safe online**



### Laying the Foundations

Second Edition

A practical guide to sex and relationships education in primary schools

**Anna Martinez, Vannesa Cooper, Jane Lees**  
2012 • 0pp • £23.99 • \$39.95  
wiro:9781907969515 • ebook:9781907969980  
World rights available

**Good practice, guidance and lesson plans for implementing sex and relationships education in primary schools**



### Assessment, Evaluation and Sex and Relationships Education

A practical toolkit for education, health and community settings

**Simon Blake and Stella Muttonock, revised by Sam Beal and Lisa Handy**  
2012 • 111pp • £22.99 • \$37.95  
pb:9781907969508 • ebook:9781907969706  
World rights available

**How assessment and evaluation can be used in sex and relationship education, includes activities to evaluate and review teaching approaches**

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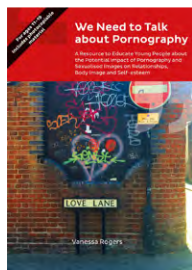
We welcome ideas for new books in all areas we publish

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[www.singingdragon.com/write-for-us](http://www.singingdragon.com/write-for-us)

Please email your submission to:  
[hello@singingdragon.com](mailto:hello@singingdragon.com)

Your proposal will be carefully read by our editorial team, and normally peer reviewed. This can take some time, and it may be several weeks before we are able to let you know whether we are interested in taking the proposal forward.



**NEW**

## We Need to Talk about Pornography

A Resource to Educate Young People about the Potential Impact of Pornography and Sexualised Images on Relationships, Body Image and Self-Esteem

**Vanessa Rogers**

From 11 years to 19 years • 2016 • 256pp • £22.99 •

\$39.95 • pb:9781849056205 • ebook:9781784500917 • World rights available

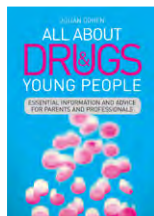
**A practical teaching resource to help open discussion about pornography**

Exploring topics ranging from sexting, revenge porn and the law to relationship boundaries and sexual stereotypes, this practical teaching resource facilitates discussion on the difficult issues surrounding pornography with young people.

At a time when pornography is more accessible than ever and many young people are inadvisably turning to pornography to learn about sex and relationships, this book explores what pornography is, how sex is portrayed in the media versus the reality, how pornography can affect sexual relationships, self-esteem and body image, and provides details of where young people can seek advice and support if they are worried. It includes full lesson plans, activities, photocopyable materials and clear information on how to implement the programme, including outlines for staff CPD sessions and parent workshops.

"This book is well-informed, responsible, challenging and full of helpful ideas for teachers and youth workers to use."

Nick Luxmoore, Author of Horny and Hormonal Young People, Sex and the Anxieties of Sexuality



## All About Drugs and Young People

Essential Information and Advice for Parents and Professionals

**Julian Cohen**

2014 • 304pp • £16.99 • \$26.95

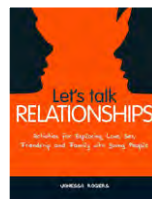
pb:9781849054270 • ebook:9780857007902

World rights available

**All the information needed to understand drugs,**

**including the appeal and the dangers, and how to keep young people safe**

From the effects of drugs and drug laws to how best to support young people, this book is packed with information and guidance to help you understand drugs and how and why young people use them. As well as practical advice and up-to-date information, the book has a drugs glossary which includes the newest drugs such as legal highs.



## Let's Talk Relationships

Activities for Exploring Love, Sex, Friendship and Family with Young People

**Vanessa Rogers**

2010 • 160pp • £17.99 • \$29.95

pb:9781849051361 • ebook:9780857003409

Rights sold: German



## Working with Young Men

Activities for Exploring Personal, Social and Emotional Issues  
Second Edition

**Vanessa Rogers**

2010 • 176pp • £17.99 • \$29.95

pb:9781849051019 • ebook:9780857002822

World rights available



## Working with Young Women

Activities for Exploring Personal, Social and Emotional Issues  
Second Edition

**Vanessa Rogers**

From 13 years to 19 years • 2010 • 176pp • £17.99 •

\$29.95 • pb:9781849050951 • ebook:9780857003720

World rights available



## A Little Book of Drugs

Activities to Explore Drug Issues with Young People

**Vanessa Rogers**

2012 • 160pp • £11.99 • \$19.95 •

pb:9781849053044 ebook:9780857006295 • World rights available



## A Little Book of Alcohol

Activities to Explore Alcohol Issues with Young People

**Vanessa Rogers**

2012 • 144pp • £11.99 • \$19.95 •

pb:9781849053037 ebook:9780857006288 • World rights available

**Workbook exploring issues around alcohol and its uses and misuses**



## A Little Book of Tobacco

Activities to Explore Smoking Issues with Young People

**Vanessa Rogers**

2012 • 176pp • £11.99 • \$19.95

pb:9781849053051 • ebook:9780857006301 • World rights available

**Workbook to engage students in questioning the issues around smoking**



## Little Books on Alcohol, Drugs and Tobacco Set

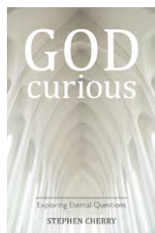
**Vanessa Rogers**

2012 • 384pp • £30.00 • \$54.00

set:9781849053136 • ebook:

World rights available

**Workbook set to encourage discussion and smart thinking around alcohol, drugs and tobacco**

INTERESTED IN STUDYING THEOLOGY AT  
UNIVERSITY?**God-Curious**

Exploring Eternal Questions

**Stephen Cherry**

FEB 2017 • 128pp • £8.99 • \$13.95

pb:9781785921995 • ebook:9781784504731

World rights available

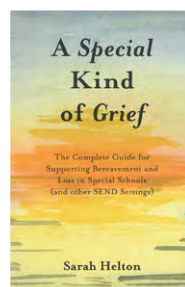
**Why study theology? Stephen Cherry explores what engaging with theology has to offer curious minds**

In a world where religion refuses to expire, two responses predominate. The first, to retrench within the certainties of one's native or adopted faith, questioning nothing; the second, to sneer and snarl from the secular side-lines. Here, Stephen Cherry offers a third alternative for religious believer, agnostic, and atheist alike - to engage with the study of theology.

Confessing himself to be a reluctant theologian, Cherry puts forward three positive reasons why more people should take theology seriously - because it's fascinating, fun and important. He suggests that genuine theology is the antidote to fundamentalism, contrasts the theological approaches of Jesus of Nazareth and Richard Dawkins, introduces some of the biggest puzzles unravelled by theology, and reviews the history of the subject in fewer than 20 tweets.

"The rumour of God that circles the book, implying that reality might be worthy of trust, is compelling and unignorable. I hope this work will entice a new generation of theologians fit for purpose, imaginative in language, engagement and prayer."

Canon Mark Oakley, Chancellor of St Paul's Cathedral

**NEW****A Special Kind of Grief**

The Complete Guide for Supporting Bereavement and Loss in Special Schools (and Other SEND Settings)

**Sarah Helton**

JUN 2017 • 144pp • £16.99 • \$24.95

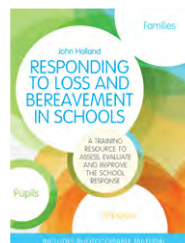
pb:9781785922732 • ebook:9781784505660

World rights available

**A resource book that includes everything needed to manage bereavement and loss sensitively and effectively with individuals with special educational needs and disabilities**

Children with SEND (special educational needs and disabilities), especially those in special schools, often experience grief at a much younger age than others, as some of their peers are more likely to have life-limiting medical conditions. Yet many adults do not know the best way to support a grieving child with SEND. This book provides all the resources that educational professionals need to ensure their community is fully prepared to acknowledge and support pupil bereavement and loss.

Issues covered include bereavement and loss policies and procedures, an appropriate curriculum (including the issues of life, death and loss), how to inform the school community of the death, how to support pupils and staff with the loss, common signs of grieving and how grief affects children at different ages and developmental stages, plus activities and resources to support pupils with their grief. There is also an extensive appendix with template documents for schools to use such as draft letters, policies, procedures, curriculum and lesson ideas.

**NEW****Responding to Loss and Bereavement in Schools**

A Training Resource to Assess, Evaluate and Improve the School Response

**John Holland**

2016 • 152pp • £22.99 • \$37.95

pb:9781849056922 • ebook:9781784502294

World rights available

**A complete resource with photocopiable assessment and training materials to help schools provide the best possible loss and bereavement support for staff and pupils**

A complete resource to provide the best possible response to pupil and staff bereavement and loss in schools. Includes guidance on communication and the importance of considered whole-school support, audit and assessment tools, as well as a full set of photocopiable exercises for in-school training.



**NEW****Helping Children and Adolescents Think about Death, Dying and Bereavement**

Marian Carter

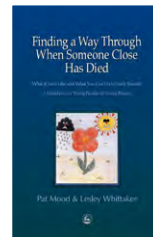
2016 • 224pp • £16.99 • \$27.95

pb:9781785920110 • ebook:9781784502553

World rights available

A comprehensive resource exploring how adults working with children and adolescents can help them to understand and engage with death

Coming to terms with death, be it the death of a family member, friend, or pet, and engaging with our own mortality is a complex task, especially for children and adolescents. The book explores how young people comprehend death and cope with bereavement. It also offers guidance and resources for adults who are helping children to understand death.

**Finding a Way Through When Someone Close has Died**

What it Feels Like and What You Can Do to Help Yourself: A Workbook by Young People for Young People

Pat Mood and Lesley Whittaker

2001 • 80pp • £9.99 • \$16.95

pb:9781853029202 • ebook:9780857001733

Rights sold: Arabic

**Young People, Death and the Unfairness of Everything**

Nick Luxmoore

2012 • 160pp • £13.99 • \$21.95

pb:9781849053204 • ebook:9780857006622

World rights available

How to ask young people the difficult question, "Do you think much about death?", and to support them as they begin their answer

**Grief in Children**

A Handbook for Adults Second Edition

Atle Dyregrov

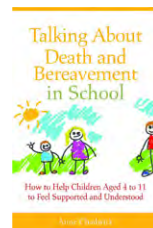
Foreword by Bill Yule

2008 • 208pp • £14.99 • \$24.95

pb:9781843106128 • ebook:9781846427817

Rights sold: Russian

This fully-updated second edition of Grief in Children provides an overview of children's understanding of death at different ages and outlines how the adults around them can best help them cope. The author provides guidance on handling loss and bereavement at school and discusses the value of bereavement groups and support for child and caregiver.

**Talking About Death and Bereavement in School**

How to Help Children Aged 4 to 11 to Feel Supported and Understood

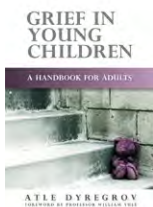
Ann Chadwick

2011 • 80pp • £12.99 • \$22.95

pb:9781849052467 • ebook:9780857005274

World rights available

How to support grieving children in schools, simple but important advice

**Grief in Young Children**

A Handbook for Adults

Atle Dyregrov

Foreword by Bill Yule

2008 • 96pp • £9.99 • \$19.95

pb:9781843106500 • ebook:9781846427794

World rights available except Norwegian

**Communicating with Children When a Parent is at the End of Life**

Rachel Fearnley

• 2012 • 192pp • £21.99 • \$32.95

pb:9781849052344 • ebook:9780857004758

World rights available

An accessible book demonstrating how to support children when a parent is at the end of life

**Seeds of Hope Bereavement and Loss Activity Book**

Helping Children and Young People Cope with Change Through Nature

Caroline Jay

Illustrated by Unity-Joy Dale

From 5 years • 2014 • 84pp • £14.99 • \$22.95

pb:9781849055468 • ebook:9780857009708

World rights available

A creative and practical workbook which uses nature to help children understand death, loss and change in a gentle and honest way, and looks at how to cope with and express feelings of sadness and grief

This activity book uses nature as a gentle way of helping children aged 5+ understand change, loss and death. Through creative activities such as making a paper memory tree, writing and drawing about feelings, and looking closely at nature, children learn about natural changes and how to cope with and express feelings of grief.

**NEW****A New Day**

A Story About Losing Someone You Love

Fiona McDonald

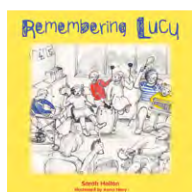
3 to 7 years • JUL 2017 • 32pp • £9.99 • \$15.95

hb:9781785923081 • ebook:9781784506179

World rights available

An illustrated storybook to help children and young adults with profound and multiple learning disabilities process loss and bereavement

Grey Mouse has died, leaving Brown Mouse too sad to get out of bed. The other mice try to help, but Brown Mouse needs time and space to heal and remember Grey Mouse. This illustrated book gently tackles the concept of bereavement for children and young adults with PMLD, and simple elegant artwork helps provide a safe way to process loss.

**NEW****Remembering Lucy**

Sarah Helton

From 3 years • AUG 2017 • 32pp • £10.99 • \$19.95

pb:9781785923074 • ebook:9781784506148

World rights available

An illustrated story book about bereavement

and grief for children aged 3+ attending SEND schools

Joe and his friends miss Lucy very much.

When she died and they learned they wouldn't see Lucy again they were all very sad.

But Joe has a plan: he can remember the happy times he shared with Lucy!

He thinks about all the wonderful things Lucy did. How messy she was when she was painting, and the time she giggled through the school play when her crown kept slipping off. Now Joe knows that remembering Lucy means he doesn't have to feel so sad!

Children with SEND (special educational needs and disabilities) often experience grief at a much younger age than other children. This touching short story will help children with SEND aged 3+ understand feelings caused by death and loss, and the beautiful hand drawn illustrations help convey the complex experience of bereavement in a simple and clear way. This book is an ideal aid for teachers and support staff at SEND schools and colleges.

**NEW****I Have a Question about Death**

A Book for Children with Autism Spectrum Disorder or Other Special Needs

Arlen Grad Gaines and

Meredith Englander Polsky

From 5 years to 11 years • MAR 2017 • 40pp • £9.99 • \$14.95 • hb:9781785927508 • ebook:9781784505455 • World rights available

An illustrated guide to explain what it means when someone dies to children with ASD aged 5-11

"What does it mean when someone dies?" "Why did someone I love have to die?" This book asks questions like these that a child might have about death before offering answers. It uses straightforward text and clear illustrations to explain what death means specifically to children with ASD and other Special Needs aged 5-11.

**NEW****Big Tree is Sick**

A Story to Help Children Cope with the Serious Illness of a Loved One

Nathalie Slosse

Illustrated by Rocio Del Moral

From 3 years to 7 years • JAN 2017 • 40pp • £11.99 •

\$18.95 • hb:9781785922268 • ebook:9781784505097

World English language only

An endearing illustrated storybook which helps children to understand serious illness

Snibbles and Big Tree are best friends! They have always hung out together, and Snibbles loves Big Tree very much. When Big Tree unexpectedly falls ill with woodworm, Snibbles is very upset and angry. The illness is a very bad one and Big Tree does not feel well and doesn't want to play for a long time. Poor Snibbles! He wants Big Tree to get better, but he feels as if there is nothing he can do. What can Snibbles and his friends do to help Big Tree through his treatment and recovery?

This beautifully illustrated storybook describes the anger and emotion that many children encounter when a close relative or friend is diagnosed with a long-term illness, such as cancer. The story of Big Tree depicts how things are often out of your control and sets out effective strategies for dealing with these emotions. This story features loveable characters and vivid illustrations, as well as activities for children aged 5+ to complete with their parents or professionals in times of illness and loss.

**NEW****Rafi's Red Racing Car**

Explaining Suicide and Grief to Young Children

Louise Moir

From 3 years to 8 years • DEC 2016 • 40pp • £10.99 •

\$17.95 • hb:9781785922008 • ebook:9781784504762

World rights available

Beautifully illustrated story helping children aged 3-8 to understand suicide and grief

This beautiful, sensitively composed storybook is a valuable resource for both children affected by a family member's suicide and their carers. Through a creative, heart-warming tale about a young grieving rabbit named Rafi, it gently explains the truth about death and suicide while communicating that everything will eventually be okay again.

"Through Rafi the rabbit's profoundly honest story and excellent illustrations, the extraordinary difficulties that a bereaved child has to face are conveyed in a wise, empathic and child friendly manner."

Dr Shelley Gilbert MBE, CEO of Grief Encounter



### We Get It

Voices of Grieving College Students and Young Adults

Heather L. Servaty-Seib and David C. Fajgenbaum

2015 • 208pp • £14.99 • \$24.95  
pb: 9781849057523 • ebook: 9780857009777  
World rights available

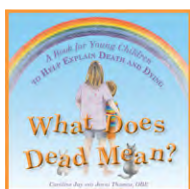
**Narratives by grieving college students and**

**young adults for grieving college students and young adults**

Grieving college students can often feel isolated and vulnerable, and may feel that no one else 'gets' what they are going through. With narratives from students who have lost a loved one and commentary from the authors, this book aims to provide guidance and support for bereaved students, as well as providing tips for those who seek to help them.

"Whether you're a counselor, parent, or grieving college student, the 33 stories shared here... offer wisdom and hope."

Donna L. Schuurman, EdD, FT, Chief Executive Officer,  
The Dougy Center for Grieving Children & Families



### BESTSELLER

#### What Does Dead Mean?

A Book for Young Children to Help Explain Death and Dying

Caroline Jay and Jenni Thomas  
Illustrated by Unity-Joy Dale

From 4 years • 2012 • 32pp • £9.99 • \$15.95  
hb: 9781849053556 • ebook: 9780857007056

**Big questions about death thoughtfully answered and illustrated**

Death is a big concept, and can be confusing and distressing to explain to young children. This simple guide presents 17 'big' questions children might ask about death, and answers each clearly, simply and truthfully. Each question is accompanied by an illustration and a prompt to encourage children to explore their feelings.



### A Sky of Diamonds

A story for children about loss, grief and hope

Camille Gibbs

From 5 years to 9 years • 2015 • 48pp • £11.99 • \$19.95  
hb: 9781849056229 • ebook: 9781784500931  
World rights available

**A storybook with in-built strategies to help children cope with the death of a loved one**



### Talking to My Gran About Dying

My School Project

Gina Leveté

From 8 years to 11 years • 2014 • 64pp • £8.99 • \$14.95  
pb: 9781898576174 • World English language only

**A surprisingly fun book around the difficult subject of death**



### NEW

#### What Happened to Daddy's Body?

Explaining what happens after death in words very young children can understand

Elke Barber and Alex Barber

Illustrated by Anna Jarvis

From 3 years • 2016 • 40pp • £10.99 • \$18.95  
hb: 9781785921070 • ebook: 9781784503703  
World rights available

**Learn what happens to the body after death as Alex shares the story of what happened to his daddy's body**

This picture book aims to help children aged 3+ to understand what happens to the body after death. It covers cremation, burial and spreading ashes by answering the real-life questions that Alex, a three year old boy, asked his mum after the death of his father.



### NEW

#### Is Daddy Coming Back in a Minute?

Explaining (sudden) death in words very young children can understand

Elke Barber and Alex Barber

Illustrated by Anna Jarvis

From 3 years • 2016 • 40pp • £10.99 • \$18.95  
hb: 9781785921063 • ebook: 9781784503710  
World rights available

**A true story about Alex, the death of his daddy, and how his mum helped him to understand what dead means**

Alex is only three when his father suddenly suffers a massive heart attack. All on his own, he manages to get help, but his beloved Daddy dies at the scene. Completely honest and written in Alex's own words, this book tells the story of how his mum helps him understand what happened.



### Luna's Red Hat

An Illustrated Storybook to Help Children Cope with Loss and Suicide

Emmi Smid

From 6 years to 9 years • 2015 • 34pp • £11.99 • \$19.95  
hb: 9781849056298 • ebook: 9781784501112  
Rights sold: Dutch

**A heart-breaking but ultimately uplifting storybook to help children aged 6+ come to terms with loss by suicide**

Charmingly-illustrated, this storybook follows a girl called Luna, whose mother died a year ago. It is designed to be read with children aged 6+ who have been bereaved by suicide to help them cope with their difficult feelings. The book also includes a guide for parents and professionals by grief expert, Dr Riet Fiddelaers-Jaspers.

"I cannot praise this book highly enough, and would fully recommend it as a resource for professionals, parents and children to find explanations and coping mechanisms after the devastating loss caused by suicide."

Jane Morgan

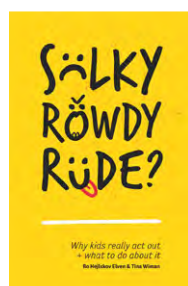


**NEW****Disruptive, Stubborn, Out of Control?**

Why kids get confrontational in the classroom, and what to do about it  
Bo Hejlskov Elven

JAN 2017 • 160pp • £12.99 • \$19.95  
pb: 9781785922121 • ebook: 9781784504908  
World rights available

One of the biggest challenges in the classroom is trying to teach when students act in unexpected and annoying ways. Based on the psychology of how children and people act, this book offers practical strategies for understanding why your students are behaving in the way they are, and how to react in a way that restores peace and harmony in the classroom. With many examples of typical confrontational behaviours and clues for how to understand and resolve the underlying issues, this book will be every stressed teacher's best friend.

**NEW****Sulky, Rowdy, Rude?**

Why kids really act out and what to do about it

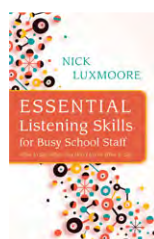
Bo Hejlskov Elven and Tina Wiman  
JAN 2017 • 192pp • £9.99 • \$15.95  
pb: 9781785922138 • ebook: 9781784504922  
World English language only

**A parent's guide to addressing their children's horrible behavioural issues**

Children will naturally exhibit a range of negative and positive behaviour, which can often be very challenging for parents. With a basis in child psychology, the authors provide strategies for managing emotions and facilitating positive relationships and healthy behaviours in the family.

"Clear narrative and powerful vignettes combine to illustrate a range of gentle strategies to prevent or deal with conflict and confrontation that will appeal to parents and teachers alike."

Richard Mills, Research Autism and University of Bath

**Essential Listening Skills for Busy School Staff**

What to Say When You Don't Know What to Say

Nick Luxmoore  
2014 • 96pp • £10.99 • \$19.95  
pb: 9781849055659 • ebook: 9781784500009  
Rights sold: Dutch

**Practical and realistic advice on what to say**

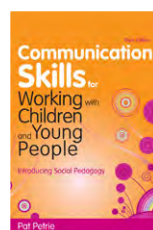
**when you don't know what to say**

This accessible guide helps school staff members with the difficult issue of how to effectively listen and respond to pupils and staff in need of support. It covers questions such as 'what if I don't know what to say?', 'what if I don't have time?' and 'what about confidentiality?', as well as helping with issues such as bullying and self-harm.

**NEW****Inclusion, Play and Empathy**  
Neuroaffective Development in Children's Groups

Edited by Susan Hart  
Foreword by Phyllis Booth  
2016 • 352pp • £22.99 • \$39.95  
pb: 9781785920066 • ebook: 9781784502430  
World rights available

**Use play and interactions within children's groups to encourage the development of their social and emotional skills, including the capacity for compassion and empathy**  
Early interactions play a crucial role in the development of children's emotional, personal and social skills, and set the precedent for establishing a secure attachment relationship as they mature.

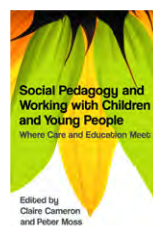
**BESTSELLER****Communication Skills for Working with Children and Young People**

Introducing Social Pedagogy

Pat Petrie  
2011 • 176pp • £15.99 • \$24.95  
pb: 9781849051378 • ebook: 9780857003317  
Rights sold: Polish

**Drawing on the innovative ideas found in social pedagogy, this accessible guide explains how to practice according to social pedagogic principles**

This practical guide identifies the child and their relationship with the adult as the basis upon which real communication can be made.

**BESTSELLER****Social Pedagogy and Working with Children and Young People**

Where Care and Education Meet

Edited by Claire Cameron and Peter Moss  
2011 • 224pp • £25.99 • \$42.95  
pb: 9781849051194 • ebook: 9780857002327  
Rights sold: Serbian

**A comprehensive overview of the theory, principles and practice of social pedagogy and the profession of social pedagogue**

**The Busker's Guide to Participation, Second Edition**

Philip Waters  
Illustrated by Chris Bennett  
2016 • 72pp • £8.99 • \$15.95  
pb: 9781785920233 • ebook: 9781784502690  
World rights available

**A friendly introduction to the importance of participation in children's settings and ways of achieving effective participation**

**The Busker's Guide to Risk, Second Edition**

Shelly Newstead  
Illustrated by Chris Bennett  
2015 • 72pp • £8.99 • \$15.95  
pb: 9781849056823 • ebook: 9781784501914  
World rights available

**A bite-size introduction to understanding risk and play-friendly risk assessments**

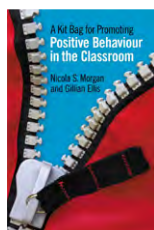


## Educating Children and Young People in Care

Learning Placements and Caring Schools  
Claire Cameron, Graham Connelly and Sonia Jackson

2015 • 256pp • £25.00 • \$45.00  
pb: 9781849053655 • ebook: 9780857007193  
World rights available

**Evidence-informed, practical guide to improving the educational attainment of children in care**  
Bringing together research and practice on the theme of the educational well-being of children in care, this book aims to help professionals to improve these children's potential for educational attainment.



## A Kit Bag for Promoting Positive Behaviour in the Classroom

Nicola S. Morgan and Gillian Ellis  
2011 • 176pp • £16.99 • \$27.95

pb: 9781849052139 • ebook: 9780857004666  
World rights available

**Get children engaged with learning, with these quick fixes for the classroom**



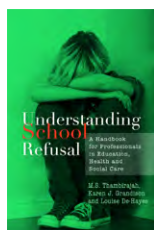
## NEW Learning Through Child Observation, Third Edition

Mary Fawcett and Debbie Watson

2016 • 224pp • £14.99 • \$24.95  
pb: 9781849056472 • ebook: 9781784501419  
World rights available

**How to carry out and improve child observation for professionals in children's services**

This fully updated text examines the value of observation, its use in assessment and the practical aspects of observational study. The authors focus on the importance of recognising the child's developmental and emotional state when intervening, and the need to see children 'holistically' as unique individuals within their family and community.



## Understanding School Refusal

A Handbook for Professionals in Education, Health and Social Care

M. S. Thambirajah, Karen J. Grandison and Louise De-Hayes

2007 • 160pp • £18.99 • \$34.95  
pb: 9781843105671 • ebook: 9781846427473  
World rights available



## How to Get Kids Offline, Outdoors, and Connecting with Nature

200+ Creative activities to encourage self-esteem, mindfulness, and wellbeing

Bonnie Thomas  
• 2014 • 272pp • £15.99 • \$24.95  
pb: 9781849059688 • ebook: 9780857008534  
Rights sold: Chinese (simplified)

**For parents, teachers, counsellors and any professional who works with young people and wants to get them playing outdoors and not just on screen!**



## Exploiting Childhood

How Fast Food, Material Obsession and Porn Culture are Creating New Forms of Child Abuse

Edited by Jim Wild

Foreword by Oliver James, Camila Batmanghelidjh

2013 • 224pp • £14.99 • \$23.95

pb: 9781849053686 • ebook: 9780857007421 • World rights available

**Provocative, hard-hitting book highlighting emerging forms of child abuse which are being allowed to take place unchecked; with contributions from key thinkers on child welfare and psychology**



## The Spirit of the Child

Revised Edition

David Hay

2006 • 224pp • £15.99 • \$26.95

pb: 9781843103714 • ebook: 9781846424731  
World rights available



## Spaces to Play

More listening to young children using the Mosaic approach

Alison Clark and Peter Moss

2005 • 119pp • £18.00 • \$29.95 • pb: 9781904787433 • ebook: 9781907969249 • World rights available

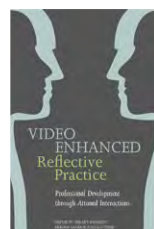


## Safeguarding Children and Schools

Edited by Mary Baginsky

Foreword by Brigid Daniel

2008 • 208pp • £19.99 • \$42.95  
pb: 9781843105145 • ebook: 9781846428081  
World rights available



## Video Enhanced Reflective Practice

Professional Development through Attuned Interactions

Edited by Hilary Kennedy, Miriam Landor and Liz Todd

2015 • 336pp • £24.99 • \$49.95  
pb: 9781849054102 • ebook: 9780857007872  
World rights available

A professional development tool which enables professionals and trainees to analyse their own practice to make more informed decisions about how to improve their communication, therapeutic or teaching skills in more problematic situations.



## The School Years

Assessing and Promoting Resilience in Vulnerable Children 2

Brigid Daniel and Sally Wassell

2002 • 160pp • £15.99 • \$32.95  
pb: 9781843100188 • ebook: 9781846423512  
World rights available

# CAN I TELL YOU ABOUT?

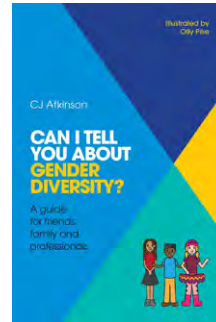
Offering simple introductions to a range of limiting conditions, *The Can I Tell You About?* Series tackles real issues that affect our lives. Friendly characters invite readers to learn about their experiences, the challenges they face, and how they would like to be helped and supported.

Providing excellent starting points for classroom discussions on tricky subject matter.

Subject Matters in the series include:

ADHD  
Adoption  
Anxiety  
Asperger Syndrome  
Asthma  
Anxiety  
Cerebral Palsy  
Dementia  
Depression  
Diabetes (Type 1)  
Down Syndrome  
Dyslexia  
Dyspraxia  
Eating Disorder  
Eczema  
Epilepsy  
Gender Diversity  
Loneliness  
Multiple Sclerosis  
OCD  
Parkinson's Disease  
Pathological Demand Avoidance  
Syndrome  
Peanut Allergy  
Selective Mutism  
Sensory Processing Difficulties  
Stammering  
Tourette Syndrome

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## Can I tell you about Gender Diversity?

CJ Atkinson

Illustrated by Olly Pike

From 11 years

What is gender diversity? Kit explains all in this illustrated guide for children aged 11+

Coming Soon



## Can I tell you about Loneliness?

A guide for friends, family and professionals

Julian Stern

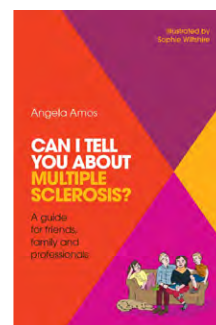
Illustrated by Helen Lees

From 7 years

What does it mean to be lonely? Jan explains all in this illustrated guide for ages 7+

"Based on sensitive conversations with young people, the book identifies many situations when a young person may feel lonely - but also (most importantly) how parents, teachers and others misunderstand. An important read."

Professor Richard Pring, Department of Educational Studies, University of Oxford



## Can I tell you about Multiple Sclerosis?

Angela Amos

Illustrated by Sophie Wiltshire

From 7 years

NOV 2016 • 48pp • £8.99 • \$13.95

pb:9781785921469

ebook:9781784504137

World rights available

What is Multiple Sclerosis and how does it affect daily life? Maria explains all in this friendly guide

"Angela Amos has written this book from the heart. The straightforward language describes in an authentic way what Multiple Sclerosis (MS) is, and how it may impact different members of a family."

Dr. Lynne Souter-Anderson,  
Director of Bridging Creative Therapies Consultancy



# NEW EARLY YEARS RESOURCES

Our Early Years books offer valuable, jargon-free advice on a range of important issues in the field for any setting. From practical guides on positive learning environments to information on running your own successful Early Years business, each publication provides essential support and easy-to-follow activities to help you deliver the EYFS and enhance your practice.

To receive exclusive content and special offers, sign up to our Early Years Mailing List:



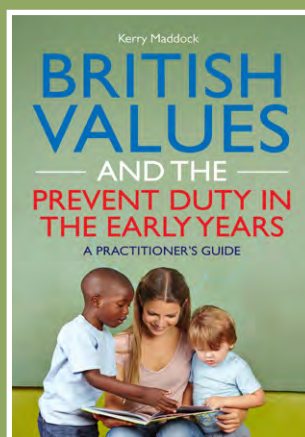
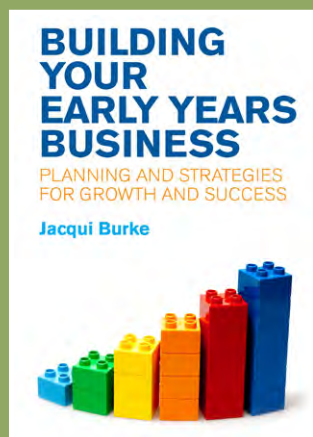
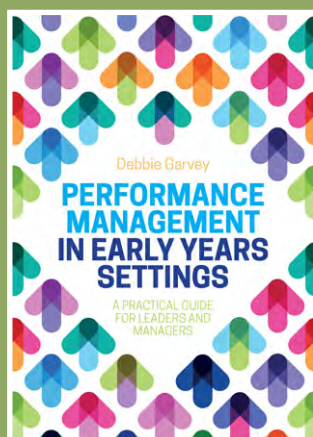
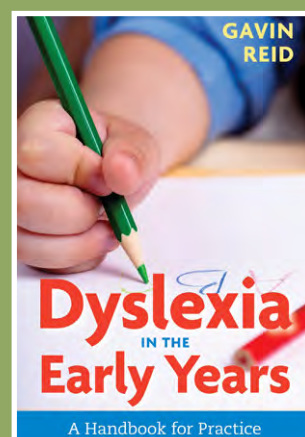
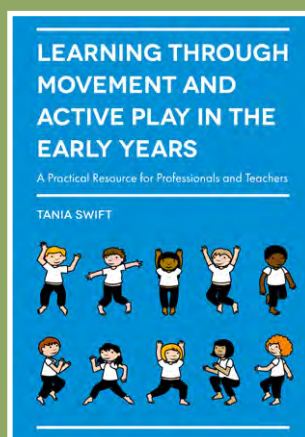
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**NEW****Creating Autism Champions**

Autism Awareness Training for  
Key Stage 1 and 2

Joy Beane

Illustrated by Haitham Al-Ghani

MAY 2017 • 160pp • £19.99 • \$29.95

pb:9781785921698 • ebook:9781784504410

World rights available

**A comprehensive programme for raising  
autism awareness and promoting inclusion in primary schools**

This comprehensive resource provides a whole school programme for raising autism awareness and promoting inclusion.

It includes training for staff in the knowledge and skills they need to support pupils, a sample school assembly, and lesson plans for teaching groups of pupils to be 'autism champions'. This programme also offers photocopiable worksheets and online presentations to use as part of the staff training, school assembly and peer awareness lessons. There is advice for involving children with autism and their parents in school activities. Easily adaptable for different age groups, this is a ready-made resource for schools committed to promoting autism awareness and whole school welfare.

"This book is easy to use, and ideal for busy education professionals who want to raise whole school awareness of autism without intimidating anyone. The materials for staff and pupils are clear and well-structured, and would help any school to establish a culture of championing autism."

Sarah Wild, Headteacher, Limsfield Grange School

**NEW****How LEGO®-Based Therapy for  
Autism Works**

Landing on My Planet

Daniel B. LeGoff

MAR 2017 • 320pp • £17.99 • \$24.95

pb:9781785927102 • ebook:9781784502904

World rights available

**Why LEGO®based therapy works and what  
it looks like in action**

"You know, Dr. Dan, that kid is from my planet."

With in-depth descriptions of LEGO®-based therapy in action, this book explains how and why it helps to promote the development of social skills for children with autism spectrum disorders (ASDs) and related conditions.

Written by Daniel B. LeGoff, who pioneered the approach, this book comprises a series of case histories of children who participated in LEGO® therapy. It traces the development of the evidence-based approach, shares the clinical insights gained along the way and highlights the principles which should be at the core of all effective treatment and educational strategies for children with ASDs. The case histories have real practical value for those working with children with ASDs and also help to demonstrate the subtleties of the adult facilitation role for professionals running sessions.

"A colourful set of case studies to help teachers and clinicians get a real feel for how to implement this playful and non-stigmatising intervention with kids with autism."

Professor Simon Baron-Cohen, Director, Autism  
Research Centre, Cambridge University, UK

**NEW****Building Language Using LEGO®  
Bricks**

A Practical Guide

Dawn Ralph and Jacqui Rochester. Foreword  
by Gina Gómez De La Cuesta

Foreword by Georgina Gomez De La Cuesta

2016 • 152pp • £16.99 • \$27.95

pb:9781785920615 • ebook:9781784503178

World rights available

**Practical guide to running language therapy sessions using LEGO®  
bricks**

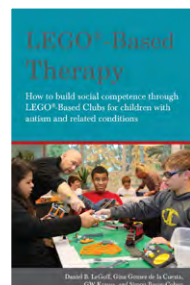
Building Language using LEGO® Bricks is a flexible and powerful intervention tool designed to aid children with severe receptive and expressive language disorders, often related to autism and other special educational needs.

- This practical manual equips you for setting up and adapting your own successful sessions. Downloadable resources enable you to chart progress in the following key areas:
- The use of receptive and expressive language
- The use and understanding of challenging concepts
- Joint attention
- Social communication

Help children with complex needs to communicate with this unique tool, derived from the highly effective LEGO®-Based Therapy.

"The language used throughout is accessible, yet extremely detailed, making it a book for parents and professionals alike."

Karen Sullivan, founder of Autism Puzzles

**BESTSELLER****LEGO®-Based Therapy**

How to build social competence through  
LEGO®-based Clubs for children with  
autism and related conditions

Daniel B. LeGoff, Gina Gómez de la Cuesta,  
GW Krauss, and Simon Baron-Cohen

2014 • 144pp • £14.99 • \$24.95

pb:9781849055376 • ebook:9780857009609

Rights sold: Italian, Turkish

**A complete guide to setting up and running a LEGO club for  
children with autism spectrum disorders**

A comprehensive guide to setting up LEGO Therapy groups to promote social skills in children with autism spectrum disorders and related conditions through group LEGO building. It fully explains the approach and gives advice on strategies for successfully seeing children through from 'LEGO Helper' to 'LEGO Genius'.

"The authors have left no stone unturned in developing a systematic social intervention."

Lynn Koegel, PhD, Clinical Director, Koegel Autism  
Center, University of California, Santa Barbara, CA

**Prosody Intervention for High-Functioning Adolescents and Adults with Autism Spectrum Disorder**

Enhancing communication and social engagement through voice, rhythm, and pitch

**NEW****Prosody Intervention for High-Functioning Adolescents and Adults with Autism Spectrum Disorder**

Enhancing communication and social engagement through voice, rhythm, and pitch

Michelle Dunn and Larry Harris

Illustrated by Julia Dunn

NOV 2016 • 464pp • £19.99 • \$29.95

pb:9781785920226 • ebook:9781784502683 • World rights available

**How to help young people with Autism Spectrum Disorder (ASD) develop, through the body's sensations, the communication skills to make a successful transition from education to the work environment**

When making the transition to adulthood, young people with Autism Spectrum Disorder can find their opportunities limited by their impaired prosody. Through a program of evidence-based lessons and resources, this book helps to develop verbal and nonverbal skills essential to adult life, particularly in the context of looking for a job or social situations. It is a complete curriculum, covering everything from self-calming to fluency and conversational skills, and includes lesson plans, handouts, and homework.

The program has been successfully used by the authors in their work with people on the autism spectrum and will be a life-changing resource for professionals as well as for parents and people on the autism spectrum wanting to improve their ability to communicate well.

"This is an absolutely wonderful and quite unique book for teaching skills in an area that is almost universal in autism: that of prosodic and related deficits."

Deborah Fein, Ph.D., Board of Trustees Distinguished Professor, University of Connecticut and author of 'The Neuropsychology of Autism' and 'The Activity Kit for Babies and Toddlers at Risk'

COMMUNICATING

BETTER WITH

PEOPLE

ON THE

AUTISM SPECTRUM

PADDY-JOE MORAN

**NEW****Communicating Better with People on the Autism Spectrum**

35 Things You Need to Know

Paddy-Joe Moran

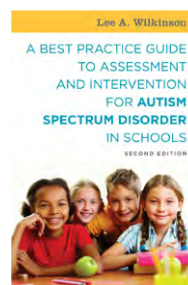
2016 • 96pp • £6.99 • \$13.95

pb:9781849057080 • ebook:9781784502348

Rights sold: Polish

**35 tips and strategies for effective and sensitive communication with people on the autism spectrum**

An essential quick read for all professionals working with people with autism, this book contains 35 tips for effective and sensitive communication with individuals on the spectrum. Focusing on positive language and the importance of taking the individual's lead on their preferred terminology, these tips are easy to implement in everyday practice.

**NEW****A Best Practice Guide to Assessment and Intervention for Autism Spectrum Disorder in Schools, Second Edition**

Lee A. Wilkinson

NOV 2016 • 288pp • £16.99 • \$27.95

pb:9781785927041 • ebook:9781784502508

World rights available

**Second edition of an award-winning book on the evaluation and treatment of Autism Spectrum Disorder (ASD) for school-based professionals**

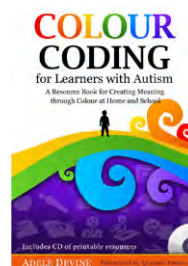
Fully updated to reflect DSM-5 and current assessment tools, procedures and research, this award-winning book provides a practical and scientifically-based approach to identifying, assessing, and treating children and adolescents with an Autism Spectrum Disorder (ASD) in school settings. Integrating current research evidence with theory and best-practice, the book will support school-based professionals in a number of key areas including:

- screening and assessing children and youth with high-functioning autism spectrum conditions
- identifying evidence-based interventions and practices
- developing and implementing comprehensive educational programs
- providing family support and accessing community resources
- promoting special needs advocacy.

Illustrative case examples, a glossary of terms and helpful checklists and forms make this the definitive resource for identifying and implementing interventions for pupils with ASD.

"It is rare that one book can pack so many resources and easy to digest information into a single volume!"

Dr. Debra Moore, psychologist and co-author with Dr. Temple Grandin, of *The Loving Push: How Parents & Professionals Can Help Spectrum Kids Become Successful Adults*

**Colour Coding for Learners with Autism**

**A Resource Book for Creating Meaning through Colour at Home and School**

Adele Devine

Illustrated by Quentin Devine

2014 • 208pp • £24.99 • \$39.95

pb:9781849054416 • ebook:9780857008121

World rights available

**A fascinating insight into how colour coding can help young people with autism to create a sense of order, reduce anxiety and aid communication**

This book explains how colour coding can assist with communication, coping with change, understanding emotions, diversifying diet and reducing anxiety by helping children with autism to generalise lessons already learnt and creating clear visual categories. The CD-ROM provides printable resources to enable colour coding in the classroom and home.



**NEW**

### Flying Starts for Unique Children

Top Tips for Supporting Children with SEN or Autism When They Start School

Adele Devine

2016 • 312pp • £16.99 • \$24.95

pb:9781785920011 • ebook:9781784502416

World rights available

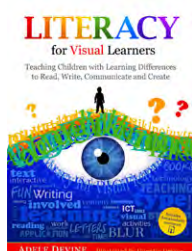
**Learn how to best assist school starters with SEN or autism to settle into classroom settings**

Help children with SEN and autism to have a good first impression of your school and it can make all the difference to their entire school experience.

Regular Teach Early Years contributor and SEN expert Adele Devine shares her top tips for making the school environment as welcoming and inclusive as possible for children with SEN and autism. This book covers essential topics such as working with parents, supporting transitions between home and school, helping children with sensory issues to cope in a stimulating classroom, teaching waiting and patience skills, using visual teaching methods, understanding behaviour, promoting independence and much more. Case studies and practical examples show you exactly how a truly inclusive classroom can be achieved, by demonstrating how a range of situations are experienced from the child's perspective. Designed to be perfect for dipping into and referring back to as problems arise, this book is a fantastic resource for busy educators.

"The book is written from a strong place of inclusion and respect for children and their parents."

Jeanette Purkis, autism self-advocate, public speaker, government official and author of three books including The Guide to Good Mental Health on the Autism Spectrum



### Literacy for Visual Learners

Teaching Children with Learning Differences to Read, Write, Communicate and Create

Adele Devine

Illustrated by Quentin Devine

2015 • 288pp • £24.99 • \$39.95

pb:9781849055987 • ebook:9781784500542

World rights available

**A highly original approach to teaching literacy skills to visual learners, with high quality downloadable resources**

This book provides exciting new strategies for teaching literacy to children with special educational needs. Keeping the strengths of visual learners at the heart of each strategy, the author shares tried-and-tested ways to develop key reading, writing, comprehension and communication skills.

**NEW**

### Successful Social Stories™ for School and College Students with Autism

Growing Up with Social Stories™

Dr Siobhan Timmins

Foreword by Carol Gray

APR 2017 • 328pp • £15.99 • \$24.95

pb:9781785921377 • ebook:9781784504045

World rights available

**How to write and illustrate effective Social Stories™ for school and college students with autism**

As children grow up and spend more and more time away from home in schools and colleges, life often seems to get increasingly complicated. Autism makes the challenges they meet in these new environments even more difficult to navigate. Social Stories™ is a highly regarded strategy that parents and teachers can use to help young people with autism understand the new social situations they face during this time. Writing an effective Story takes a special set of skills, and in this fully illustrated book Dr Siobhan Timmins explains how to acquire and hone these techniques and put them into practice.

Following on from her book on writing Social Stories™ for young children, this book on the next age group up includes 160 illustrations and clear examples based on the author's own experiences of raising a son with autism. She explains how to identify the underlying issues, and articulate the key ideas so that young learners can find connections between Stories to build a greater understanding of relationships, the adult world and their own identity. The book is an invaluable guide to creating bridges between young people and the parts of life they find most difficult.

"If this were a 'must-have' for every school and college, life for autistic children would be that much better."

Jude Ragan, ex-head of Queensmill School, freelance autism education specialist

**NEW**

### Developing Resilience in Young People with Autism using Social Stories™

Siobhan Timmins

JUN 2017 • 60pp • £8.99 • \$12.95

pb:9781785923296 • ebook:9781784506438

World rights available

**How to write and illustrate effective Social Stories™ specifically to build resilience in young people with autism**

Young people with autism can be particularly susceptible to setbacks, often leading to depression and a sense of hopelessness. Using Social Stories™, this book introduces a different way of looking at common life setbacks, and offer tools to overcome these obstacles, build resilience and develop coping strategies for the future. Based on Carol Gray's highly effective Social Stories™ model, this new guide shows how to help individuals with autism deal with challenges specific to them, and how to bounce back from the negative experiences that they encounter. This book is an invaluable guide for learning to create personalised Social Stories™ that can be used to develop resilience in people with autism and help them to cope better with adversity.

**NEW****Successful Social Stories™ for Young Children with Autism**

Growing Up with Social Stories™

Dr Siobhan Timmins

Foreword by Carol Gray

2016 • 216pp • £15.99 • \$24.95

pb:9781785921124 • ebook:9781784503765

World rights available

**How to write and illustrate effective Social****Stories™ for young children, identifying key issues to address**

Social Stories™ are acknowledged as a very successful way of teaching concepts and social understanding to children with autism spectrum disorders, but considerable skill is needed to write the most effective story. This clear and engaging book introduces ways of thinking about the issues your child finds difficult, and includes 32 stories created by Dr Siobhan Timmins for her son during his early years, with helpful explanations of how she did it, and what the underlying thinking was behind each set of stories.

She explains how the stories build upon each other to help the child to understand further, more complex topics, and how to see the connections so that you can best help your child. From basic skills such as learning to listen, wait and share, to common fears, this book takes the mystery out of creating effective Social Stories™ and amply demonstrates how to put together a cohesive set of stories which your child can understand and relate to.

"Siobhan shares her insightful thinking and information gathering which results in impeccable stories for her son Mark. Her stories and the strategies she uses to ensure true social understanding will be inspirational to all parents and professionals."

Eileen Arnold, former specialist speech and language therapist and co-author of *Revealing the Hidden Social Code: Social Stories™ for People with Autistic Spectrum Disorders*

**NEW****Successful Social Stories™ for Young Adults with Autism**

Growing Up with Social Stories™

Dr Siobhan Timmins

Foreword by Carol Gray

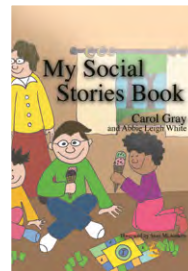
OCT 2017 • 240pp • £15.99 • \$24.95

pb:9781785921384 • ebook:9781784504038

World rights available

**How to write and illustrate effective Social****Stories™ for young adults with autism, identifying key issues during this time of life**

The third volume in the Growing Up with Social Stories™ series. This book focuses on adult life. Social Stories™ are acknowledged as a very successful way of teaching concepts and social understanding to individuals with autism spectrum disorders.

**BESTSELLER****My Social Stories Book**

Edited by Carol Gray and Abbie Leigh White

Illustrated by Sean McAndrew

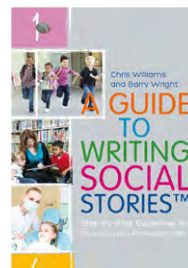
From 2 years to 6 years • 2001 • 144pp • £12.99 • \$19.95

pb:9781853029509 • ebook:9780857001665

Rights sold: Arabic, Chinese (complex), Japanese, Polish

**Over 150 Stories to help take children with ASD through basic activities**

Taking the form of short narratives, the book takes children step by step through basic activities such as brushing your teeth, taking a bath and getting used to new clothes. These stories are written for preschoolers aged from two to six, and the book is a useful primer for all young children - but most especially those on the autism spectrum.

**A Guide to Writing Social Stories™**

Step-by-Step Guidelines for Parents and Professionals

Chris Williams and Barry Wright

OCT 2016 • 144pp • £15.99 • \$24.95

pb:9781785921216 • ebook:9781784503888

World rights available

**This clear guide breaks writing effective personalised Social Stories™ into easy-to-follow steps**

Created with the input of parents and professionals, this step-by-step guide shows exactly how to create effective Social Stories™ for children with an autism spectrum disorder. This book shows how to go from using ready-made stories to writing tailored stories that will improve social understanding, following Carol Gray's popular guidelines.

**Social Narratives**

A Story Intervention for Children with Autism and Other Developmental Disabilities

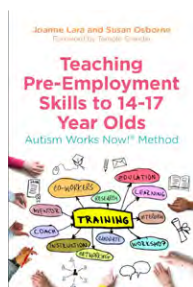
Sonia Morris

From 4 years • 2015 • 152pp • £19.99 • \$32.95

pb:9781849055925 • ebook:9781784500481

World rights available

**A practical guide to using evidence-based Social Narratives to improve social behaviour in children aged 4+ with autism spectrum disorders and other developmental delays**

**NEW**

### Teaching Pre-Employment Skills to 14-17 Year Olds

The Autism Works Now!® Method

Joanne Lara and Susan Osborne

Foreword by Temple Grandin

From 14 years to 17 years • SEP 2017 • 160pp • £14.99

\$24.95 • pb:9781785927256 • ebook:9781784503789

World rights available

The first program designed to teach pre-

employment skills to groups of middle- and high-school students (ages 14-17) with autism

Teaching young people with autism workplace skills while they are still school-aged is essential for helping them get jobs once they are ready to enter employment. This ready-made curriculum does exactly that, with a structured program for teaching groups of students aged 14-17 vital pre-employment skills, from interviewing to networking.

**NEW**

### Developing Workplace Skills for Young Adults with Autism Spectrum Disorder

The BASICS College Curriculum

Michelle Rigler, Amy Rutherford and

Emily Quinn

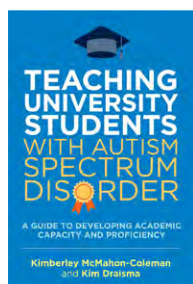
2016 • 224pp • £24.99 • \$39.95

pb:9781849057998 • ebook:9781784500979

World rights available

A practical curriculum to help young adults with autism overcome challenges in the workplace to have a fulfilling employment experience

This practical college curriculum helps students with Autism Spectrum Disorder (ASD) to enter into working life with confidence. Suitable for independent or guided study, it teaches young people strategies for managing the stresses and challenges of employment.

**NEW**

### Teaching University Students with Autism Spectrum Disorder

A Guide to Developing Academic Capacity and Proficiency

Kimberley McMahon-Coleman and

Kim Draisma

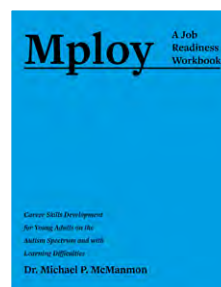
2016 • 216pp • £19.99 • \$34.95

pb:9781849054201 • ebook:9780857007988

World rights available

Strategies for supporting the learning of students with Autism Spectrum Disorder (ASD) in tertiary education

Drawing on the latest research, this book offers practical strategies for supporting students with Autism Spectrum Disorder (ASD) in tertiary education. By looking at common issues faced by students with ASD, teaching and support staff will better understand how to help students develop vital skills needed for academic success.

**NEW**

### Mploy - A Job Readiness Workbook

Career Skills Development for Young Adults on the Autism Spectrum and with Learning Difficulties

Michael P. McManmon

Foreword by Carol Gray

From 16 years to 26 years • OCT 2017

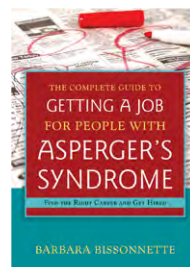
240pp • £35.00 \$55.00 • pb:9781785927300

ebook:9781784504083

World rights available

A workbook for preparing young adults aged 16-26 with autism spectrum disorder (ASD) for the workplace

This self-guided workbook is suitable for young adults aged 16-26, and includes activities designed to develop key skills for meaningful careers, so young people can enter employment with confidence. It provides everything you need as a parent, educator or professional to assist young adults with autism or learning differences to prepare for work.

**BESTSELLER**

### The Complete Guide to Getting a Job for People with Asperger's Syndrome

Find the Right Career and Get Hired

Barbara Bissonnette

2012 • 200pp • £14.99 • \$22.95

pb:9781849059213 • ebook:9780857006929

World rights available

A how-to guide for people with an ASD find suitable employment

Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome. This practical "how-to" guide describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations to projecting confidence in interviews.



### The Wonderful World of Work

A Workbook for Asperiteens

Jeanette Purkis

Illustrated by Andrew Hore

2014 • 128pp • £15.99 • \$24.95

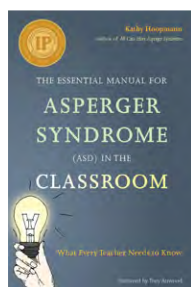
pb:9781849054997 • ebook:9780857009234

World rights available

Activities and information on how to confidently get the right job - for teenagers with ASD

Full of practical information, engaging activities, fun illustrations and inspiring personal stories, this hands-on workbook demystifies the world of work to help teens with Autism Spectrum Disorder feel confident in their ability to get a job and encourages them to think about careers that might suit their skills and interests.



**BESTSELLER****The Essential Manual for Asperger Syndrome (ASD) in the Classroom**

What Every Teacher Needs to Know

Kathy Hoopmann

Illustrated by Rebecca Houkamau

2015 • 224pp • £14.99 • \$22.95

pb:9781849055536 • ebook:9780857009845

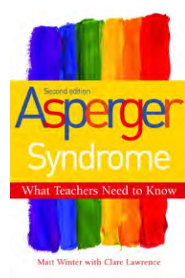
Rights sold: Danish

**Essential handbook on Asperger Syndrome****(ASD) for time-poor teachers, from the author of All Cats Have Asperger's Syndrome**

A quick reference guide to Asperger syndrome (ASD) in the classroom, Kathy Hoopmann's handbook is ideal for busy teachers. It covers all the key problem areas, such as meltdowns, explains them from the student's perspective, and provides strategies for how to manage them and create the best environment for the child.

"Seldom do you find such depth of information in so accessible a form."

K.I. Al-Ghani, experienced specialist advisory teacher,  
autism trainer and author of The Red Beast

**Asperger Syndrome - What Teachers Need to Know**

Second Edition

Matt Winter with Clare Lawrence

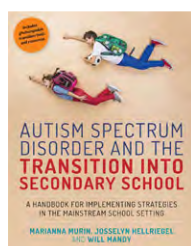
2011 • 128pp • £11.99 • \$19.95

pb:9781849052030 • ebook:9780857004307

Rights sold: Dutch, Hebrew, Italian, Japanese, Polish, Slovenian, Spanish, Swedish

**The concise basics every teacher needs to know about AS in the classroom**

This book gives a summary of up-to-date information on AS, describing the characteristics to look out for, and offering simple strategies for adapting to the educational needs of students with AS. Packed with practical advice, it answers key questions such as 'Am I qualified to teach this child?' and 'How can I help the pupil with AS to learn?'

**Autism Spectrum Disorder and the Transition into Secondary School**

A Handbook for Implementing Strategies in the Mainstream School Setting

Marianna Murin, Josselyn Hellriegel and Will Mandy

2016 • 208pp • £24.99 • \$39.95

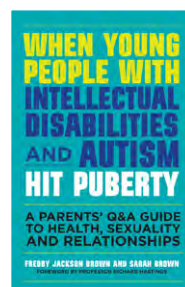
pb:9781785920189 • ebook:9781784502621

World rights available

**A practical resource to help schools support pupils with ASD as they transition from primary to secondary school**

An effective evidence-based programme, this practical handbook provides everything schools need to make the transition from primary to secondary school as smooth and successful as possible for children with ASD.

Developed and trialled extensively by the Social Communication Disorders Clinic at Great Ormond Street Hospital, this handbook will be an invaluable resource for SENCOs, teachers, autism support workers, educational psychologists and other professionals working with pupils with ASD.

**NEW****When Young People with Intellectual Disabilities and Autism Hit Puberty**

A Parents' Q&amp;A Guide to Health, Sexuality and Relationships

Freddy Jackson Brown and Sarah Brown.

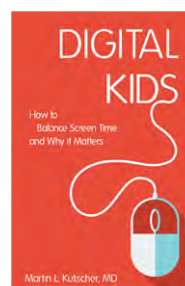
Foreword by Richard Hastings

2016 • 192pp • £12.99 • \$22.95

pb:9781849056489 • ebook:9781784502164

World rights available

**A sensitive and practical guide that will help families and carers of young people with intellectual disabilities or autism to support and respond to their child's emerging sexuality**

**NEW****Digital Kids**

How to Balance Screen Time, and Why it Matters

Martin L. Kutscher, MD

OCT 2016 • 144pp • £9.99 • \$15.95

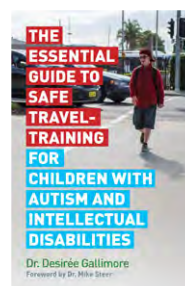
pb:9781785927126 • ebook:9781784502966

World rights available

**Helping parents and professionals to understand and tackle the rising problem**

**of excessive Internet use and digital addictions in children and young people**

Help children and young people to have healthy relationships with the internet with this handy book. Showing you when and why exposure to digital media becomes excessive and problematic, this book also provides practical steps for dealing with problems effectively. The book also includes advice for working with kids with ADHD and autism.

**NEW****The Essential Guide to Safe Travel-Training for Children with Autism and Intellectual Disabilities**

Dr Desirée Gallimore

Foreword by Mike Steer

MAR 2017 • 216pp • £12.99 • \$19.95

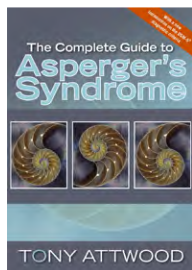
pb:9781785922572 • ebook:9781784505424

World rights available

**Complete guide on how to train children**

**with an intellectual disability to travel safely and independently**

In five clear steps, this guide will equip you to teach children to travel safely and independently. The first book of its kind, it focuses on goal-setting and preparation techniques while detailing obstacles that may arise along the way. Practical and necessary, it is suitable for work with children of any age and ability.

**BESTSELLER****The Complete Guide to Asperger's Syndrome**

Tony Attwood

2008 • 416pp • £17.99 • \$29.95

pb:9781843106692 • ebook:9781846425592

Rights sold: Chinese (simplified), Danish, Dutch, Finnish, French, German, Greek, Hungarian, Japanese, Korean, Lithuanian, Polish, Portuguese, Serbian, Slovenian, Spanish, Swedish

**The Asperger's Syndrome Bible for parents and professionals, newly updated with an introduction explaining the DSM-5**

This is the definitive handbook for anyone affected by Asperger's syndrome, with a new introduction explaining the DSM-5. It brings together information on all aspects of the syndrome for children through to adults. Drawing on case studies from Attwood's extensive clinical experience, the book is authoritative and extremely accessible.

"Tony Attwood is one of the greatest resources in the Asperger world and this is said to be the Asperger's Syndrome bible so make sure you keep it on you shelf, even if you don't read it cover to cover. It has loads of great information."

One Girl Circus blog

**Autism Spectrum Disorder and De-escalation Strategies**

A practical guide to positive behavioural interventions for children and young people

Steve Brown

From 0 years • 2014 • 192pp • £14.99 • \$24.95

pb:9781849055031 • ebook:9780857009098

Rights sold: Polish

**Learn to use non-physical interventions with confidence and understand the role of physical interventions as a last resort, within a legal framework**

Discussing a variety of de-escalation and behaviour management strategies, this book offers practical guidance on using non-physical and physical interventions to support children (aged 3-18) on the autism spectrum or with emotional, social and behavioural difficulties, and to keep them and others safe.

**Autism and Learning Differences**

An Active Learning Teaching Toolkit

Michael P. McManmon, Ed.D.

Foreword by Stephen M. Shore

From 16 years to 26 years • 2015 • 544pp • £45.00 • \$69.95

pb:9781849057943 • ebook:9781784500740

World rights available

**Comprehensive toolkit to teach skills for life, school, work and independent living for young adults (16-26) with an ASD or LD diagnosis**

A comprehensive curriculum for independent living with ASDs or LDs, providing everything teachers, clinicians and other professionals working with young people with an ASD or LD diagnosis need. It includes tried-and-tested teaching and learning strategies, ideas and photocopiable resources to achieve measurable outcomes.

**Understanding Applied Behavior Analysis, Second Edition**

An Introduction to ABA for Parents, Teachers, and other Professionals

Albert J. Kearney

2015 • 168pp • £14.99 • \$24.95

pb:9781849057851 • ebook:9781784500306

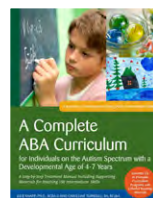
World rights available

**An accessible introduction to Applied Behavior Analysis**

The ideal introduction to Applied Behavior Analysis (ABA) explaining what it is, how it works, how to understand the jargon and proven techniques.

"This book is a wonderful introduction to Applied Behavior Analysis and should be read by anyone who uses the term 'ABA'."

Professor Karola Dillenburger, School of Education, Queen's University Belfast

**A Complete ABA Curriculum for Individuals on the Autism Spectrum with a Developmental Age of 4-7 Years**

A Step-by-Step Treatment Manual Including Supporting Materials for Teaching 150 Intermediate Skills

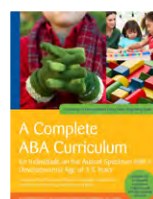
Julie Knapp, Ph.D., BCBA-D and Carolinne Turnbull, BA, BCaBA

From 4 years to 7 years • 2014 • 496pp • £49.99 • \$79.95 • pb:9781849059800

ebook:9780857008893 • Rights sold: Chinese (simplified)

**Evidence-based, the resource guides instructors step-by-step through using ABA to teach 150 intermediate skills**

A comprehensive, evidence-based curriculum with supplementary materials, for teaching children with autism spectrum disorders aged approximately 4-7 years key intermediate skills such as comprehension of abstract language, academic skills, advanced social and play skills, and emotional and behavioral regulation skills.

**A Complete ABA Curriculum for Individuals on the Autism Spectrum with a Developmental Age of 3-5 Years**

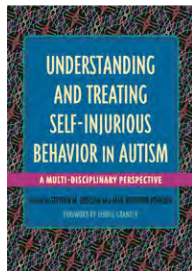
A Step-by-Step Treatment Manual Including Supporting Materials for Teaching 140 Beginning Skills

Julie Knapp, Ph.D., BCBA-D and Carolinne Turnbull, BA, BCaBA

2014 • 480pp • £49.99 • \$79.95 • pb:9781849059794 • ebook:9780857008886

Rights sold: Chinese (simplified), Polish

**Evidence-based, the resource guides instructors step-by-step through using ABA to teach over 140 beginning skills**

**NEW****Understanding and Treating Self-Injurious Behavior in Autism**

A Multi-Disciplinary Perspective

Edited by Stephen M. Edelson and Jane Botsford Johnson

Foreword by Temple Grandin

2016 • 304pp • £20.00 • \$35.00

pb:9781849057417 • ebook:9781784501891

Rights sold: Polish

A comprehensive, authoritative resource on understanding and resolving self-injurious behavior (SIB) in people with autism and related conditions with contributions by top experts from several disciplines

A complete guide to understanding and treating self-injury in autism (ASD). With contributions by top experts, the book explains various causes and forms of self-injury, discusses the treatment options available, including medical, psychiatric and nutritional treatments, and considers the effectiveness of multidisciplinary approaches.

**Autism Movement Therapy (R) Method**

Waking up the Brain!

Joanne Lara with Keri Bowers

Foreword by Stephen M. Shore

2015 • 128pp • £14.99 • \$24.95

pb:9781849057288 • ebook:9781784501730

World rights available

Everything you need to know about using the Autism Movement Therapy® method with

people on the autism spectrum to address sensory processing and behaviour

Recreate the popular Autism Movement Therapy® program for kids with ASD with this practical guide. Learn how this innovative and energetic approach uses music and movement to help children on the autism spectrum address sensory processing and behaviour issues, develop motor skills, feel more comfortable within their bodies, and have fun!

**NEW****Inclusion, Play and Empathy**

Neuroaffective Development in Children's Groups

Edited by Susan Hart

Foreword by Phyllis Booth

2016 • 352pp • £22.99 • \$39.95

pb:9781785920066 • ebook:9781784502430

World rights available

Use play and interactions within children's

groups to encourage the development of their social and emotional skills, including the capacity for compassion and empathy

Early interactions play a crucial role in the development of children's emotional, personal and social skills, and set the precedent for establishing a secure attachment relationship as they mature into adulthood. This book introduces the latest research into ways for professionals to encourage the development of these skills in children's groups.

**Toilet Training and the Autism Spectrum (ASD)**

A Guide for Professionals

Eve Fleming and Lorraine MacAlister

Foreword by Penny Dobson

From 0 years • 2015 • 240pp • £15.99 • \$24.95

pb:9781849056038 • ebook:9781784500702

World rights available

Practical strategies for toilet training children with ASD and supporting families

Packed with essential information on bowel and bladder function, this book also gives helpful advice for developing and implementing a toilet plan in different settings.

**Sensory Stories for Children and Teens with Special Educational Needs**

A Practical Guide

Joanna Grace

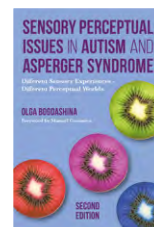
2014 • 248pp • £19.99 • \$29.95

pb:9781849054843 • ebook:9780857008749

World rights available

Bring stories to life, aid communication with children profound and multiple learning disabilities

Sensory Stories are an effective tool for teaching and communicating with children with PMLD, autism, and other special educational needs. This useful book explains how sensory stimulation can aid development and provides a wealth of resources for using Sensory Stories at home, in the classroom, and advice on adapting and creating new stories.

**Sensory Perceptual Issues in Autism and Asperger Syndrome, Second Edition**

Different Sensory Experiences - Different Perceptual Worlds

Olga Bogdashina

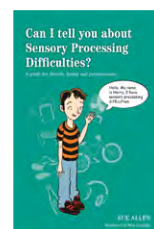
Foreword by Manuel Casanova

2016 • 288pp • £16.99 • \$26.95 • pb:9781849056731 •

ebook:9781784501792 • World rights available

Fully updated and expanded edition of this bestselling book about sensory perceptual issues in autism

The fully revised edition of this bestselling book describes sensory perceptual experiences and sensitivities and explains the cognitive differences caused by them. The final chapters are devoted to assessment and different methods of intervention.

**BESTSELLER****Can I tell you about Sensory Processing Difficulties?**

A guide for friends, family and professionals

Sue Allen

Illustrated by Mike Medaglia

From 7 years • 2015 • 56pp • £8.99 • \$14.95

pb:9781849056403 • ebook:9781784501372

What are sensory processing difficulties and why do they sometimes make life challenging for those who have them? Harry answers these questions and more in this friendly guide





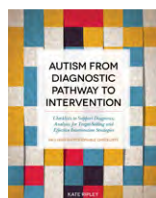
### Autism and Everyday Executive Function

A Strengths-Based Approach for Improving Attention, Memory, Organization and Flexibility

Paula Moraine

2015 • 160pp • £16.99 • \$26.95 • pb:9781849057257 • ebook:9781784500894 • World rights available

A novel approach to understanding and developing executive function in individuals with Autism Spectrum Disorder



### Autism from Diagnostic Pathway to Intervention

Checklists to Support Diagnosis, Analysis for Target-Setting and Effective Intervention Strategies

Kate Ripley

2015 • 192pp • £24.99 • \$39.95 • pb:9781849055789 • ebook:9781784500245 • World rights available

Four checklists for assessing children with ASD and planning appropriate interventions



### Improving Learning through Dynamic Assessment

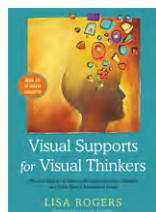
A Practical Classroom Resource

Fraser Lauchlan and Donna Carrigan

From 4 years • 2013 • 176pp • £29.99 • \$49.95  
pb:9781849053730 • ebook:9780857007315

World rights available

Involve children in the process of assessment, measuring how they learn, not just what they learn Ages 4+



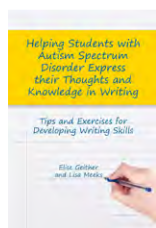
### Visual Supports for Visual Thinkers

Practical Ideas for Students with Autism Spectrum Disorders and Other Special Educational Needs

Lisa Rogers

2013 • 224pp • £29.99 • \$49.95 • pb:9781849059459 • ebook:9780857008497 • World rights available

Visual supports for the classroom to help children with ASD get the most out of school



### Helping Students with Autism Spectrum Disorder Express their Thoughts and Knowledge in Writing

Tips and Exercises for Developing Writing Skills

Elise Geither and Lisa Meeks

2014 • 136pp • £16.99 • \$26.95 • pb:9781849059961 • ebook:9780857009807 • World rights available

Help students with ASD structure their ideas and express themselves clearly in writing



### Getting the Picture

Inference and Narrative Skills for Young People with Communication Difficulties

David Nash

Illustrated by Oliver Allchin

From 11 years • 2010 • 112pp • £17.99 • \$32.95 • pb:9781849051279 • ebook:9780857003157 • World rights available

Illustrated situations to encourage prediction and inference skills



NEW

### Kids, Music 'n' Autism

Bringing out the Music in Your Child

Dorita S. Berger

NOV 2016 • 168pp • £10.99 • \$17.95  
pb:9781785927164 • ebook:9781784503147  
World rights available

Helping children with autism to enjoy music and develop their musical interests regardless of their abilities, while overcoming obstacles to participation in music-based activities



### Autism and Appropriate Touch

A Photocopiable Resource for Helping Children and Teens on the Autism Spectrum Understand the Complexities of Physical Interaction

Abigail Werner James

From 7 years to 14 years • 2015 • 136pp • £17.99 • \$29.95 • pb:9781849057912 • ebook:9781784500610

World rights available

Keep children with autism safe by teaching them the rules of appropriate touch

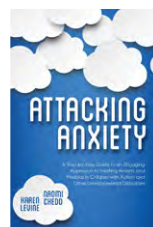


### Children with Social, Emotional and Behavioural Difficulties and Communication Problems

There is Always a Reason

Melanie Cross

2011 • 224pp • £19.99 • \$34.95  
pb:9781849051293 • ebook:9780857003263  
World rights available



### Attacking Anxiety

A Step-by-Step Guide to an Engaging Approach to Treating Anxiety and Phobias in Children with Autism and Other Developmental Disabilities

Karen Levine and Naomi Chedd

2015 • 184pp • £12.99 • \$19.95  
pb:9781849057882 • ebook:9781784500443  
World rights available

An engaging and easy-to-follow four-step method for tackling anxiety and phobias in children and teens with ASD



### Autism and the Stress Effect

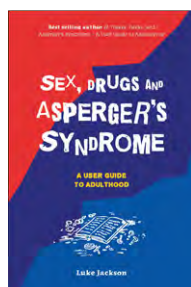
A 4-step lifestyle approach to transform your child's health, happiness and vitality

Theresa Hamlin

Foreword by John Ratey  
2015 • 272pp • £12.99 • \$19.95 • pb:9781849057486 • ebook:9781784501785

World rights available

A practical, common-sense approach to reducing stress and anxiety in children with autism in order to improve their day-to-day functioning, health and wellbeing

**NEW****Sex, Drugs and Asperger's Syndrome (ASD)**

A User Guide to Adulthood

Luke Jackson

Foreword by Tony Attwood

JAN 2017 • 240pp • £9.99 • \$15.95

pb:9781785921964 • ebook:9781784501396

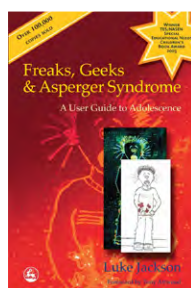
Rights sold: Dutch

**A no-holds-barred, funny and articulate****guide to the pitfalls and positives of the young adult years on the autism spectrum**

Luke Jackson's unabridged and sparkling sequel to his best-selling user guide to adolescence *Freaks, Geeks and Asperger Syndrome* is the must-read handbook for teenagers and young adults on the autism spectrum. With devastating clarity, Luke focuses on the pitfalls involved in navigating the transition to adulthood, and the challenges of adult life. He covers everything from bullying and drugs to socialising, sex, negotiating relationships, and finding and keeping your first job.

"Sex, Drugs and Asperger's Syndrome is one of my favorite books this year. Luke Jackson provides the reader with an in-depth understanding of many relevant issues regarding both Asperger's Syndrome as well as autism in general. This includes employment, bullying, sexuality, relationships, and much more. The autism community and society as a whole will benefit greatly from these much needed discussions."

From the foreword by Tony Attwood

**READING WELL****Freaks, Geeks and Asperger Syndrome**

A User Guide to Adolescence

Luke Jackson

11 to 18 years • 2002 • 216pp • £13.99 • \$22.95

pb:9781843100980 • ebook:9781846423567

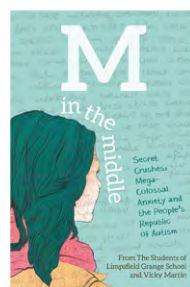
Rights sold: Dutch, French, German, Icelandic, Japanese, Korean, Polish, Swedish

**The award winning user guide to adolescence on the Autism spectrum**

Drawing from his own experiences and gaining information from his teenage brother and sisters, Luke Jackson wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality.

"A remarkable book from a unique boy!"

My Weekly

**NEW****M in the Middle**

Secret Crushes, Mega-Colossal Anxiety and the People's Republic of Autism

The Students of Limpsfield Grange School and Vicky Martin

From 10 years to 15 years • OCT 2016 • 352pp • £8.99 •

\$16.95 • pb:9781785920349 • ebook:9781784502867

World rights available

**YA fiction based on the real life experiences of teens with autism.**

Life after diagnosis isn't easy for M. Back in her wobbly world, there are lots of changes and ups and downs to get used to, not just for M, but for her friends and family too. Faced with an exciting crush, a pushy friend and an unhelpful Headteacher, how long until the beast of anxiety pounces again?

Written by Vicky Martin and the students of Limpsfield Grange, a school for girls with Autism Spectrum Disorder and communication and interaction difficulties, M's story draws on the real life experiences of teens with autism.

"I really enjoyed reading M in the Middle. It was very believable and easy to identify with M. It's a great project and an important book, as well as being a fab read!"

Cathy Cassidy, bestselling author of

'The Chocolate Box Girls' series

**BESTSELLER****M is for Autism**

The Students of Limpsfield Grange School and Vicky Martin

Foreword by Robert Pritchett

From 10 years to 15 years • 2015 • 96pp • £8.99 • \$14.95

pb:9781849056847 • ebook:9781784501983

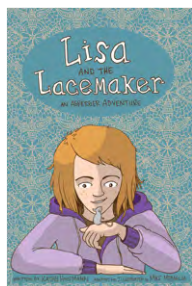
Rights sold: Danish, Spanish

**A vibrant, humorous and truly authentic coming-of-age novel written by the****students of Limpsfield Grange, a school for girls with autism and communication and interaction difficulties**

Written by the students of Limpsfield Grange School for girls with autism, M is for Autism is a truly authentic coming-of-age novel that shows what it's really like to grow up feeling a bit different. Why is being normal so easy for everyone else? Will finally getting a label help M to make sense of it all? What does normal even mean anyway?

"The Limpsfield girls certainly found their voice and it has all the urgency, immediacy and sheer vibrancy of teenage life... I hope that M's journey will help girls with autism making that same journey through their early teen years to find themselves and believe in themselves as well as help others understand and believe in them."

Robert Pritchett, Director Autism Accreditation,  
The National Autistic Society



**NEW**

## **Lisa and the Lacemaker The Graphic Novel**

Kathy Hoopmann

Art and adaptation by Mike Medaglia

From 8 years to 14 years • APR 2017 • 80pp • £13.99 •

\$18.95 • hb:9781785920288 • ebook:9781784502805

World rights available

**A heroine with Asperger Syndrome discovers the secrets of the past in this mystery-filled**

**graphic novel for children aged 8-14**

When Lisa discovers a hidden door to an abandoned hut in her friend's backyard, her imagination runs wild with thoughts of the stories it could hold. But strange sounds and faces in the shadows give Lisa the feeling that there is more to the hut than meets the eye, especially when Great Aunt Hannah tells her about one of its previous inhabitants - the mysterious Lacemaker...

Lisa quickly discovers that the Lacemaker isn't the only mystery to be solved. Great Aunt Hannah has a secret of her own, and like the criss-crossing of threads her past is tied up with the Lacemaker. Vividly reimaged in graphic form for a new generation, follow Lisa as she confronts the Lacemaker to put right the secrets of the past, and is helped to understand her own Asperger Syndrome along the way.

"As you progress through this engaging, fast-paced graphic novel, absorbed in an exciting, mysterious, even spooky adventure, you will learn, along the way, about Asperger's syndrome. Its quirks and characteristics are woven cleverly into the story, together with some wise advice for both those on the autism spectrum and their friends and families."

Sarah Attwood, author of 'Making Sense of Sex'



**BESTSELLER**

## **All Cats Have Asperger Syndrome**

Kathy Hoopmann

From 7 years • 2006 • 72pp • £9.99 • \$14.95

hb:9781843104810 • ebook:

Rights sold: Dutch, Japanese, Korean, Polish, Slovenian, Swedish

**Witty, charming picture book full of cats with Asperger Syndrome!**

This book takes a playful look at Asperger Syndrome, drawing inspiration from the feline world. Touching, humorous and insightful, this book evokes the difficulties and joys of raising a child who is different and leaves the reader with a sense of the dignity, individuality, and potential of people with AS.

"Sometimes simplicity is a virtue, and a kindly package like this on can be invaluable in providing enlightenment in others and empowerment to your child."

Terri Mauro, About.com



## **Blue Bottle Mystery The Graphic Novel**

An Asperger Adventure

Kathy Hoopmann

Art by Rachael Smith

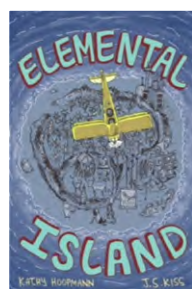
From 8 years to 14 years • 2015 • 64pp • £12.99 • \$18.95

hb:9781849056502 • ebook:9781784502041

Rights sold: German

**A warm, fun-filled graphic novel for children with a difference: the hero is Ben, a boy with Asperger Syndrome**

Full of mystery and intrigue, this graphic novel version of Kathy Hoopmann's best-selling adventure follows Ben, a boy with Asperger syndrome (AS). When Ben and his friend Andy discover an old blue bottle in the school yard, little do they know of the mysterious forces they are about to unleash...



## **Elemental Island**

Kathy Hoopmann and J.S. Kiss

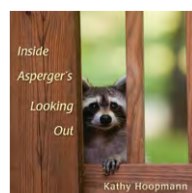
From 8 years to 13 years • 2015 • 224pp • £12.99 •

\$19.95 • hb:9781849056588 • ebook:9781784502287

World rights available

**An adventure novel for children aged 8-13 set on a secret island utopia, first populated by brilliant scientists from around the world, and now isolated from the mainland for over a hundred years**

Astie is different. She wants to study fashion but no one in her class understands why. Then she is diagnosed with Social Syndrome and becomes even more left out and frustrated. But when a stranger appears on the island, Astie's differences are called upon to find out who he is. What she finds will shake the island's very core...



## **Inside Asperger's Looking Out**

Kathy Hoopmann

From 7 years • 2012 • 72pp • £9.99 • \$14.95

hb:9781849053341 • ebook:9780857006707

Rights sold: Dutch, German, Greek

**Explains and celebrates difference, from bestselling author Kathy Hoopmann**

Following in the best-selling footsteps of Kathy Hoopmann's All Cats Have Asperger Syndrome and All Dogs Have ADHD, this book shows neurotypicals how Aspies experience the world. Each page brings to light traits that many Aspies have in common, and the book celebrates the unique characteristics that make those with Asperger's Syndrome special.

**...See page 8 for Kathy Hoopmann's  
All Birds Have Anxiety**



**NEW**

### Exploring Depression, and Beating the Blues

A CBT Self-Help Guide to Understanding and Coping with Depression in Asperger's Syndrome [ASD-Level 1]

Tony Attwood and Michelle Garnett

Illustrated by Colin Thompson

2016 • 272pp • £13.99 • \$19.95

pb:9781849055024 • ebook:9780857009074 • World rights available

**Major research-based self-help book on depression for people with ASDs, including a complete CBT self-help programme**

For people with ASDs, depression is common, and has particular features and causes. This outstanding book provides a comprehensive review of these aspects, and an effective self-help guide for anyone with an autism spectrum disorder (ASD) affected by depression. Written by the leading experts in the field, the book explains and describes depression, the forms it can take, and how it looks and feels for a person on the autism spectrum. The authors draw on the latest thinking and research to suggest strategies for coping with the effects of depression and provide a complete step-by-step CBT self-help programme, designed specifically for individuals with ASDs. The programme helps increase self-awareness, including identifying personal triggers, and provides the tools to combat depression.

"A marvellous book that focuses on an important (and underserved) clinical problem. Full of practical advice the book offers many insights and approaches to intervention."

Fred R Volkmar, M.D., Irving B. Harris Professor, Child Study Center, Yale University School of Medicine

**NEW**

### How to start, carry on and end conversations

Scripts for social situations for people on the autism spectrum

Paul Jordan

Foreword by Tony Attwood

From 12 years to 16 years • MAR 2017 • 88pp • £8.99 •

\$14.95 • pb:9781785922459 • ebook:9781784505295

World rights available

**Straightforward guide to surviving everyday conversations and social situations for teens with autism**

Drawing on his own experience on the autism spectrum and his knowledge of linguistics, Paul Jordan provides simple 'scripts for thinking' that will help teens with autism to make sense of social situations and engage in everyday conversations.

**NEW**

### The Green-Eyed Goblin

What to do about jealousy - for all children including those on the Autism Spectrum

K.I. Al-Ghani, Illustrated by Haitham Al-Ghani

From 5 years to 13 years • OCT 2016 • 48pp • £12.99 • \$19.95 • hb:9781785920912 • ebook:9781784503529 • World rights available

**Teach children to recognise and cope with feelings of jealousy**

Deep inside everyone, a little goblin lies sleeping. When it wakes up, its eyes turn green, its nose grows and it starts to breathe a smelly green mist.

This is the story of the waking of a Green-Eyed Goblin. When Theo sees his sister getting lots of attention for her birthday, his sleeping goblin wakes and he can't seem to stop himself from saying all the horrid things the nasty goblin's green mist is making him think. Will Theo learn how to send his Green-Eyed Goblin back to sleep in time for the party?

"I love the author's boundless creativity and use of accessible language to help children wrap their minds around a very important lesson."

Brian R. King, Success Coach for Asperger's, ADHD & Dyslexia

**BESTSELLER**

### The Red Beast

Controlling Anger in Children with Asperger's Syndrome

K.I. Al-Ghani

Illustrated by Haitham Al-Ghani

From 5 years • 2008 • 48pp • £12.99 • \$21.95 • hb:9781843109433

ebook:9781846428487 • Rights sold: Chinese (simplified), Czech, German

**Learning to recognise and tame the red beast!**

This vibrant fully illustrated children's storybook is written for children aged 5+, and is an accessible, fun way to talk about anger, with useful tips about how to 'tame the red beast' and guidance for parents on how anger affects children with Asperger's Syndrome.

**BESTSELLER**

### The Disappointment Dragon

Learning to cope with disappointment (for all children and dragon tamers, including those with Asperger syndrome)

K.I. Al-Ghani, Illustrated by Haitham Al-Ghani

5 to 13 years • 2013 • 64pp • £12.99 • \$19.95 • hb:9781849054324

ebook:9780857007803 • Rights sold: Chinese (simplified)

**Teaching children to deal with disappointment and see things more positively**

**BESTSELLER**

### The Panicosaurus

Managing Anxiety in Children Including Those with Asperger Syndrome

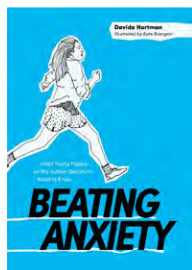
K.I. Al-Ghani

Illustrated by Haitham Al-Ghani

5 to 13 years • 2012 • 56pp • £12.99 • \$19.95 • hb:9781849053563 •

ebook:9780857007063 • Rights sold: Chinese (simplified)

**Teach children to defeat the Panicosaurus with the help of Smartosaurus**

**NEW****Beating Anxiety**

What Young People on the Autism Spectrum Need to Know

Davida Hartman

Illustrated by Kate Brangan

From 8 years to 15 years • MAR 2017 • 112pp • £12.99  
\$19.95 • pb:9781785920752 • ebook:9781784503352  
World rights available

**An illustrated, practical guide helping young people on the autism spectrum to overcome anxiety**

With beautiful illustrations, this practical guide clearly explains why young people on the spectrum feel anxious, before giving real-world advice on how to deal with and beat anxiety. It offers numerous strategies for overcoming anxiety and comes in a style designed specifically for young people with ASD.

**NEW****It's Raining and I'm Okay**

A Calming Story to Help Children Relax When They Go Out and About

Adele Devine

Illustrated by Quentin Devine

From 3 years to 7 years • AUG 2017 • 40pp • £9.99 • \$14.95 • hb:9781785923197 • ebook:9781784506315 • World rights available

**A picture book for children aged 3-7 with special needs to help them feel less anxious while out and about**

Oh no! It's raining! Oh no! People everywhere! Oh no! It's getting noisy! But I count to ten, take a deep breath...and I'm okay.

This rhyming story helps children aged 3-7 face unfamiliar surroundings and experiences and feel less anxious when they are out and about. It offers calming techniques that can help when things don't go to plan, when you get stuck in a crowd, or when you start to feel tired at the end of a long day. Particularly suited to children with special needs and learning differences, including autism, symbols on each page help pre-readers begin to recognise words. With bright illustrations, and accompanying notes, lesson plans and worksheets available to download, this book can be used to help children think about situations they find tricky and better cope with feelings of anxiety.

**Frankie's Foibles**

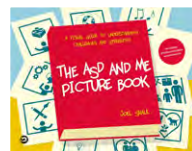
A story about a boy who worries

Kath Grimshaw

From 7 years • 2015 • 32pp • £9.99 • \$16.95  
hb:9781849056953 • ebook:9781784502102  
Rights sold: Chinese (simplified)

**A story to help children age 7+ to understand and overcome their OCD or anxiety**

Frankie has a lot of worries. He's worried about stepping on cracks in the pavement and about what will happen if he brushes his teeth for two minutes, rather than three. This brightly illustrated story for children aged 7+ with OCD or anxiety, reveals how Frankie learns to ignore his foibles - those pesky creatures that whisper worries in his ear!

**NEW****The ASD and Me Picture Book**

A Visual Guide to Understanding Challenges and Strengths for Children on the Autism Spectrum

Joel Shaul

From 7 years to 14 years • MAR 2017 • 96pp • £14.99 • \$24.95 • hb:9781785927232  
ebook:9781784503512 • World rights available

**A visual guide to help children on the autism spectrum recognize their strengths and overcome challenges**

Learn to build individual strengths and work through problems with this picture-based guide for children with ASD aged 7-14. The use of images and photocopyable worksheets creates a simple and fun resource for identifying what you are good at and how to use those skills to deal with personal challenges.

**Why Johnny Doesn't Flap**

NT is OK!

Clay Morton and Gail Morton

Illustrated by Alex Merry

From 4 years to 8 years • 2015 • 32pp • £9.99 • \$16.95  
hb:9781849057219 • ebook:9781784501907  
Rights sold: Chinese (complex), Chinese (simplified)

**A gently satirical picture book for all ages demonstrating that where neurological difference is concerned there is no 'normal'**

Why Johnny Doesn't Flap gives readers a unique perspective on neurological difference. Observe the quirks of the non-autistic Johnny through the eyes of someone with Autism Spectrum Disorder (ASD). Turning the tables on common perceptions of 'normal' social behaviour, our narrator lets us know that Johnny is 'different', but that's ok.

**BESTSELLER****My Autism Book**

A Child's Guide to their Autism Spectrum Diagnosis

Glòria Durà-Vilà and Tamar Levi

From 5 years • 2013 • 48pp • £9.99 • \$16.95  
hb:9781849054386 • ebook:9780857008688  
World rights available

**Beautifully illustrated picture book to help parents to explain an autism diagnosis to their child in a sensitive, positive and accurate way**

When a child is diagnosed with an Autism Spectrum Disorder, parents often feel overwhelmed and uncertain about how to communicate the diagnosis to their child. This beautifully illustrated picture book helps parents to explain autism to their child in a sensitive, positive and accurate way using clear language that speaks directly to the child.

**NEW****Robin and the White Rabbit**

A Story to Help Children with Autism to Talk about their Feelings and Join In  
Emma Lindström and Åse Brunnström.

Foreword by Tony Attwood.

Foreword by Tony Attwood

Illustrated by Emma Lindström

From 4 years to 10 years 11 months

JUN 2017 • 48pp • £9.99 • \$16.95 • hb:9781785922909  
ebook:9781784505981

World rights available except Swedish

**The White Rabbit teaches a lonely child to express their feelings in this touching picture book aimed at children aged 4-10 on the autism spectrum or with communication problems**

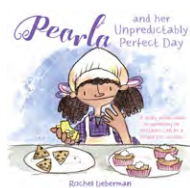
In this tale we meet a child sitting alone, feeling unable to join in with the other schoolchildren having fun in the playground. Feeling frustrated and lonely, the child's emotions build up until they form a bubble around them, separating them entirely. Who can help the child?

Suddenly a White Rabbit appears, who presents easy and playful ways to get the child to express their feelings. Each time the child says what they like and don't like, it helps to create a hole in the bubble, opening the child up to the wider world.

Through delightful illustrations and photographs, this picture book helps children who struggle with social isolation find a way to communicate with those around them. It can be read by children themselves or with adults as a learning tool, helping children learn to express their feelings through the use of visual communication cards.

"An enchanting read for children, with its delightful illustrations and sweet story of courage and friendship, giving educators a valuable tool to help children understand and express their thoughts and emotions."

Kathy Hoopmann: Author of All Cats Have Asperger Syndrome, All Dogs Have ADHD and All Birds Have Anxiety

**NEW****Pearla and her Unpredictably Perfect Day**

A story about how a sprinkling of mistakes can be a recipe for success

Rochell Lieberman

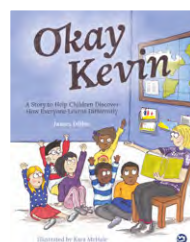
Illustrated by Lloyd Jones

From 4 years to 12 years • DEC 2016 • 40pp • £9.99 • \$16.95 • hb:9781785927348  
ebook:9781784504298 • World rights available

**An empowering story that teaches children how to embrace their mistakes and discover the true meaning of success**

Pearla loves to bake! Her favourite foods are cookies and cupcakes, which she sells at her dad's bakery. She always tries very hard to make her baking absolutely perfect, but one day Pearla is so busy that she makes a huge mistake! Have fun with Pearla as she learns how to adapt when her day doesn't go to plan and realises it could turn out to be pretty perfect after all.

This is a scrumptious tale for children aged 4-12, particularly those who experience anxiety or developmental issues. It demonstrates that you can't succeed unless you try and that it's ok to make mistakes. Pearla's strategies for solving her problems will help children to overcome their own hurdles.

**NEW****Okay Kevin**

A Story to Help Children Discover How Everyone Learns Differently

James Dillon

Illustrated by Kara McHale

From 5 years to 8 years • APR 2017 • 36pp • £10.99

\$17.95 • hb:9781785927324 • ebook:9781784504328

World rights available

**A picture book for ages 5-8 about a boy who feels that he is behind his classmates**

Kevin never smiles at school, but he is different at home. He jumps up and down when his favorite football team scores a touchdown, and screams "CANNONBALL!" when he jumps into the swimming pool. But at school he feels that he isn't 'okay.' Other kids in his class are much quicker at putting their hands up and answering the teacher's questions, and Kevin feels that he will never catch up. One day, his reading teacher asks him to help out with the school store, and Kevin slowly begins to realise that he had really been 'a okay' all along.

Through providing an insight into Kevin's thoughts, feelings and coping strategies, this picture book for ages 5-8 is a source of support for children who, like Kevin, find school difficult and feel that they are 'behind' their peers. The book, which draws on the author's experiences as the principal of an elementary school, is also the perfect springboard for discussion around difficulties at school, academic ability, self-esteem, confidence and recognising strengths.

"In this wonderful book, Jim Dillon not only captures the thoughts and emotions of students who struggle to learn, but as importantly, he portrays what adults can say and do to help these children become more hopeful, confident, and successful."

Robert Brooks, Ph.D., psychologist and co-author of Raising Resilient Children

**Been There. Done That. Try This!**

An Aspie's Guide to Life on Earth

Edited by Tony Attwood, Craig R. Evans and Anita Lesko

2014 • 352pp • £14.99 • \$24.95

pb:9781849059640 • ebook:9780857008718

World rights available

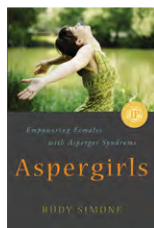
**The world's best Aspie mentors on life's most significant stressors**

Been There. Done That. Try This! gathers a team of top Aspie mentors to pass along insights for successful living to the next generation. Temple Grandin, Liane Holliday Willey, and many others, offer advice on coping with key stressors including anxiety, self-esteem, careers, and friendship. Each chapter ends with commentary from Dr. Tony Attwood.

"A truly marvelous book filled with practical help and solutions. This will be of great value to individuals with Asperger's and their family members!"

Fred R. Volkmar, M.D., Irving B. Harris Professor, Director of Child Study Center at Yale University School of Medicine, Chief of Child Psychiatry at Yale New Haven Hospital, and Editor-in-Chief of Journal of Autism and Developmental Disorders





### Aspergirls

Empowering Females with Asperger Syndrome

Rudy Simone

2010 • 240pp • £12.99 • \$18.95

pb:9781849058261 • ebook:9780857002891

Rights sold: Chinese (simplified), Danish, Dutch, French, German, Italian, Japanese, Polish

**Award winning handbook for girls and women on the autism spectrum, perceptive and wise reflections and advice**

Rudy Simone guides you through every aspect of both personal and professional life, from early recollections of blame, guilt, and savant skills, to friendships, romance and marriage. Employment, career, rituals and routines are also covered. Simone rejects negative views of Aspergirls and empowers them to lead happy and fulfilled lives.



### Sisterhood of the Spectrum

An Asperger Chick's Guide to Life

Jennifer Cook O'Toole

Illustrated by Anne-Louise Richards

From 12 years to 25 years • 2015 • 240pp • £13.99 • \$19.95

pb:9781849057905 • ebook:9781784500566

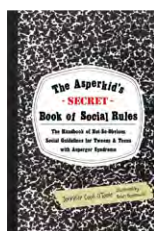
World rights available

**The inspirational guide to being an Asperger girl**

Jennifer Cook O'Toole provides girls on the autism spectrum with an inspiring guide to life in her new book, covering everything from friendship and accepting the unique 'you' to dating and body shapes. Full of inspirational advice, and with illustrations throughout, it will be the perfect companion for any Asperger chick on the road to womanhood.

"For any girl on the spectrum who has felt alone, like she is the only one, Sisterhood is a chance for her to crack open her heart and let a small voice whisper - 'that's like me.'"

Shana Nichols, Ph.D., Licensed Psychologist, Owner, Director and Researcher, ASPIRE Center for Learning and Development



### The Asperkid's (Secret) Book of Social Rules

The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome

Jennifer Cook O'Toole

Illustrated by Brian Bojanowski

10 to 18 years • 2012 • 280pp • £13.99 • \$19.95

pb:9781849059152 • ebook:9780857006851

Rights sold: Chinese (simplified), Danish

**Top secret guide to the hidden social rules of making friends and conversation, for teens and tweens**

The Asperkid's (Secret) Book of Social Rules offers witty insights into baffling social codes such as making and keeping friends, and common conversation pitfalls. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules helping Asperkids to navigate the mysterious world around them.



**NEW**

### The Asperger Teen's Toolkit

Francis Musgrave

From 13 years to 18 years • JUL 2017 • 88pp • £12.99 • \$19.95

pb:9781785921612 • ebook:9781784504380

World rights available

**Tried-and-trusted ideas to help teens with Asperger's tackle difficulties and thrive.**

Dealing with the everyday realities facing teens with Asperger Syndrome, this book presents a toolkit of tried-and-trusted ideas to help you work through difficulties and find the solutions that work best for you.

The book covers everything you need to rock adolescence Aspie-style, including how to hack your own internal alarm system to overcome anxiety and other difficult emotions. It also arms you to navigate sexuality and relationships, develop a healthy self-image, deal with bullies, be smart with money and stay savvy online... In short, no issue is left unexplored.

Funny and informative, this is a must-read for teens with high-functioning autism, and for those who want to understand what adolescence is like on the spectrum.



### What's Happening to Ellie?

A book about puberty for girls and young women with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

From 10 years to 17 years • 2015 • 36pp • £8.99 • \$14.95 • hb:9781849055260

ebook:9780857009371 • Rights sold: French, German, Hungarian

**Teaching girls with ASD about the changes of puberty**

This simple picture book follows Ellie as she begins puberty. Designed to be read with girls with autism or other special needs, it provides the perfect starting point for parents and carers to discuss changes including new hair growth and menstruation.



**BESTSELLER**

### What's Happening to Tom?

A book about puberty for boys and young men with autism and related conditions

Kate E. Reynolds

Illustrated by Jonathon Powell

From 10 years to 17 years • 2014 • 36pp • £8.99 • \$14.95 • hb:9781849055239

ebook:9780857009340 • Rights sold: French, German, Hungarian

**Teaching boys and young men about the changes of puberty**

This simple picture book follows Tom as he begins puberty. Designed to be read with boys with autism or other special needs, it provides the perfect starting point for parents and carers to discuss changes including new hair growth, deepening voice and wet dreams.

**NEW****A Girl Like Tilly**

Growing up with Autism

Helen Bates and Ellen Li

Illustrated by Ellen Li

From 7 years to 13 years • NOV 2016 • 72pp • £10.99 • \$15.95 • hb:9781785921636 • ebook:9781784504311  
World rights available

**The lifestory in full colour illustrations of a girl with autism from birth to mid-teen**

**about not fitting in, and finding out why**

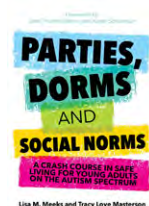
Tilly is a bit of a puzzle. She's struggling at school, she really doesn't like surprises, she isn't sure if she's a girl or a boy, and she just doesn't want to make new friends. Why is it such hard work to try and understand people, or for them to understand her?

This poignant story maps the entire childhood of a bright young girl with autism. Growing up undiagnosed, she finds life increasingly difficult and confusing. Unable to communicate her thoughts and feelings, she retreats further into her own world while her family grows evermore perplexed and concerned. When a psychologist finally explains what makes her special, they can stop focusing on the problems and start to navigate a new way forward for Tilly.

With vividly expressive illustrations and minimal words, this story is a valuable and accessible tool for helping children aged 7-13 and their families understand female autism, and will also be immensely helpful to readers interested in understanding better how autism manifests in girls. Honest, positive, and ultimately hopeful, it is inspired by the real childhood of Helen Bates's daughter Rachel, who also writes about her experiences on her blog [www.agirlliketilly.com](http://www.agirlliketilly.com).

"A gem of a book that will make girls on the spectrum feel less alone and enable their parents to better understand and accept their difference."

Simon Baron-Cohen, Autism Research  
Centre, Cambridge University

**Parties, Dorms and Social Norms**

A Crash Course in Safe Living for Young Adults on the Autism Spectrum

Lisa M. Meeks and Tracy Loye Masterson with  
Michelle Rigler and Emily Quinn

Foreword by Jane Thierfeld-Brown and Aaron  
Schatzman

Illustrated by Amy Rutherford

2016 • 288pp • £9.99 • \$16.95 • pb:9781849057462 • ebook:9781784501921  
World rights available

**A guide to help young adults on the autism spectrum enjoy adult life safely**

**BOARDGAME****The Choices Game**

Staying Safe in Social Situations

Christopher McMaster

From 11 years to 17 years • 2011 • £26.20 • \$49.95  
game:9781849051897 • ebook: • Rights sold: Spanish

**Board games to help children and teens make wise, informed choices**

**The Growing Up Guide for Girls**

What Girls on the Autism Spectrum Need to Know!

Davida Hartman

Illustrated by Margaret Anne Suggs

From 9 years to 14 years • 2015 • 68pp • £10.99 • \$16.95  
hb:9781849055741 • ebook:9781784500382  
World rights available

**Boobs, bras, friendships and loving your**

**beautiful self - a guide for girls with autism explaining what growing up is all about!**

This charmingly illustrated guide for girls is full of facts and advice about growing up, puberty, body image, friendship, crushes and more! Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for girls with autism aged 9 to 14.

**The Growing Up Book for Boys**

What Boys on the Autism Spectrum Need to Know!

Davida Hartman

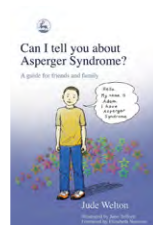
Illustrated by Margaret Anne Suggs

From 9 years to 14 years • 2015 • 68pp • £10.99 • \$16.95  
hb:9781849055758 • ebook:9781784500399  
World rights available

**Growth spurts, hairy bits, friendships and**

**accepting yourself for who you are - a guide for boys with autism explaining what growing up is all about!**

This growing up guide for boys is full of facts, tips and colour illustrations explaining puberty, body image, hygiene, friendship, crushes and more! Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for boys with autism aged 9 to 14.

**BESTSELLER****Can I tell you about Asperger Syndrome?**

A guide for friends and family

Jude Welton

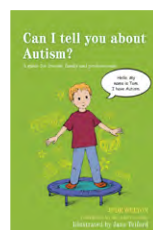
Foreword by Elizabeth Newson

Illustrated by Jane Telford

2003 • 48pp • £8.99 • \$13.95

pb:9781843102069 • ebook:9781846424229 • Rights sold: Czech, Danish, Estonian, Hungarian, Japanese, Lithuanian, Norwegian, Portuguese

**An illustrated introduction to AS for children, family and classrooms**

**BESTSELLER****Can I tell you about Autism?**

A guide for friends, family and professionals

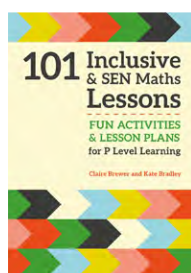
Jude Welton

Foreword by Glenys Jones

Illustrated by Jane Telford

2014 • 64pp • £8.99 • \$13.95 • pb:9781849054539  
ebook:9780857008299 • Rights sold: Danish, Norwegian

**Illustrated introduction to Autism for friends, family and children**

**NEW**

## 101 Inclusive and SEN Maths Lessons

Fun Activities and Lesson Plans for P Level Learning

Claire Brewer and Kate Bradley

From 5 years to 16 years • NOV 2016 • 136pp • £14.99 • \$24.95 • pb:9781785921018 • ebook:9781784503642  
World rights available

**Creative activities to teach maths to pupils in mixed ability classrooms**

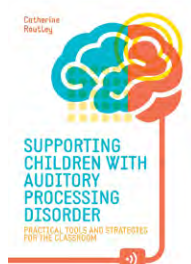
Create an inclusive classroom for all through engaging maths activities such as Shape Bingo, Cake Splat! and Fruity Fractions, all of which have been matched to the UK National Curriculum P Levels 4 - 8. Tailored to the specific P Level, each lesson plan includes a learning objective, the resources needed, the main activity, a plenary and a consolidation activity to help support children's understanding.

When working with children, and especially those with SEN, lessons need to meet their interests as well as their needs by containing visual stimulus, movement and fine and gross motor skills, and the activities in this book have been specifically designed with this in mind. This straightforward and practical book offers you 101 creative classroom activities for teaching maths to pupils who are achieving at P Levels 4 - 8 and Key Stage One as well as mapping the range of additional skills they will acquire.

"Suitable for mainstream and SEN pupils, it will enhance learning and create a love of discovery. The clear learning outcomes and performance guidelines help teachers and children to have fun with confidence."

Dr Diana Hudson, author of

Specific Learning difficulties: What Teachers Need to Know

**NEW**

## Supporting Children with Auditory Processing Disorder

Practical Tools and Strategies for the Classroom

Catherine Routley

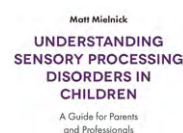
AUG 2017 • 208pp • £13.99 • \$21.95  
pb:9781785921452 • ebook:9781784504090  
World rights available

**The first practical guide to supporting**

**children with Auditory Processing Disorder in school**

Auditory Processing Disorder (APD) can have a significant impact on attainment in school and affects an estimated 5-10% of all children. This book explains what APD is and how to support children with APD in the classroom.

APD affects reading comprehension, developing phonic knowledge, memory development, spelling and phonetics, and the ability to grasp the "big picture" when listening to detailed information. Presenting clear information on how to recognise the condition, this book will help schools to distinguish APD from other conditions, such as dyslexia, ADHD and autism, and provide guidance on when and how to support diagnosis. It includes a range of practical strategies and suggested accommodations to help children with APD in the classroom, and concludes with a chapter of useful tips for parents.

**NEW**

## Understanding Sensory Processing Disorders in Children

Matt Mielnick

MAY 2017 • 152pp • £9.99 • \$17.95  
pb:9781785927522 • ebook:9781784505684  
World rights available

**An occupational therapist identifies and describes sensory processing differences in children and shows how they influence individual children's learning and behaviour**

Everything we know about the world we live in starts with information we take in through the senses. This book explains the way our sensory system works and shows how small inefficiencies in this complex system can have a huge impact on a child's behaviour. Through easily relatable examples and metaphors, the book describes the variety of sensory processing differences that can occur in children in a jargon-free way and offers practical advice to help manage these differences.

It explains how children's varying sensory thresholds - the point where a behavioural response to a stimuli is generated - affects the way they view the world. Each section includes occupational therapy evaluations of children with a range of sensory thresholds, and shows how this influences their behaviour through professional observation reports, offering a summary and recommendation for each child. Presented with a clear focus, without long lists of syndromes and symptoms, this is the ideal starting point for parents and professionals working with children with sensory processing issues.

**NEW**

## Stepping Stones

A Graded Gross Motor Activity Curriculum for Children

Rachel White

From 5 years to 18 years • AUG 2017 • 160pp • £24.99 • \$39.95 • pb:9781785922794 • ebook:9781784505875  
World rights available

**A graded programme for children aged 5-18**

**designed to improve motor coordination with fun movement and sporting activities**

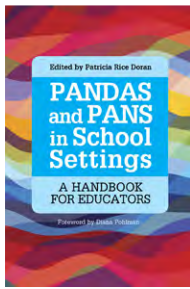
Help children with motor coordination difficulties to develop their gross motor skills in a fun way with this guided programme for children and young people aged 5-18.

Activity worksheets provide detailed descriptions of how gross motor tasks can be accomplished through incremental stages, culminating in the achievement of the specific task. The step-by-step programme is divided into two sections:

- learning basic skills, which includes balance, jumping, climbing, skipping, ball skills, riding a bike and more
- developing specific sports skills, which includes football, badminton, basketball, netball, tennis, bowling and more

Stepping Stones will enable adults to chart the progress of a child and allow children to become engaged in mastering motor coordination skills. Supplementary aids such as warm up and cool down activity sheets, an initial assessment tool and a certificate of achievement will help parents and professionals to deliver the programme effectively at home or at school.



**NEW****PANDAS and PANS in School Settings**

A Handbook for Educators

Edited by Patricia Rice Doran

Foreword by Diana Pohlman

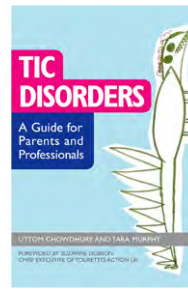
2016 • 264pp • £16.99 • \$24.95

pb:9781849057448 • ebook:9781784501662

World rights available

**Understand how to identify and support****students with PANDAS and PANS in school settings with this practical handbook for educators**

Providing readily accessible and practical information, this guide addresses the impact of PANDAS and PANS in school settings. Contributors share their expertise and experience to provide educators with a thorough understanding of the disorders, alongside practical strategies for dealing with associated symptoms, such as tics, OCD and ADHD.

**NEW****Tic Disorders**

A Guide for Parents and Professionals

Uttom Chowdhury and Tara Murphy.

Foreword by Suzanne Dobson, Chief Executive of Tourettes Action UK.

Foreword by Suzanne Dobson

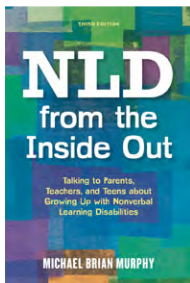
2016 • 192pp • £12.99 • \$19.95

pb:9781849050616 • ebook:9780857009173

Rights sold: Korean

**Everything parents and professionals need to know about tic disorders and the co-occurring conditions and difficulties**

Presenting everything parents and professionals need to know about tic disorders, this essential guide provides up-to-date information on the condition, diagnosis, its management, and how to support a child with a tic disorder. Written in clear, accessible language, it also covers common co-occurring conditions and difficulties.

**NEW****NLD from the Inside Out**

Talking to Parents, Teachers, and Teens

about Growing Up with Nonverbal Learning Disabilities - Third Edition

Michael Brian Murphy

2016 • 224pp • £14.99 • \$21.95

pb:9781849057141 • ebook:9781784502133

World rights available

**Essential tips and advice for teens from****young people who are thriving with Nonverbal Learning Disabilities**

Offering invaluable advice for teenagers and young adults with Nonverbal Learning Disabilities (NLD), this book explains what NLD is, how to understand your NLD brain, and how to thrive socially and academically. The book also includes guidance for parents, teachers and therapists on the issues that people with NLD want them to know.

**NEW****Yoga for Speech-Language Development**

Susan E. Longtin and Jessica A. Fitzpatrick

Illustrated by Michelle Mozes

From 0 years to 12 years • MAR 2017 • 176pp • £16.99 •

\$24.95 • pb:9781848192584 • ebook:9780857012050

World rights available

**How yoga can enhance speech-language development in children from birth through 12 years**

This is the first book to present yogic practices and resources for enhancing speech-language development in young children from birth through to age 12. With easy-to-carry out exercises and demonstrative photographs throughout, this innovative approach can be used to improve a range of speech-language issues.

**NEW****Our Brains Are Like Computers!**

Exploring Social Skills and Social Cause and Effect

with Children on the Autism Spectrum

Joel Shaul

From 5 years to 13 years • 2016 • 80pp • £14.99 • \$24.95

hb:9781849057165 • ebook:9781784502089 • World rights available

**Explains to children with ASD how, just like a computer saves and shares files, people remember and share their impressions of each other**

In what ways do people think about other people? Just like computers save and share files, people save and share their memories of one another. This highly visual picture book uses computer metaphors to explain to children on the autism spectrum how their actions and words can affect other people.

**The Green Zone Conversation Book**

Finding Common Ground in Conversation for

Children on the Autism Spectrum

Joel Shaul

7 to 11 years • 2014 • 96pp • £14.99 • \$24.95 •

hb:9781849057592 • ebook:9780857009463 • Rights sold: French

**Help children with ASD make comfortable conversation with others by sharing interests in 'the green zone'**

Using bright colours and fun illustrations, this book will show children with Autism Spectrum Disorder aged 7 and above how to identify common interests in conversation, and how to go on to talk about them successfully. The photocopiable worksheets and activities encourage children to engage with this visual model and reinforce the method.

**The Conversation Train**

A Visual Approach to Conversation for Children on the Autism Spectrum

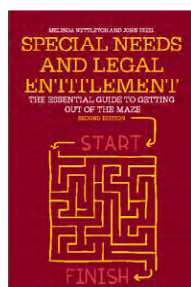
Joel Shaul, LCSW

2014 • 72pp • £14.99 • \$24.95 • hb:9781849055314

ebook:9780857009005 • Rights sold: French

**The rules of conversation explained with trains!**

This inventive picture book uses the metaphor of a train to explain basic conventions of conversation to children with autism spectrum disorders (ASDs). As well as attractive colour photographs of trains, the book also contains engaging photocopiable worksheets and train-themed colouring pages to help promote skill generalisation.

**BESTSELLER****Special Needs and Legal Entitlement, Second Edition**

The Essential Guide to Getting out of the Maze

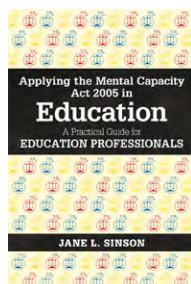
Melinda Nettleton and John Friel

Illustrated by Columb Friel

AUG 2017 • 400pb • 18.99 • \$35.00 • pb:9781849057066

The updated definitive guide to the legal rights of children and young people with special educational needs

Fully updated to include the most recent developments in law and practice, the second edition of this comprehensive and straightforward guide to the legal rights of children and young people with special educational needs clearly explains the key issues in a complex system. Helping parents to understand the legal entitlements of their child, Nettleton and Friel explain the new Education, Health and Care Plans which have replaced the Statements of Special Educational Needs. They explain what an Education, Health and Care Plan is, how assessments are carried out, and how annual reviews, amendments, rights of appeal and tribunals work in practice. They also include help with 42 of the most common problems encountered, a discussion of relevant cases, extracts from the official published guidance issued, and a draft Reasons for Appeal.

**Applying the Mental Capacity Act 2005 in Education**

A Practical Guide for Education Professionals

Jane L. Sinson

From 16 years to 25 years • 2016 • 248pp • £18.99 •

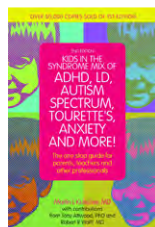
\$39.95 pb:9781785920028 • ebook:9781784502409

World rights available

The essential guide for education professionals explaining the Mental Capacity Act 2005 and its implications when working

with young people (aged 16 - 25) with special educational needs in England

Providing clear guidance on mental capacity and its assessment in young people (aged 16-25) with special educational needs, this is the essential guide for education professionals on the incorporation of the Mental Capacity Act 2005 into the Children and Families Act 2014 and SEND Code of Practice.

**Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!**

The one-stop guide for parents, teachers, and other professionals

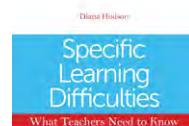
Martin L. Kutscher

2014 • 320pp • £13.99 • \$19.95

pb:9781849059671 • ebook:9780857008824

Rights sold: Chinese (complex), Danish, Dutch, French, Hebrew, Japanese, Norwegian, Polish, Portuguese, Spanish, Swedish

This all-in-one guide covers the whole range of co-existing neuro-behavioral disorders in children from ADHD to NVLD

**BESTSELLER****Specific Learning Difficulties - What Teachers Need to Know**

Diana Hudson

Illustrated by Jon English

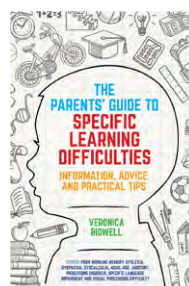
2015 • 248pp • £12.99 • \$19.95

pb:9781849055901 • ebook:9781784500467

World rights available

The teacher's guide to supporting students with Specific Learning Difficulties in the mainstream classroom

Learn how to support students with Specific Learning Difficulties (SpLD) with this informative guide. Covering common SpLDs, including dyslexia, dyspraxia, dyscalculia, Autism Spectrum Disorder, ADHD and OCD, this book offers practical tips for adapting lessons to suit the needs of the individual student and making your classroom inclusive.

**BESTSELLER****The Parents' Guide to Specific Learning Difficulties**

Information, Advice and Practical Tips

Veronica Bidwell

2016 • 352pp • £13.99 • \$19.95

pb:9781785920400 • ebook:9781784503086

World rights available

A comprehensive guide to supporting the education of children with Specific Learning Difficulties

"Filled to the brim with inspiring and interesting case studies that make it a fascinating read. It really is a must have."

Claudine Goldingham BA LLB (Dist.), a dyslexic and mother of two dyslexic and dyspraxic girls

**NEW****POTS and Other Acquired Dysautonomia in Children and Adolescents**

Diagnosis, Interventions, and Multi-disciplinary Management

Kelly McCracken Barnhill

Foreword by Fletcher Barnhill

2016 • 168pp • £13.99 • \$21.95

pb:9781849057196 • ebook:9781784502010

World rights available

Essential information for parents and professionals about Postural Orthostatic Tachycardia Syndrome (POTS) and other forms of post-viral pediatric and adolescent dysautonomia

Providing clear information on the causes, symptoms and diagnosis of POTS and other acquired dysautonomia, this practical handbook allows parents and professionals to gain a fuller understanding of post-viral syndromes. It covers a range of interventions and includes strategies for management and treatment at home and in clinical settings.



### Can I tell you about Down Syndrome?

A guide for friends, family and professionals

Elizabeth Elliott

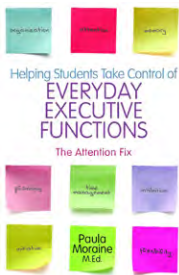
Illustrated by Manjit Thapp

From 7 years • 2015 • 48pp • £8.99 • \$14.95

pb:9781849055017 • ebook:9780857009043

World rights available

**Get to know David who has Down syndrome and find out how it affects his everyday life and what can help him**



### Helping Students Take Control of Everyday Executive Functions

The Attention Fix

Paula Moraine

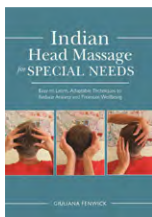
2012 • 208pp • £16.99 • \$26.95

pb:9781849058841 • ebook:9780857005762

Rights sold: Dutch, Finnish, Spanish

**Student-centred approach to develop executive functions, including attention, memory, organization, and initiative**

This book presents an innovative model for strengthening and developing executive function in any student, including those with attention, memory, organization, planning, inhibition, initiative, and flexibility difficulties. It provides guidance on how to support each student's evolving executive function.



### Indian Head Massage for Special Needs

Easy-to-Learn, Adaptable Techniques to Reduce Anxiety and Promote Wellbeing

Giuliana Fenwick

2015 • 176pp • £14.99 • \$24.95

pb:9781848192751 • ebook:9780857012227

World rights available

**Reduce stress and anxiety, calm sensory**

**overloads, ease frustration and increase wellbeing in people with special needs, including Autism Spectrum Disorders, with this adapted form of Indian head massage**



### The Cookbook for Children with Special Needs

Learning a Life Skill with Fun, Tasty, Healthy Recipes

Deborah French

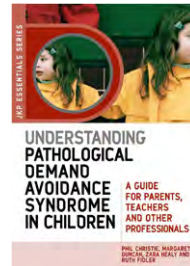
Illustrated by Leah Ehrlich

From 8 years • 2015 • 200pp • £14.99 • \$24.95

hb:9781849055383 • ebook:9781784501563

World rights available

**Learn to cook with these fun, easy guidelines and recipes ideal for children with special needs**



### Understanding Pathological Demand Avoidance Syndrome in Children

A Guide for Parents, Teachers and Other Professionals

Phil Christie, Margaret Duncan, Ruth Fidler and Zara Healy

• 2011 • 208pp • £12.99 • \$19.95

pb:9781849050746 • ebook:9780857002532

World rights available

**Straightforward guide to understanding PDA for anyone needing an overview of the condition**

Written by professionals and parents, this book answers the key questions about PDA and uses case examples throughout to show the impact of the condition on different areas of the child's life. The early intervention options and workable strategies for managing PDA positively will make day-to-day life easier for the child, their family and peers.



### Pathological Demand Avoidance Syndrome - My Daughter is Not Naughty

Jane Alison Sherwin

Foreword by Phil Christie

• 2015 • 328pp • £12.99 • \$19.95

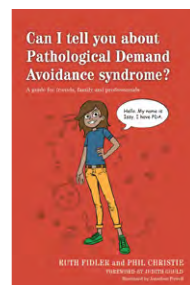
pb:9781849056144 • ebook:9781784500856

World rights available

**An emotional, insightful account of raising a child with Pathological**

**Demand Avoidance Syndrome (PDA)**

Full of advice and support, this book is an honest account of one family's experiences of raising a child with Pathological Demand Avoidance Syndrome (PDA). It includes strategies to help manage PDA behaviours, information on obtaining diagnosis and raising awareness, and explanations to help readers gain a better understanding of the condition.



### Can I tell you about Pathological Demand Avoidance syndrome?

A guide for friends, family and professionals

Ruth Fidler and Phil Christie

Foreword by Judith Gould

Illustrated by Jonathon Powell

From 7 years • 2015 • 56pp • £8.99 • \$14.95

pb:9781849055130 • ebook:9780857009296

World rights available

**Introduce Pathological Demand Avoidance to children, friends and family, through the eyes and words of a child with PDA**



## SELECTIVE MUTISM

**Tackling Selective Mutism**

A Guide for Professionals and Parents  
Edited by Benita Rae Smith and  
Alice Sluckin

Foreword by Jean Gross

2014 • 312pp • £19.99 • \$31.95

pb:9781849053938 • ebook:9780857007612

Rights sold: Japanese

**Expert knowledge and personal stories on how to tackle selective mutism**

In this definitive guide to selective mutism the latest research and understanding are consolidated in chapters from experts in the fields of speech therapy, psychology, music therapy and education and communication. It includes helpful information on the various treatment and therapeutic options with illustrative case studies.

**Selective Mutism In Our Own Words**

Experiences in Childhood and Adulthood

Carl Sutton and Cheryl Forrester

Foreword by Donna Williams

2015 • 272pp • £14.99 • \$24.95

pb:9781849056366 • ebook:9781784501143

Rights sold: Chinese (complex)

**First hand experiences of living with**

**Selective Mutism (SM), providing insights into SM and support for people with the condition**

For the first time, people with Selective Mutism (SM) share their personal experiences of the condition, shedding light on how it affects everyday life and activities at home, school and in relationships. Young people and adults describe how they cope with SM and its associated difficulties, providing insights into this misunderstood condition.

"Finally, a book to dispel the myth that Selective Mutism is an exclusively childhood condition."

Maggie Johnson, FRCSLT, co-author of Can I Tell You About Selective Mutism?

**Can I tell you about Selective Mutism?**

A guide for friends, family and professionals

Maggie Johnson and Alison Wintgens

Illustrated by Robyn Gallow

2012 • 56pp • £8.99 • \$13.95

pb:9781849052894 • ebook:9780857006110

Rights sold: Norwegian

**The ideal introduction to Selective Mutism for people all ages**

## ADHD

**BESTSELLER****All Dogs Have ADHD**

Kathy Hoopmann

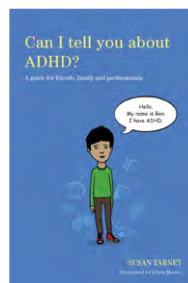
From 7 years • 2008 • 72pp • £9.99 • \$14.95

hb:9781843106517 • ebook:9781846428401

Rights sold: Danish, Dutch, Greek, Korean, Polish, Spanish, Swedish

**A dog-filled celebration of what it means to be considered 'different'**

All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world. Charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse.

**Can I tell you about ADHD?**

A guide for friends, family and professionals

Susan Yarney

Illustrated by Chris Martin

2013 • 64pp • £8.99 • \$13.95

pb:9781849053594 • ebook:9780857007087

Rights sold: Czech, Danish, Lithuanian

**An illustrated guide to learning about ADHD from the perspective of a child with the condition**

**The Boy from Hell**

Life with a Child with ADHD

Alison M. Thompson

Foreword by Rory Bremner

2016 • 184pp • £9.99 • \$16.95

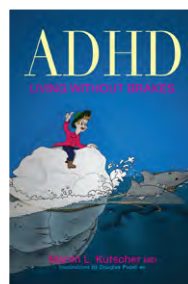
pb:9781785920158 • ebook:9781784502577

Rights sold: Czech

**An unexpectedly honest personal account of the challenges and triumphs of raising a child with ADHD**

"A well-researched, informative and accessible guide, full of practical tips for parents and professionals - especially teachers! This book is a must for anyone whose life has been touched by ADHD."

Dr Tony Lloyd, CEO, ADHD Foundation

**ADHD - Living without Brakes**

Martin L. Kutscher

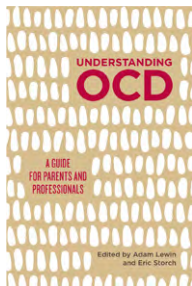
2008 • 192pp • £29.99 • \$34.99

hb:9781849058162 • ebook:9781846427695

Rights sold: Danish, Dutch, French, Italian, Korean, Polish, Swedish

**An accessible guide to the spectrum of ADHD for parents and busy professionals**

## OCD

**NEW****Understanding OCD**

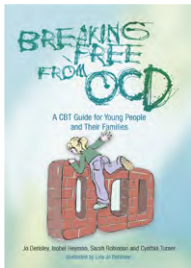
A Guide for Parents and Professionals  
 Edited by Adam B. Lewin and Eric A. Storch  
 APR 2017 • 256pp • £12.99 • \$18.95  
 pb:9781849057837 • ebook:9781784500269  
 World rights available

**Guidance for parents and professionals on understanding and managing childhood OCD**

Giving a full overview of childhood obsessive compulsive disorder (OCD) and discussing all major treatment options, including cognitive behavioural therapy and medication, this guide provides the essential information that families, teachers, caregivers, clinicians and mental health professionals need in order to understand and treat childhood OCD. It covers origins, symptoms and related illnesses and explains how OCD is diagnosed. The book also suggests ways to maximise the outcomes of treatment, what to do when treatment doesn't work, and how to help manage OCD in children at school and in the home.

"Adam Lewin and Eric Storch, two of the world's experts, have assembled a highly insightful and practical volume to help those with any level of experience better understand and treat children with this diagnosis."

Jonathan S. Abramowitz Professor of Psychology  
 and Director of the OCD program at the  
 University of North Carolina at Chapel Hill

**Breaking Free from OCD**

A CBT Guide for Young People and Their Families

Jo Derisley, Isobel Heyman, Sarah Robinson and Cynthia Turner

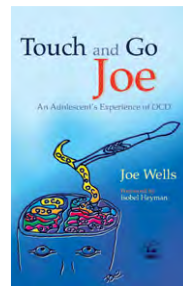
Teens • 2008 • 224pp • £14.99 • \$24.95  
 pb:9781843105749 • ebook:9781846427992  
 Rights sold: Dutch

This step-by-step guide is written for adolescents with OCD and their families.

Using the principles of cognitive behavioural therapy, which is the proven method for helping those with OCD, it offers teenagers a structured plan of treatment which can be read alone, or with a parent, counsellor or mental health worker.

"The book takes readers through the treatment of OCD in logical manner, making it really easy to follow an understand for young people and their parents."

Youth in Mind

**READING WELL**

**Touch and Go Joe**  
 An Adolescent's Experience of OCD  
 Joe Wells

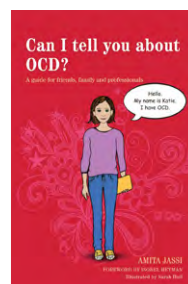
Teens • 2006 • 128pp • £9.99 • \$15.95  
 pb:9781843103912 • ebook:9781846424892  
 Rights sold: Dutch, Korean

**Packed with first-hand coping strategies for children and adolescents growing up with OCD**

As many as 2 in every 100 people suffer from Obsessive-Compulsive Disorder (OCD), and 16-year-old Joe Wells is one of them. Here, he tells the story of his battle with OCD from its insidious beginnings at age 9 and increasingly intrusive symptoms, to diagnosis at age 12. This book is packed with advice and coping strategies.

"I feel as if I have been waiting for this book. Children and teenagers with obsessive compulsive disorder (OCD) have been asking for this book for years."

from the foreword by Isobel Heyman

**READING WELL**

**Can I tell you about OCD?**

A guide for friends, family and professionals

Amita Jassi

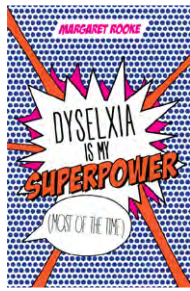
Foreword by Isobel Heyman

Illustrated by Sarah Hull

2013 • 48pp • £8.99 • \$13.95 • pb:9781849053815  
 ebook:9780857007360 • Rights sold: Japanese

**An introduction to OCD to start discussion at home or in the classroom**

Katie invites readers to learn about OCD from her perspective, helping them to understand what it is and how her obsessions and compulsions affect her daily life. This is an ideal, illustrated introduction to OCD for both young people and older readers. It shows family, friends and teachers how they can support someone with the condition.

**NEW****Dyslexia is My Superpower (Most of the Time)**

Margaret D. Malpas

SEP 2017 • 12.99 • \$18.95 • 240pp • pb:9781785922992  
e-book:9781784506063

Children and young adults with dyslexia speak out with tips for what strategies work for them for happy and successful living

Through over 100 interviews with children and young adults, the author has gathered the best personal tips and tactics for honing the creative benefits of dyslexia to thrive in school and beyond. Strategies include how to develop confidence and self-belief along with specific approaches that the contributors feel have helped them, and others that haven't.

The first-hand accounts are inspiring in their normalising of dyslexia and the many success stories. There is an additional section for professionals who work in education or special learning environments, to use along with students.

**NEW****Self-fulfilment with Dyslexia**

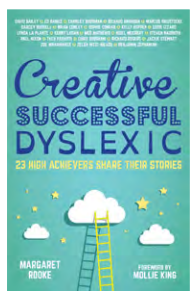
A Blueprint for Success

Margaret D. Malpas

Teens • FEB 2017 • 216pp • £12.99 • \$18.95  
pb:9781785921988 • ebook:9781784504724  
World rights available

The ten key steps to success and self-fulfilment for adults with dyslexia

Dyslexia brings both challenges and the potential gift of a unique skill set - through a combination of academic research and case studies, this book shows how you can use all of this to your advantage. From increasing your self-esteem to imaginative problem solving, each of the ten secrets to success is explained and brought to life through interviews with accomplished people describing how they have profited from a single star characteristic in realizing their goals.

**BESTSELLER****Creative, Successful, Dyslexic**

23 High Achievers Share Their Stories

Margaret Rooke, Foreword by Mollie King

Foreword by Mollie King

Teens • 2016 • 256pp • £8.99 • \$15.95  
pb:9781785920608 • ebook:9781784501631  
World rights available

High achievers from the acting, singing, athletic and business worlds come together

in this collection to talk about the challenges and strengths that dyslexia has presented them with throughout their lives

Life with dyslexia can be challenging, but it can also fuel your creativity and drive. Filled with first-person stories contributed by well-known people, from Eddie Izzard to Darcey Bussell CBE, this inspiring book proves that dyslexia doesn't have to be a barrier to success.

"This book provides clear and inspirational hope for anyone with a dyslexic child. Like many excellent books it is written from personal experience. I strongly recommend it."

Sian Griffiths, Education Editor, The Sunday Times

**NEW****I Don't Like Reading**

Lisbeth Emlyn Clark

AUG 2017 • 40pp • 9.99 • \$15.95 hb:9781785923548  
e-book: 9781784506933

One child's story of learning what dyslexia means, making friends with reading and sharing helpful tips for others

Reading can be particularly difficult for children with dyslexia; however, there are specific strategies and resources that can help once it has been identified. Join Harry and his family as he learns special tips and tricks to overcome dyslexia to build confidence and enjoy reading.

**The Self-Help Guide for Teens with Dyslexia**

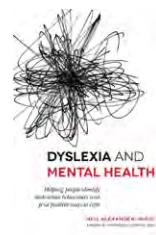
Useful Stuff You May Not Learn at School

Alais Winton

From 11 years to 18 years • 2015 • 128pp • £9.99 • \$16.95  
pb:9781849056496 • ebook:9781784501440  
Rights sold: Italian

Self-help strategies for students with dyslexia

Written by a dyslexic college tutor for dyslexic students, this book contains a wealth of tips and advice to aid successful learning. With ways to improve reading, writing, numeracy and organisational skills, this book offers solutions to common problems and will empower students with dyslexia to help themselves.

**Dyslexia and Mental Health**

Helping people identify destructive behaviours and find positive ways to cope

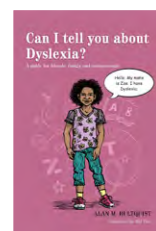
Neil Alexander-Passe

Foreword by Michael Ryan, Pennie Aston

• 2015 • 264pp • £19.99 • \$32.95  
pb:9781849055826 • ebook:9781784500689  
World rights available

Presents extensive research on the emotional and social impact of dyslexia, common adverse coping strategies people engage in, and suggestions for support

This book presents research and case studies to demonstrate why and how people with dyslexia can adopt adverse coping strategies and defensive mechanisms to deal with the emotional impact of dyslexia, leading to self-harm, depression and even suicide. It then looks at how they can best be helped and supported by professionals who work with them.

**Can I tell you about Dyslexia?**

A guide for friends, family and professionals

Alan M. Hultquist

Illustrated by Bill Tulp

2013 • 56pp • £8.99 • \$13.95  
pb:9781849059527 • ebook:9780857008107  
Rights sold: Danish, Norwegian

An illustrated introduction to what dyslexia is to be used in the classroom or at home



**The Illustrated Guide To Dyslexia  
And Its Amazing People****NEW****The Illustrated Guide to Dyslexia  
and Its Amazing People**

Kate Power &amp; Kathy Forsyth

SEP 2017 • 96pp • £12.99 • \$18.95

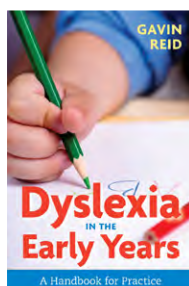
pb: 9781785923302 • ebook: 9781784506476

World rights available

**A visual depiction of what dyslexia is and how to embrace it for children and their parents**

Use this guide to weed out what dyslexia means for you and discover the tools you need to blossom!

While a seemingly simple message, these words come to life with visual imagery and colourful text in this new book on what dyslexia means to different people and how to learn to embrace it. There are certain advantages to being dyslexic, including design literacy and innovative thinking, although these are often downplayed by its challenges. This beautifully designed book, complete with stunning visuals and gentle humour, approaches the subject of dyslexia in a simple and encouraging way for children and their parents. By explaining what dyslexia is and asking the reader how it applies to them, this book offers a fun and engaging means of diagnosis, with supportive learning tools and tips alongside inspirational examples of successful and well-known dyslexics around the world.

**NEW****Dyslexia in the Early Years**

A Handbook for Practice

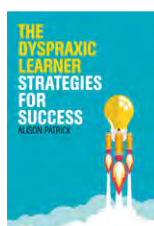
Gavin Reid

FEB 2017 • 208pp • £14.99 • \$22.95

pb: 9781785920653 • ebook: 9781784503277

World rights available

**How to identify the characteristics of dyslexia in Early Years settings and practical strategies for teacher intervention**

**The Dyspraxic Learner**

Strategies for Success

Alison Patrick

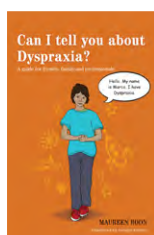
From 11 years • 2015 • 192pp • £16.99 • \$27.95

pb: 9781849055949 • ebook: 9781784500498

World rights available

**Essential strategies for supporting learners with dyspraxia aged 11 and over**

This book offers key strategies for teaching dyspraxic learners in secondary and tertiary education. With practical teaching resources, covering key areas such as literacy, numeracy, memory and study skills, this book shows teachers how best to approach the physical and psychological needs of students with dyspraxia.

**Can I tell you about Dyspraxia?**

A guide for friends, family and professionals

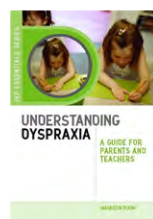
Maureen Boon

Illustrated by Imogen Hallam

2014 • 56pp • £8.99 • \$14.95 • pb: 9781849054478

ebook: 9780857008244 • Rights sold: Japanese, Norwegian

**Meet Marco, a boy with dyspraxia, as he talks about the challenges of the condition and how he can be supported**

**Understanding Dyspraxia**

A Guide for Parents and Teachers

Maureen Boon

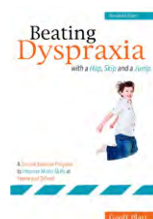
2010 • 144pp • £12.99 • \$19.95

pb: 9781849050692 • ebook: 9780857002594

World rights available

**Comprehensive handbook for teachers and parents answering the important questions about children with dyspraxia**

This fully-updated second edition has been revised to reflect current practice and developments and identifies the characteristics of dyspraxia, explaining assessment procedures and identifying what can be done to help.

**Beating Dyspraxia with a Hop, Skip and a Jump**A Simple Exercise Program to Improve Motor Skills at Home and School  
Revised Edition

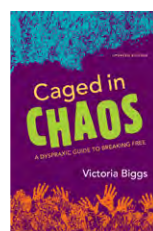
Geoff Platt

From 7 years to 12 years • 2014 • 152pp • £12.99 • \$22.95 •

pb: 9781849055604 • ebook: 9780857009487

Rights sold: Polish

**Fun and easy ways of getting children with dyspraxia to enjoy exercise!**

**Caged in Chaos**A Dyspraxic Guide to Breaking Free  
Updated Edition

Victoria Biggs

Foreword by Jo Todd

2014 • 216pp • £13.99 • \$19.95

pb: 9781849054744 • ebook: 9780857008732

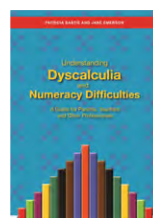
World rights available

**A humorous and inspiring practical guide for young adults with dyspraxia and those around them**

Written by a teenager with dyspraxia, this practical guide helps young adults with dyspraxia and those around them get to grips with the social, physical and psychological chaos caused by developmental co-ordination disorders.

"I highly recommend to all those affected or involved with dyspraxia, particularly parents and teachers."

Jacqueline Martin, ask - C.A.R.E. Centre

**Understanding Dyscalculia and Numeracy Difficulties**

A Guide for Parents, Teachers and Other Professionals

Patricia Babbie and Jane Emerson

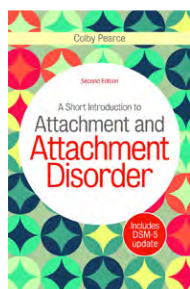
2015 • 184pp • £13.99 • \$21.95

pb: 9781849053907 • ebook: 9780857007544

Rights sold: Czech

**The definitive handbook on dyscalculia and numeracy difficulties, explaining what to teach and how to teach it**

A complete, accessible guide to understanding dyscalculia and poor numeracy, this book covers number sense and how the brain processes numbers, assessment, planning intervention, what to teach, how to teach it, and how parents can help. Essential for parents, teachers and education professionals working with a child with numeracy difficulties.

**NEW**

### A Short Introduction to Attachment and Attachment Disorder Second Edition

Colby Pearce

DEC 2016 • 160pp • £12.99 • \$19.95

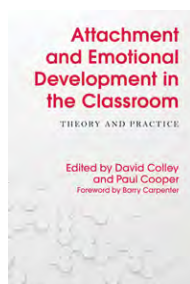
pb: 9781785920585 • ebook: 9781784503154

World rights available

A short introduction to what attachment means and how to recognise attachment disorder in children

Concise and easy-to-understand, this book provides an introduction to what attachment means and how to recognise attachment disorder in children.

Colby Pearce explains how complex problems in childhood may stem from the parent-child relationship during a child's early formative years, and later from the child's engagement with the broader social world. The book explores the mind-set of difficult and traumatised children and the motivations behind their complex tendencies and behaviours. It goes on to offer a comprehensive set of tried-and-tested practical strategies that can be used with children affected by an attachment disorder. This second edition has been updated to include the new DSM-5 diagnostic criteria for Reactive Attachment Disorder and an increased number of illustrative case vignettes. This is a perfect introduction to the subject for parents, carers and practitioners in supportive roles caring for children.

**NEW**

### Attachment and Emotional Development in the Classroom Theory and Practice

Theory and Practice

Edited by David Colley and Paul Cooper.

Foreword by Barry Carpenter

Foreword by Barry Carpenter

AUG 2017 • 304pp • £19.99 • \$32.95

pb: 9781785921346 • ebook: 9781784503994

World rights available

What every teacher needs to know about pupils' emotional development

As of 2016 the Department for Education (DfE) want to ensure all trainee teachers have an understanding of emotional development and attachment, and so this book presents the key concepts that are essential for training in this area to ensure all teachers are up to date.

Attachment issues and mental health have a huge impact on pupils' performance and so an understanding of young people's emotional development is crucial for any teacher. Increasing teachers understanding and skills around emotional development can prevent many long term mental health difficulties in our schools and in our communities.

Key topics such as attachment theory, emotion coaching, tackling disruptive behaviour and the trauma continuum are introduced and explained, with advice and tips for a classroom setting offered throughout. The experiences of practitioners in the field are presented alongside those of researchers, offering a range of diverse perspectives including education, psychology and health. This is an essential text for trainee and practising teachers.

**NEW**

### Becoming an Adoption-Friendly School

A Whole-School Resource for Supporting Children Who Have Experienced Trauma or Loss - With Complementary Downloadable Material  
Dr. Emma Gore Langton and Katherine Boy.

Foreword by Claire Eastwood

APR 2017 • 304pp • £22.99 • \$34.95

pb: 9781785922503 • ebook: 9781784505363 • World rights available

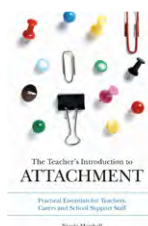
Essential resource for schools on how to improve support for adopted children, with photocopiable and downloadable material

Adopted children who have experienced loss, abuse or neglect need additional support for their emotional development, and are more likely to have special educational needs. This useful resource provides a complete plan for creating adoption-friendly environments in primary, secondary and specialist schools.

The book is grounded on new research which gathered together testimonies from over 400 school staff members, adoptive parents and adoption specialists. With realistic consideration of pressures and limitations currently faced by schools, it gives advice on eight key areas for school development, including communicating with parents, training staff, using resources wisely and recognising children's individual needs. Completing the toolkit is a broad selection of photocopiable and downloadable plans for establishing adoption-friendly frameworks, and for demonstrating good practice to staff, pupils, families and school inspectors.

"This excellent comprehensive guide has been compiled with tremendous insight into the challenges faced by adopted children and those who live and work with them."

Daniela Szmigielska Shanly, proprietor/founder  
of Beech Lodge School and adoptive parent



### The Teacher's Introduction to Attachment

Practical Essentials for Teachers, Carers and School Support Staff

Nicola Marshall

Foreword by Phil Thomas

2014 • 160pp • £13.99 • \$22.95

pb: 9781849055505 • ebook: 9780857009739

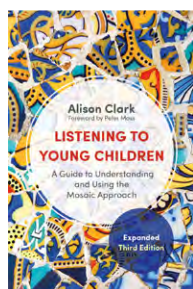
World rights available

Simple guide to understanding and supporting students with attachment issues

An easy to read, easy to use introduction for teachers and school support staff which gives practical advice on how to help children with attachment difficulties in school.

"This book is very useful, informative and thoughtful... The author is an adoptive parent who runs her own training company supporting schools. Highly recommended."

SEN Magazine

**NEW****Listening to Young Children,  
Expanded Third Edition**

A Guide to Understanding and Using the Mosaic Approach

Alison Clark. Foreword by Peter Moss.

Foreword by Peter Moss

JUN 2017 • 192pp • £18.99 • \$29.95

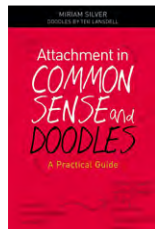
pb:9781909391222 • ebook:9781909391260

World rights available

**Find out how to use and adapt the listening tools of the Mosaic approach to improve early childhood provision**

Viewing children as 'experts in their own lives', the Mosaic approach offers a creative framework for understanding young children's perspectives through talking, walking, making and reviewing material with an adult. This book demonstrates how children's views and experiences can stay in focus in early childhood provision. The multi-method approach brings together digital tools with interviewing and observation to enable adults to review current practice and implement change with children.

Combining the authors' successful books *Listening to Young Children* and *Spaces to Play* into an expanded and fully updated third edition, this book builds on the authors' original ground-breaking work by commenting on the development and adaptation of the Mosaic approach, along with case studies of the Mosaic approach in action in four countries: England, Denmark, Norway and Australia. Alongside guidance on using and adapting the framework with young children, older children and adults, there is new material on the ethical and methodological issues involved.

**Attachment in Common Sense  
and Doodles**

A Practical Guide

Miriam Silver

2013 • 208pp • £13.99 • \$19.95

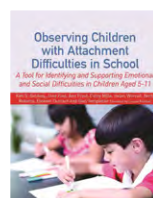
pb:9781849053143 • ebook:9780857006240

World rights available

**Easy to understand practical guide to attachment, and how to apply the information in real life**

"Eminently readable, engaging, informative and thought provoking: Miriam Silver's *Attachment in Common Sense and Doodles* is aimed primarily at foster carers and adoptive parents. It is, however a must-read for anyone who has contact with children and young people who have experienced early trauma, abuse or neglect... It is organised into short, well-presented and informative chapters... Each chapter is clearly referenced, and footnotes provide the reader with easy signposting to further reading... Chapters are interspersed with 'doodles', reflections, activities and case examples... For the non-professionals, it is a brilliant book that serves to lay down the foundations of attachment and subsequent behaviour patterns. For the professional, it is a quick reference, an accessible summary and a springboard to other texts and writers."

Emma Pilling, Counsellor and teacher

**Observing Children with Attachment  
Difficulties in School**

A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5-11

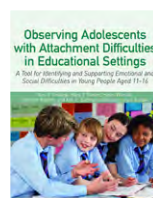
Kim S. Golding, Jane Fain, Ann Frost, Cathy Mills, Helen Worrall, Netty Roberts, Eleanor Durrant and Sian Templeton

2012 • 160pp • £19.99 • \$29.95 • pb:9781849053365 • ebook:9780857006752

World rights available

**An observation resource for identifying behavioural patterns in children with social and emotional difficulties, analysing what underpins these behaviours and establishing what kind of support the children need**

An observational tool designed to help structure observations of children aged 5 – 11 with attachment issues in school. Simple checklists and diagrams help to identify emotional and behavioural problems, and hand-outs with activities are provided to provide emotional support and identify appropriate interventions.

**Observing Adolescents with  
Attachment Difficulties in Educational  
Settings**

A Tool for Identifying and Supporting Emotional and Social Difficulties in Young People Aged 11-16

Kim S. Golding, Mary T. Turner, Helen Worrall, Jennifer Roberts and Ann E. Cadman

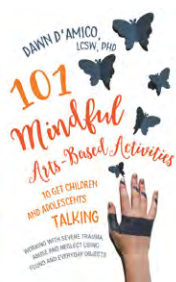
2015 • 240pp • £24.99 • \$39.95 • pb:9781849056175 • ebook:9781784501747

World rights available

**An essential tool to help school staff to identify attachment difficulties in children 11+ and provide the appropriate support**

An observational tool designed to help structure observations of children 11+ with attachment issues in school. Simple checklists and diagrams help to identify emotional and behavioural problems, and hand-outs with activities are provided to provide emotional support and identify appropriate interventions.



**NEW**

### 101 Mindful Arts-Based Activities to Get Children and Adolescents Talking

Working with Severe Trauma, Abuse and Neglect Using Found and Everyday Objects

Dawn D'Amico, LCSW, PhD

From 5 years to 17 years • DEC 2016 • 224pp • £15.99 • \$24.95 pb:9781785927317 • ebook:9781784504229  
World rights available

#### 101 mindfulness-based therapeutic activities to do with children aged 5-17 who have experienced extreme trauma and abuse

This book offers a compendium of therapeutic activities that will help children who have endured painful abuse to open up, so that they can learn to express their feelings and therapy can be directed towards their individual needs.

From useful techniques for bridging memory gaps to using masks for self-expression, the innovative activities use mindfulness, art and play to help children feel relaxed and responsive. The activities require very little preparation, and use only everyday items that are easy to access and can be used time and time again. Case studies throughout offer a helpful demonstration of how the activities work in practice.

It is appropriate to use with children aged 5-17 who have experienced trauma, physical abuse, sexual abuse, forced migration and severe neglect, as well as those with acute depression, anxiety and behavioural difficulties.

"The highly ingenious and practical exercises are organized to promote therapeutic growth in three important areas of self-expression, coping and positive thinking, and offer state-of-the-art strategies certain to enable growth, development and a sense of being understood among traumatized clients."

Jeanne C. Marsh, PhD, MSW, George Herbert Jones  
Distinguished Service Professor, University of Chicago,

**NEW**

### The Simple Guide to Raising Sensitive Boys

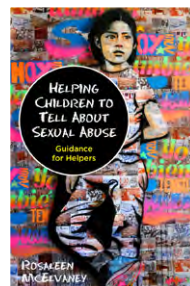
Betsy de Thierry

Emma Reeves

OCT 2017 80pp 8.99 \$14.95 pb:9781785923258  
e-book: 9781784506391

**A simple but sage guide for adults on how to support sensitive boys**

This book simply shows adults how to understand and care for sensitive boys who don't conform to male stereotypes such as 'boys don't cry'. Explaining how to improve children's wellbeing by encouraging them to embrace their individuality, it gives down-to-earth advice on how to help sensitive boys grow up happy and confident.

**NEW**

### Helping Children to Tell About Sexual Abuse

Guidance for Helpers

Rosaleen McElvaney

2016 • 160pp • £14.99 • \$24.95  
pb:9781849057127 • ebook:9781784502355  
World rights available

**Accessible guidance on how to help children to disclose experiences of sexual abuse**

Children need to be able to disclose their experiences of sexual abuse in order to stop the abuse and get help. Practical and accessible, this book offers guidance on how professionals can identify potential abuse cases and create safe opportunities for children to talk about sexual abuse. The book explores challenges in facilitating and responding to disclosures of abuse, such as: how to recognise the signs, ask the right questions and react to a disclosure. It also draws on research carried out with children who have experienced sexual abuse, to convey how experiences of disclosure feel to those making them and what informs a decision to tell or not tell.

"This book helps us to... better understand the nature of child sexual abuse and to help children explain what has happened to them. It is essential reading for all those working to protect children from sexual abuse."

Jenny Pearce, Professor of Young People and  
Public Policy, University of Bedfordshire

**NEW**

### The Simple Guide to Child Trauma

What It Is and How to Help

Betsy de Thierry

Foreword by David Shemmings

Illustrated by Emma Reeves

2016 • 80pp • £8.99 • \$14.95  
pb:9781785921360 • ebook:9781784504014  
World rights available

**A simple guide to the essential knowledge adults need to support children affected by trauma**

What is trauma? How does it affect children? How can adults help? Providing straightforward answers to these complex questions, The Simple Guide to Child Trauma is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery. Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting children.

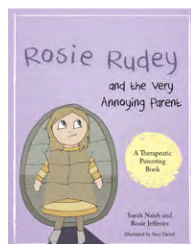
"In this accessible, enlightening little book, Betsy de Thierry recognises both the need to advocate for young people who have experienced trauma and to resource the adults in homes and schools who care for them... An important, generous and timely publication."

Louise Michelle Bombèr, Strategic Attachment  
Lead Teacher & Therapist

# Meet Sophie Spikey, Rosie Rudey, William Wobbly, Charley Chatty and friends who are each having a very bad day.

William struggles to control his feelings and when he arrived at school this morning things got a whole lot worse. Rosie has had enough and is refusing to be kind to anyone. Sophie has lost her shoes again but there's no way she is asking her mum for help, and Charley Chatty is talking so much that she's letting her imagination run wild. None of them had an

easy start in life but luckily their mum is here to help them save the day. Written by a mum who understands, and her daughter (who also liked to tell tales), this set of storybooks for children functioning at ages 3 to 10 deals with common emotional and behavioural difficulties of adopted and fostered children.

**NEW**

## Rosie Rudey and the Very Annoying Parent

A story about a prickly child who is scared of getting close

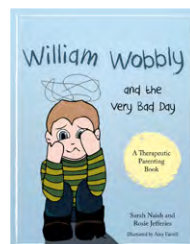
Sarah Naish and Rosie Jefferies

Illustrated by Amy Farrell

OCT 2016 • pb:9781785921506 • ebook:9781784504120

World rights available

Therapeutic children's book about Rosie Rudey who uses a prickly façade to stop herself from getting close to those around her

**NEW**

## William Wobbly and the Very Bad Day

A story about when feelings become too big

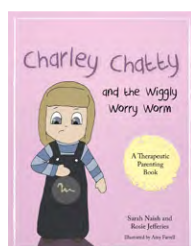
Sarah Naish and Rosie Jefferies

Illustrated by Amy Farrell

OCT 2016 pb:9781785921513 • ebook:9781784504113

World rights available

Therapeutic children's book about William Wobbly whose feelings become so big they burst out of him in ways he can't control

**NEW**

## Charley Chatty and the Wiggly Worry Worm

A story about insecurity and attention-seeking

Sarah Naish and Rosie Jefferies

Illustrated by Amy Farrell

OCT 2016 • pb:9781785921490 • ebook:9781784504106

World rights available

Therapeutic children's book about Charley Chatty who talks and talks - just to make sure everyone knows she's still there!

**NEW**

## Sophie Spikey Has a Very Big Problem

A story about refusing help and needing to be in control

Sarah Naish and Rosie Jefferies

Illustrated by Amy Farrell

OCT 2016 • pb:9781785921414 • ebook:9781784504151

World rights available

Therapeutic children's book about Sophie Spikey who loses her shoes but refuses to ask her mum for help (even though she really needs it!)

## More therapeutic parenting books coming soon...



### Katie Careful and the Very Sad Smile

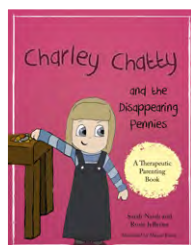
A story about anxious and clingy behaviour

SEP 2017

pb:9781785923043

ebook:9781784506100

World rights available



### Charley Chatty and the Disappearing Pennies

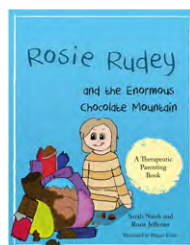
A story about lying and stealing

SEP 2017

pb:9781785923036 •

ebook:9781784506117

World rights available



### Rosie Rudey and the Enormous Chocolate Mountain

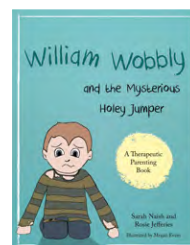
A story about hunger, overeating and using food for comfort

SEP 2017

pb:9781785923029

ebook:9781784506124

World rights available



### William Wobbly and the Mysterious Holey Jumper

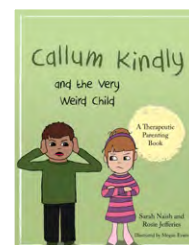
A story about fear and coping

JUL 2017

pb:9781785922817

ebook:9781784505868

World rights available



### Callum Kindly and the Very Weird Child

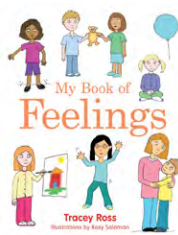
A story about sharing your home with a different child

JUL 2017

pb:9781785923005

ebook:9781784506094

World rights available


**NEW**

### My Book of Feelings

A Book to Help Children with Attachment Difficulties, Learning or Developmental Disabilities Understand their Emotions

Tracey Ross

Illustrated by Rosy Salaman

From 5 years • MAR 2017 • 40pp • £10.99 • \$16.95 • hb:9781785921926  
ebook:9781784504663 • World rights available

**A picture book for children aged 5+ who struggle to understand and manage their emotions**

Some children find it difficult to understand and manage their feelings. This picture book helps children aged 5+ understand why they might experience particular feelings, and offers suggestions for things to do when they are overloaded with emotion. Suitable for all children, particularly those with attachment issues or developmental disabilities.



### Billy Bramble and The Great Big Cook Off

Sally Donovan

Illustrated by Kara McHale

From 8 years to 12 years • 2016 • 192pp • £8.99 • \$13.95  
pb:9781849056632 • ebook:9781784501648  
World rights available

**Meet Billy Bramble, the Bad Luck Champion of the World!**

Billy Bramble is the King, the President and the Emperor of Bad Lucksville. His life is full of problems, all caused by his invisible angry dog Gobber who gives him brain mash and breaks things. Billy wants to do well, but can he escape the slobbering jaws of Gobber and triumph in his school's Great Big Cook Off? Let's find out...

"Brilliant and thoughtful insight into the mind of an eleven year old and the wonderful power of cooking."

Lorraine Pascale



### The Boy Who Built a Wall Around Himself

Ali Redford

Illustrated by Kara Simpson

From 4 years to 9 years • 2015 • 32pp • £9.99 • \$15.95  
hb:9781849056830 • ebook:9781784502003  
World rights available

**A therapeutic colour picture book about a boy who builds a protective wall around himself**

Boy hides behind his wall because he doesn't trust people and he knows how it feels to be hurt and let down. That is until Someone Kind arrives on the other side of his wall. This colour picture book will help children aged 4-9 who have experienced trauma, loss or neglect to come to terms with their experiences and to build healthy relationships.

"I really enjoyed this book, as did my children. The gentle but insightful storytelling matched the fantastic illustrations."

Al Coates, adoptive dad, social worker and blogger


**NEW**

### Caleb's Healing Story

An interactive story with activities to help children to overcome challenges arising from trauma, attachment issues, adoption or fostering

Kathleen A. Chara and Tasha A. Lehner

Illustrated by Samantha Aburime

From 5 years to 14 years • 2016 • 144pp • £12.99 • \$19.95  
pb:9781785927027 • ebook:9781784502454 • World rights available

**Caleb shares his story of overcoming his attachment issues, and invites children to share their own in order to embark on a healing process**

Caleb invites the reader to join him on a healing journey by sharing his own experience of resolving his early trauma. Activities and worksheets encourage children aged 5-14 to participate in their own healing process. The book explores the key challenges children face and offers easy to use interventions.



### Can I tell you about Adoption?

A guide for friends, family and professionals

Anne Braff Brodzinsky

2013 • 56pp • £8.99 • \$13.95  
pb:9781849059428 • ebook:9780857007599  
Rights sold: Danish, Italian, Norwegian

**An illustrated guide to help all children understand what it means to be adopted**





**BESTSELLER**  
**Little Meerkat's Big Panic**  
A Story About Learning New Ways  
to Feel Calm  
Jane Evans  
Illustrated by Izzy Bean  
From 2 years to 6 years • 2016 • 48pp • £9.99 • \$16.95

hb:9781785927034 • ebook:9781784502461 • World rights available

**An illustrated storybook for children aged 2-6 to help them manage feelings of stress, anxiety and panic**

Little Meerkat flies into one big panic after waking up to find the whole meerkat gang has disappeared! Luckily, Small Elephant and Mini Monkey stumble across Little Meerkat during the big panic, and offer to help find the missing meerkat gang.

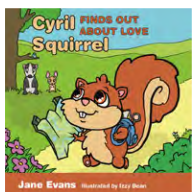


**BESTSELLER**  
**How Are You Feeling Today Baby Bear?**  
Exploring Big Feelings After Living in a Stormy Home  
Jane Evans  
From 2 years to 6 years • 2014 • 32pp • £9.99 • \$15.95

hb:9781849054249 • ebook:9780857007933 • World rights available

**A gentle story to help children aged 2 to 6 years who have lived with violence in their home**

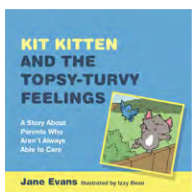
This is the story of Baby Bear who lives in a home where the Big Bears have fights and arguments at night. A gentle therapeutic story to help children aged 2 to 6 years who have experience violence at the home to express and explore difficult feelings.



**Cyril Squirrel Finds Out About Love**  
Jane Evans  
Illustrated by Izzy Bean  
From 2 years to 6 years • 2016 • 32pp • £9.99 • \$15.95  
hb:9781785920806 • ebook:9781784503413  
World rights available

**A picture book for children aged 2-6 to help them to understand and identify love, friendship and kindness**

Cyril Squirrel has lots of questions - about the sky, about birds, and especially about love. On a quest to find out what it's all about, Cyril discovers the many different shapes and sizes love can take. This picture book helps children aged 2-6 to identify love, friendship and kindness in the world around them.



**Kit Kitten and the Topsy-Turvy Feelings**  
A Story About Parents Who Aren't Always Able to Care  
Jane Evans  
Illustrated by Izzy Bean  
From 2 years to 6 years • 2015 • 32pp • £9.99 • \$16.95

hb:9781849056021 • ebook:9781784500641 • World rights available

**A storybook for children aged 2 to 6 whose parents and carers find it difficult to care for them**

Kit Kitten and the Topsy-Turvy Feelings is a therapeutic storybook for children aged 2 to 6 about a kitten called Kit whose parent isn't always able to care for them. To help support Kit Kitten, Kindly Cat comes to their house and helps Kit to identify the feelings that are mixed up inside.

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*30 years of books that make a difference*

